

A TIP FROM A  
**FORMER  
SMOKER**

# Be prepared. Your lung cancer can spread to your brain.

*Rose, age 59, Texas*



*Smoking caused Rose's lung cancer. She had to move from the small town she loved to get the treatment she needed, including chemo, radiation and having part of her lung removed. Recently, her cancer spread to her brain. You can quit.*

**CALL 1-800-QUIT-NOW.**



**U.S. Department of  
Health and Human Services**  
Centers for Disease  
Control and Prevention  
[CDC.gov/tips](https://www.cdc.gov/tips)

#CDCTips