

A TIP FROM A  
**FORMER  
SMOKER**



**“HIV alone didn’t  
cause the clogged  
artery in my neck.  
Smoking with  
HIV did.”**

*Brian, age 45  
HIV positive, had a stroke at age 43  
from a clogged neck artery.  
California*

**YOU CAN QUIT.  
TALK WITH YOUR  
PHARMACIST  
FOR HELP.**



**U.S. Department of  
Health and Human Services**  
Centers for Disease  
Control and Prevention  
[CDC.gov/tips](https://www.cdc.gov/tips)

#CDCTips

