Introduction
Self-Study Modules on Tuberculosis

The *Self-Study Modules on Tuberculosis* is a series of educational modules designed to provide information about tuberculosis (TB) in a self-study format. The series consists of nine modules that are separated into two parts. The first part, Modules 1–5, provides basic information on TB. The second part, Modules 6–9, provides more specific TB programmatic information. It is recommended that you work through Modules 1–5 before proceeding to Modules 6–9.

**Target Audience**

The target audiences for this course are outreach workers, nurses, physicians, administrators, health educators, and students from a variety of settings, including

- TB programs
- Other public health agencies, such as HIV/AIDS, STD, and viral hepatitis programs
- Managed care organizations
- Correctional facilities
- Community-based organizations
- Homeless shelters
- Migrant clinics
- Substance abuse facilities
- Nursing and medical schools
- Other facilities serving persons with or at risk for TB
About Modules 6–9

The *Self-Study Modules on Tuberculosis, 6–9* package includes four modules, an introduction, and a glossary.

- Introduction (this booklet)
- Module 6: Managing Patients and Improving Adherence
- Module 7: Patient Rights and Confidentiality in Tuberculosis Control
- Module 8: Contact Investigations for Tuberculosis
- Module 9: Tuberculosis Outbreak Detection and Response
- Glossary

A few topics have been repeated in several of the modules to enable the modules to be used either as a complete course or as stand-alone booklets.

Each module contains the following sections:

- **Background:** Background information to help you understand the purpose of the module.
- **Objectives:** A guide to the information you should learn from the module.
- **New Terms:** A list of terms that are introduced in the module and listed in the glossary.
- **Reading Material:** The reading material for the module, including diagrams, charts, illustrations, and photographs.
- **Study Questions:** Sets of questions, spread throughout the reading material, designed to help you assess how well you have learned the content of the module. Be sure to take advantage of these valuable exercises because they will help you prepare for the final examination. Answers are provided at the end of the module so that you can check your work.
- **Case Studies:** Case studies designed to help you apply the concepts you have learned in the module. Answers are provided at the end of the module so that you can check your work.
- **Additional Resources:** A list of references for additional information.
Objectives

After working through Modules 6–9, participants will be able to

**Module 6: Managing Tuberculosis Patients and Improving Adherence**
1. List the four priority activities of TB prevention and control.
2. Describe the activities associated with TB case management.
3. Describe directly observed therapy (DOT).
4. Discuss TB treatment adherence strategies.
5. Explain considerations for TB case management in special settings.

**Module 7: Patient Rights and Confidentiality in Tuberculosis Control**
1. Define confidentiality.
2. Explain why trust is important to a successful patient-health care worker relationship.
3. List four types of patient’s rights.
4. Describe how confidentiality is an essential issue in several of the core components of a TB control program.

**Module 8: Contact Investigations for Tuberculosis**
1. Define a TB contact investigation.
2. State the goals of a TB contact investigation.
3. Describe the systematic approach to TB contact investigations.
4. Define a TB source case investigation.

**Module 9: Tuberculosis Outbreak Detection and Response**
1. List the criteria to meet the definition of a TB outbreak.
2. Describe three methods of TB outbreak detection.
3. Describe the role of genotyping in TB outbreak detection and investigation.
4. List the ten steps of the systematic approach to TB outbreak response.
Companion Products

Modules 1–5

Self-Study Modules on Tuberculosis, 1–5, includes five modules, an introduction, and a glossary.

- Introduction
- Module 1: Transmission and Pathogenesis of Tuberculosis
- Module 2: Epidemiology of Tuberculosis
- Module 3: Targeted Testing and the Diagnosis of Latent Tuberculosis Infection and Tuberculosis Disease
- Module 4: Treatment of Latent Tuberculosis Infection and Tuberculosis Disease
- Module 5: Infectiousness and Infection Control
- Glossary

Modules 1–5 Slide Sets and Facilitator Guide

The Modules 1–5 slide set was developed as an accompaniment to the print-based Self-Study Modules, 1–5 to aid in the presentation of module content for a facilitator-led training. The Facilitator Guide provides facilitator guidance and tips for leading a training using the Self-Study Modules on Tuberculosis, 1–5 Slide Sets.

To View or Order the Modules

To view or download the Self-Study Modules on Tuberculosis, 1–5 and the Self-Study Modules on Tuberculosis, 6–9, visit www.cdc.gov/tb/education/ssmodules/.

If you would like to request a print copy of the Self-Study Modules on Tuberculosis, 1–5 or 6–9, please use the CDC Division of Tuberculosis Elimination’s online ordering system: http://wwwn.cdc.gov/pubs/CDCInfoOnDemand.aspx.

Continuing Education

To learn more about continuing education (CE) credit, please visit the CDC CE website: https://www.cdc.gov/GetCE. Search for CE opportunities, complete course evaluations and post-tests, receive your CE certificates, and manage your CE transcript.
Other TB Education and Training Materials

- **CDC TB Education and Training Materials**—[www.cdc.gov/tb](http://www.cdc.gov/tb)
  Please visit the CDC Division of Tuberculosis Elimination’s website for information on other available CDC-produced TB education and training materials.

- **The Find TB Resources Website**—[https://findtbresources.cdc.gov/](https://findtbresources.cdc.gov/)
  This site includes a searchable database of materials from numerous national and international organizations. This website is intended for use by TB and other health care professionals, patients, and the general public.

- **TB Centers of Excellence for Training, Education, and Medical Consultation (TB COEs)**
  The CDC Division of Tuberculosis Elimination funds four TB Centers of Excellence for Training, Education, and Medical Consultation (TB COEs). The TB COEs are regionally assigned to cover all 50 states and the U.S. territories. The TB COEs support domestic TB control and prevention efforts with a focus on two major activities:
  - Increasing human resource development through education and training activities; and
  - Increasing the capacity for appropriate medical evaluation and management of persons with TB disease and latent TB infection through medical consultation.

**Curry International Tuberculosis Center**
300 Frank H. Ogawa Plaza, Suite 520
Oakland, CA 94612-2037
Phone: 510-238-5100
Email: CurryTBcenter@ucsf.edu
Website: [www.currytbcenter.ucsf.edu](http://www.currytbcenter.ucsf.edu)

**Global Tuberculosis Institute at Rutgers, the State University of New Jersey**
225 Warren Street
Second Floor East Wing
Newark, NJ 07103
Phone: 973-972-3270
Email: globaltbinstitute@njms.rutgers.edu
Website: [http://globaltb.njms.rutgers.edu/](http://globaltb.njms.rutgers.edu/)
Heartland National Tuberculosis Center
2303 SE Military Drive
San Antonio, TX 78223-3542
Phone: 800-TEX-LUNG (800-839-5864)
Fax: (210) 531-4590
Website: www.heartlandntbc.org

Southeastern National Tuberculosis Center
2055 Mowry Road
Gainesville, FL 32611
Mailing Address:
PO Box 103600
Gainesville, FL 32610-3600
Phone: 352-265-7682
Fax: 352-273-7683
Website: http://sntc.medicine.ufl.edu/

- COEs TB Training and Education Products Webpage
  https://sntc.medicine.ufl.edu/rtmccproducts.aspx
    This webpage includes all educational materials developed by the CDC-funded TB COEs. Resources include print, video, and webinars.

Additional Questions
For additional information on TB, visit the CDC Division of Tuberculosis Elimination’s website at www.cdc.gov/tb. If you have additional questions, you may also contact CDC-INFO at http://wwwn.cdc.gov/dcs/RequestForm.aspx.

If you have questions on state-specific TB guidelines, please contact your state TB control office. A list of state TB control offices can be found on the CDC Division of Tuberculosis Elimination’s website at www.cdc.gov/tb/links/tboffices.htm.
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**Others contributing to the production of this publication**

- Heidi Behm, RN, MPH
  Oregon Health Authority

- Erick Cortes, MPH
  New Jersey Department of Health and Senior Services

- Wendy Cronin, PhD, MT (ASCP)
  Maryland Department of Health and Mental Hygiene

- Beth Kingdon, MPH
  Minnesota Department of Health

- Linette McElroy, RN
  Victoria, British Columbia, Canada

- Marcee W. Mortensen, MPH, CHES
  Utah Department of Health

- Douglas Proops, MD, MPH
  New York City Department of Health and Mental Hygiene

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