

Tips From Former Smokers Tips 2020/TV

Asaad and Leah/Vignette “Asaad and Leah We’re A Team”

The spot opens on an art card that says, “We’re A Team: A Caregiver’s Story” and cuts to Asaad and Leah at the kitchen table talking to the camera. We see their names and their state (California).

LEAH: Smoking gave me colorectal cancer.

The spot cuts to Leah in bed.

ASAAD: My mom and I, we are really a team because there was times where she didn’t want to get out of bed and...

The spot cuts to Asaad sitting talking to the camera.

ASAAD: ...she would fight me, like all day, she’s like, “Nah. I’m not getting up, like, leave me alone.” You know, and I’m like, “Nah, I’m not just gonna let you just rot.

The spot cuts to Leah in bed again.

ASAAD: You gotta fight!

The spot cuts back to Asaad talking to the camera.

ASAAD: Those days were, they were very grim.

The spot cuts to Asaad serving Leah breakfast in the kitchen.

LEAH: I didn’t know what was wrong with me...

The spot cuts to Leah and Asaad, and she’s talking to the camera.

LEAH: ...I just knew that something was wrong with me.

The spot cuts to Leah sitting at the kitchen table with her coffee.

The spot cuts back to Leah and Asaad, and she’s talking to the camera.

LEAH: I wasn’t eating, and I started to lose weight.

The spot cuts to a side profile shot of Leah.

The spot cuts back to Leah and Asaad, and she’s talking to the camera.

LEAH: When I was going to the bathroom, I was starting to see blood in my stool.

The spot cuts to Leah and Asaad walking out their front door, presumably on their way to a doctor's appointment.

ASAAD: Well, I was 19. My goal was always just...

The spot cuts to Asaad talking to the camera.

ASAAD: ...I can't see my mom pass away.

Asaad leads Leah to their car.

ASAAD: You've gotta be a fighter with this type of illness...

The spot cuts back to Asaad talking to the camera.

ASAAD: ...because of the fact that, it's not gonna stop, you know, it's like an everyday thing.

The spot cuts to Asaad helping Leah out of bed.

The spot cuts back to Asaad talking to the camera.

ASAAD: The biggest part is just the medicine every morning...

The spot cuts to Asaad giving Leah her medicine.

ASAAD: ...and the regimen, try to get up, you know, let's, you know, get you bathed, make breakfast. Phone calls, there was a lot of them. Or making appointments.

The spot cuts back to Asaad talking.

ASAAD: Appointments, appointments, appointments.

The spot cuts to Asaad helping Leah get her sweater on.

The spot cuts to Leah and Asaad, and she's talking to the camera.

LEAH: You cannot give years back to the people who help you.

The spot cuts to Asaad helping Leah out of bed.

LEAH: If you care about your family, you don't want to put them in that situation.

The spot cuts back to Leah and Asaad, and she's talking to the camera.

ART CARD: You Can Quit. For free help, visit [CDC.gov/Quit](https://www.cdc.gov/quit)

CDC Logo

Sponsored by the U.S. Department of Health and Human Services

#CDCTips