

**A TIP ABOUT
SECONDHAND
SMOKE**

Secondhand smoke hurts children.

*Aden, age 7
Diagnosed with asthma
Jessica, his mother
New York*



**YOU CAN QUIT.
TALK WITH YOUR
HEALTH CARE TEAM
FOR HELP.**



**U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention
[CDC.gov/tips](https://www.cdc.gov/tips)**

#CDCTips