Preventing Suicide
CDC’s Injury Center Uses Data and Research to Save Lives

In 2022
Suicide was responsible for more than
49,000 lives lost
That’s 134 suicides per day

13.2M adults seriously thought about suicide
3.8M made a plan
1.6M made an attempt

Suicide is the 3rd leading cause of death among youth 10–24 years old

CDC’s Vision
No lives lost to suicide. CDC uses data, research, and partnerships to identify and implement effective suicide prevention strategies to foster healthy and resilient communities across the U.S.

Disparities
Risk for suicide and suicide attempts disproportionately affects some groups, including:
- Veterans
- LGBTQ youth and adults
- People who live in rural areas
- Middle-aged adults (35–64 years)
- Tribal populations
- Youth (10–24 years)

CDC Supports Communities By

- Funding the Comprehensive Suicide Prevention Program to reduce suicide by 10% among disproportionately affected populations by 2025
- Using near real-time data to track and monitor suicide trends that inform public health suicide prevention efforts
- Funding tribes to increase their capacity to tailor, implement, and evaluate programs to prevent suicide among American Indian and Alaska Native people
- Sharing the best available evidence for suicide prevention in CDC’s Suicide Prevention Resource for Action
- Working with CDC Foundation to build the capacity of veteran-serving organizations to evaluate their upstream suicide prevention activities
- Developing and sharing community resources to prevent suicide during public health emergencies

Suicides and suicide attempts cost the United States more than $500 billion

Suicide can have lasting harmful effects on individuals, families, schools, workplaces, and communities

www.cdc.gov/suicide