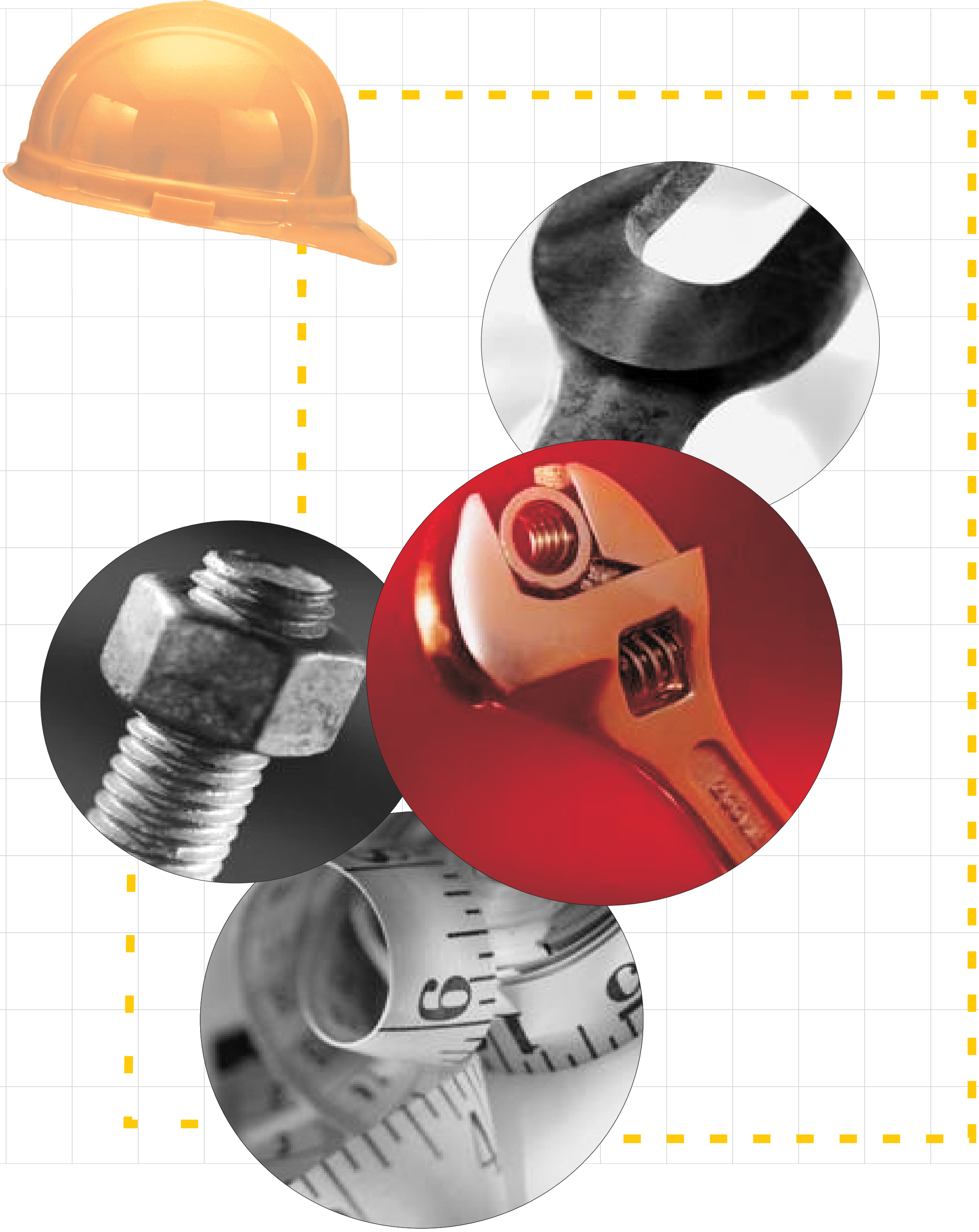
TB Program Evaluation Handbook



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TB Elimination

TB Program Evaluation Handbook: Introduction to Program Evaluation

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INTRODUCTION

This handbook offers an introduction to program evaluation that has been tailored for staff of state and local tuberculosis (TB) programs in the United States. It is designed to take a person with little or no knowledge or skills in evaluation through the process with TB-specific examples. It assumes that the user, "you," may be placed in a leadership role for an evaluation. This handbook is designed to complement the general CDC Introduction to Program Evaluation for Public Health Programs[1] manual (available at www.cdc.gov/eval). Users who desire to learn more about program evaluation are encouraged to refer to that manual which also includes a glossary and additional program evaluation resources.

Background

The nation's TB control programs are on the frontline of controlling one of the world's most deadly diseases. To date, TB programs have been very successful, as evidenced by a sustained downturn in TB incidence during the last decade. However, recent demographic and health system changes in the United States are challenging state and local control efforts. These include the concentration of TB in high-risk, hard-to-reach U.S.-born populations; the increasing immigration of persons from high-burden areas of the world; and changes in the organization, delivery, and financing of health care. In addition, all public health programs are being asked to increase services but without an increase in resources.[2] As a result, TB programs cannot continue to conduct business as usual and expect to achieve the overall goal of elimination.

The 2000 Institute of Medicine (IOM) report, *Ending Neglect: The Elimination of Tuberculosis in the United States,*[3] encourages all public health departments to evaluate their performance regularly. Likewise, the Division of Tuberculosis Elimination (DTBE) and the National TB Controllers Association (NTCA) also recognize the need for systematic program evaluation, as evidenced by its emerging prominence as a priority in policies and cooperative agreements.[4] Program evaluation offers public health programs a systematic, structured mechanism for improving and enhancing services and operations.[5] Recently, a collaborative TB Evaluation Work Group (EWG) was established to actively involve CDC, DTBE, state, and local partners in the promotion of program evaluations. The EWG actively works to build evaluation capacity within TB programs nationwide. To achieve this goal, EWG is developing evaluation tools and materials, such as this handbook, to guide TB programs in conducting self-evaluations. After reading this handbook and referring to the CDC manual, anyone seeking further evaluation guidance or technical assistance should contact EWG at TBEWG@cdc.gov.

TB Goals and Objectives

In the broadest sense, the goal of TB programs is self-evident: to better control, and eventually, eliminate TB. The strategies to reach that goal are diverse. At a **national level,** the Healthy People 2010 objectives are

- *[objective 13-11]* Conduct HIV testing in TB patients (aged 25–44 years).

- *[objective 14-11]* Reduce TB.
- *[objective 14-12]* Increase the proportion of all TB patients who complete curative therapy within 12 months.
- *[objective 14-13]* Increase the proportion of contacts and other high-risk persons with latent TB infection who complete a course of treatment.
- *[objective 14-14]* Reduce the average time for a laboratory to confirm and report TB cases. [6]

Also at a **national level**, the Government Performance Reporting Act (GPRA) goals are

- Increase the percentage of TB patients who complete a course of curative TB treatment within 12 months of initiation of treatment (some patients require more than 12 months).
- Increase the percentage of TB patients with initial positive cultures who also have drug-susceptibility results.
- Increase the percentage of contacts of infectious (AFB smear-positive) cases who are placed on treatment for latent TB infection and complete a treatment regimen.

At the **state and local level**, these broad goals can help in setting policy objectives, but given the wide differences in TB programs' target populations, community risk factors, and organizational structures and capacities, each program must identify more tailored intermediate goals and objectives in order to address the unique concerns of its community. Often these goals are not formally articulated, but are reflected in program practice, resource allocation, and general program operations. For example, a TB program with a stated goal of increasing completion of therapy, may implicitly reach the goal by providing extensive services for persons in a high-risk immigrant community. Specific outreach, testing, and treatment strategies are implemented to achieve this goal. Another program may reach the same goal by focusing on specific populations. Part of the evaluation cycle, as you will see, necessitates that these implicit, unstated goals (e.g., provision of extensive services for persons in high risk immigrant community) be formally recognized and documented.

Why evaluate TB prevention and control programs?

All program resources and activities work together to accomplish a goal. Program evaluation is a valuable tool to help ensure that this is occurring. It is a structured process that helps TB staff monitor progress toward program goals, learn from both successes and mistakes, make modifications as needed, and judge the success of the program in achieving its short-term, intermediate, and long-term outcomes. Through program evaluation, you and others at the TB program can track changes and, with careful evaluation designs, assess the effectiveness and impact of a particular program, intervention, or strategy. Evaluating your TB program can help you:

- Monitor progress toward national and program goals,
- Demonstrate that a particular TB program activity is effective,

- Determine whether program components are producing the desired effects,
- Permit comparisons among groups, particularly among populations with disproportionately high TB rates,
- Justify the need for further funding and support,
- Learn how to improve programs, and
- Ensure that only effective programs are maintained and resources are not wasted on ineffective programs.

It is important to assure participants that program evaluation is not a mechanism to evaluate individual staff members. The evaluation process focuses on operations and systems, not specific behaviors.

Program evaluation and data collection for surveillance and research

TB programs collect a large amount of data. For example, the Report of a Verified Case of Tuberculosis (RVCT) requires data for dozens of elements to be collected on each patient. The National Tuberculosis Surveillance System, for example, provides routine and continuous collection of individual data over time on predetermined TB factors such as incidence and prevalence. Surveillance data are largely standardized across programs and, among their many uses, can play a helpful role in program evaluation, allowing monitoring/tracking of what a program does and how it is doing in a global sense. However, apart from surveillance, program evaluation aspires to answer not only “what” and “how,” but “why” a program is doing well or poorly. Hence, when using surveillance data for evaluation purposes, other quantitative and/or qualitative data are needed as well. Surveillance and other data sources will be discussed later.

Most TB programs also collect and analyze data for quality assurance processes. For example, many programs conduct cohort reviews to assess and ensure each patient’s achievement of treatment objectives. Again, these data serve many purposes, and can be valuable sources of information that can be integrated into program evaluations.

Finally, many TB programs participate in research projects that require data collection. Research and program evaluation both answer complex questions, and the line where research stops and evaluation starts is often blurry. Typically, research strives to produce generalizable knowledge and contribute to the overall science and evidence base. By contrast, program evaluation focuses on specific questions about specific programs and their beneficiaries. While the insights from evaluation may indeed be generalizable beyond the specific program, the primary intent is to examine one TB program given its specific context, opportunities, and limitations.

Why use the CDC Evaluation Framework in TB Programs?

As we continue to move into the future, CDC is expected to focus on achieving results in health improvement through performance reports and budget requests. The effectiveness of our programs is measured by evaluation information. To help programs provide credible information on program effectiveness, CDC developed a framework for program evaluation which describes a systemic way to collect, analyze, and evaluate public health actions.

In general, most TB program managers and staff already know what works, and what does not, in their programs. Why should anyone take the time to use this framework? The answer is that all TB programs are complex - even small ones - and have many dimensions. This framework provides a systematic, disciplined way to ensure that you ask the right questions and consider the appropriate range of factors when identifying your problems – or your successes. It also ensures that your evaluation will provide you with sufficient information to enable you to use your findings to improve your program.

The Framework is based on sound research. The process described works, and works well. It is also flexible and adaptable. Small programs and large programs alike can use it effectively. It also supports a participatory process. This type of approach is proven to be most effective in ensuring that evaluation results are implemented, and that the report does not just sit on a shelf.

While some of these steps may seem time consuming, they need not be in every case. For small-scale evaluations, you may complete any given step in a few minutes or a few hours. You may go back and forth between steps throughout the process. For example, you may identify correctional health staff as stakeholders in Step 1, but only develop a plan to engage them *if* you choose to focus on that component of your program.

Applying the Standards for "Good" Evaluation

In addition to applying the CDC Evaluation Framework, program evaluators should be guided by a set of standards to ensure an effective and productive evaluation. The four standards guiding the evaluation are utility, feasibility, propriety, and accuracy. Examples of how these evaluation standards can be applied throughout a TB program evaluation will be provided at each step of the evaluation process.

Strengths of the CDC Framework for Program Evaluation

- Provides a systematic method for evaluation
- Is based on sound research
- Is flexible and adaptable
- Promotes a participatory approach
- Focuses on using evaluation findings

TB Evaluation Team

Before starting the evaluation, as with any organizational process, your program should designate one person to lead the effort. The role of the lead evaluator is to coordinate evaluation efforts, including planning, budgeting, and interfacing with partners. The lead evaluator should have an understanding of evaluation principles, but he or she does not need to be an evaluation expert. The information in this manual should be sufficient to lead anyone through the evaluation process.

Good evaluations are not conducted by only one person. Program evaluations require a multidisciplinary team to ensure different perspectives are represented. In addition to the lead evaluator, other members of the evaluation team should be able to provide:

- Knowledge of the TB program’s policies and procedures,
- Knowledge of the program’s budget process and cycle,
- Involvement in case management,
- Representation of TB clients,
- Representation of program management, and a
- Commitment to evaluation objectives.

The TB evaluation team should collectively represent most or all of the key stakeholders of the program. Team members should have dedicated time for conducting evaluation related activities if it is not their full-time assignment. After an evaluation team has been assembled, you should be ready to begin with the first step of the CDC Framework for Program Evaluation.

Characteristics of a Good Evaluation Team

- **Shared Vision**
  Members of the team should share a common goal that drives the evaluation process. It is important that all team members come to consensus about what will be the focus of the evaluation, who will be the primary users of the evaluation, and what conduit should be used to report evaluation findings.

- **Diversity**
  Your team should represent a cadre of disciplines and professionals at every level. A diverse group provides a multitude of different perspectives on how to drive the evaluation. This will result in a holistic evaluation that provides useful information to the multitude of people involved in TB control.

- **Expertise**
  Team members must bring to the evaluation a certain level of knowledge about the TB control program that is being evaluated. Experts in program management, case management, finance, policy, health communications, and information technology are needed – in short, team members should represent every aspect of the program.

- **Defined Roles and Responsibilities**
  Roles and responsibilities of each team member must be well thought out and defined. Moreover, each team member should be aware of other team member's role in the evaluation process, actions that drive the evaluation, and processes that will ultimately be used to report evaluation findings. It is important that each member's role be defined so that no confusion occurs within the group during a critical phase of the evaluation.

- **Communication**
  Communication among team members is critical! Team members are parts of a functional unit. If team members do not communicate with each other about the evaluation, they can very well diverge from their common goal of conducting a holistic evaluation of a TB control program. Team members may duplicate each other's work, may remain stagnant when a road block appears, or may lessen the level of their commitment if they do not communicate. The old adage "The left hand doesn't know what the right hand is doing," describes a team whose members fail to communicate with each other.

- **Commitment**
  Members of the evaluation team should be committed to the project from beginning to end. At the very least they should be expected to carry out their individual tasks to completion. All too often, evaluation team members come aboard with high energy and high expectations, but as time goes by attention may wane, assignments are set aside, and ultimately valued members of the team may become less involved. This scenario doesn't always occur, but special attention should be paid to the commitment level of your team. Team members should be ready to see the evaluation through completion. However, if an unforeseen event splits the team, plans should be in place on how to deal with the deficit in work power and expertise.

- **Willingness to Embrace Opportunities**
  Group members should be open to learning new things and expanding their knowledge. Members of a good evaluation team are also willing to seek out and embrace any training opportunities that arise, as all evaluation is a learning process.

STEP 1: ENGAGE STAKEHOLDERS

Why Involve Stakeholders in TB Program Evaluation?

As noted, program evaluation is a value-laden process… but *whose* values? The CDC Framework for Program Evaluation tells you that a wide variety of stakeholders have an investment in TB programs and are potentially affected by an evaluation. Hence, there may be wide differences in their judgments about the program, what it does, what constitutes success, how data should be collected, and even how results should be distributed. To ensure that evaluations are useful and ethically sound, evaluators must respect the stakeholders' values throughout the evaluation process.

Identifying Stakeholders

So how do you find the TB program's stakeholders? The lead evaluator of the TB program is usually charged with ensuring that stakeholders are involved. In this role, the evaluator must resist the temptation to limit the scope of stakeholders to those most visible, vocal, or optimistic about the program. The team of people involved in the evaluation should be as representative of all stakeholders' perspectives as possible.

Following are some examples of stakeholders who may be identified to participate in the evaluation process:

Persons involved in program operations

- TB program nurses, outreach workers, clinicians, clerks, program supervisors
- Other public health staff and managers
- Service providers (both public health staff and in the community)
- Staff and managers at partner/collaborating agencies
- Coalition/advisory groups

Persons served or affected by the program

- TB patients
- LTBI patients
- Family, friends, co-workers of TB patients
- Employers, unions, business leaders
- Managers at schools, jails/prisons, nursing homes, other congregate settings
- Hospital representatives
- Insurance company representatives
- Private physicians and health care providers
- Legal system/law enforcement representatives
- Advocacy group representatives
- Representatives of populations disproportionately affected by TB
- Program critics

Intended users of evaluation findings

- TB program managers
- Public health managers and administrators
- Health commissioners
- Funding agency representatives

- CDC representatives
- Advocacy group representatives

Most programs will have a large inventory of stakeholders. Once you have an initial listing, you may see the benefit of determining the most important stakeholders to keep engaged, especially if time or resources are scarce. The most important stakeholders will vary with the particular intervention or program. They are the stakeholders who can increase the credibility of the evaluation, implement the findings, or authorize or fund the program.

"Priority" stakeholders:
- Increase the credibility of the evaluation efforts
- Are involved in the implementation of program activities
- Will advocate for or authorize program changes
- Will fund program improvements

Stakeholder Perspectives

By definition, each of these groups has a different perspective on the TB program and how its resources should be channeled. For example, program administrators may hold a skeptical view of the use of funds for enablers and incentives while outreach staff may see such funds as insufficient. As an evaluator, you should be aware that these different perspectives will influence how the evaluation and its findings are ultimately viewed. Anticipating these differences will help you address them appropriately; however, you should be careful not to make too many assumptions about people's perspectives. Talking to persons from each of these groups will help you understand their views and concerns about the program. For example, in one TB program, a manager assumed that staff would be overburdened by adding a new initiative. The staff members, on the other hand, recognized the value of the initiative to their patients, and thus were less concerned about extra work. Further, some staff persons felt the new tasks would help them develop professionally.

It is especially important to address the concerns of the "critics." While it is hard to imagine people being skeptical of the need to control TB, it is important to recognize that TB programs are competing for resources with other important programs and services. Even within a TB program, people may have different ideas about what priorities deserve the limited resources. The evaluation needs to justify the value of TB services to those critics who would use resources elsewhere.

Engaging Stakeholders throughout the Evaluation

Not all stakeholders need to be engaged throughout the evaluation or engaged in the same way. For many stakeholders, such as health department administrators, it may only be necessary to inform them that the evaluation is occurring. Other stakeholders such as program managers, supervisors, and client representatives will want to be involved in defining evaluation questions and using results to modify services. Nurses, outreach workers, and other staff may help collect data. Others can be involved in advocating for the evaluation and for the program itself. You must strategically involve key stakeholders throughout the process to ensure that the ultimate users will be satisfied with the results of the evaluation and will use the findings to enhance their program.

How to Gain True Buy-in from Stakeholders

- **Taking Ownership –** Involvement of stakeholders in the evaluation increases the likelihood of buy-in, use of evaluation findings, and programmatic changes that result from evaluation findings.
- **Group Persuading -** Use group members who are already “on-board” with evaluation efforts to persuade dissenting members to participate in and support efforts.
- **Infusing -** Determine what is most important to the stakeholders, and if it does not conflict with other stakeholder views dramatically, infuse elements of these views into the evaluation. To do this effectively, understand their position on program and evaluation efforts: are they over-the-top optimists, realists, pessimists, or antagonists?
- **Using inherent talents -** Determine what contributions the stakeholders can make in evaluation efforts, engage the stakeholders, and then make them aware of how greatly they can influence the evaluation by participating.
- **Determining your role as an evaluator: Leader or Facilitator-** Know whether or not to assume the position of a leader or a facilitator. A leader manages and controls, while a facilitator provides services and aids the stakeholders in conducting the evaluation. You can determine what role to assume by the amount of evaluation capacity built into the program and the environment in which the program functions.

Application of Standards for “Good” Evaluation - Step 1

Utility: Who will use the results to improve or enhance the TB program?

Feasibility: How much time and effort should be devoted to stakeholder engagement?

Propriety: To be ethical, which stakeholders need to be consulted (i.e., do we need to engage patient representatives, advocates, community liaisons)?

Accuracy: How broadly do we need to engage stakeholders to paint an accurate picture of this TB program and its context?