Those things you say will never happen to you? They happen.

Mark, age 47, California

Mark smoked and got rectal cancer. His ostomy bag was taped over a hole in his stomach. That’s where his bowel movements went. Mark had to wear a bag after his surgery to remove his tumor. Mark didn’t know smoking can cause colorectal cancer. Now you do.

Screening saves lives.

You can quit smoking.

CALL 1-800-QUIT-NOW.

#CDCTips