

TAKE CARE OF YOUR SEXUAL WELL-BEING.

LET'S STOP HIV TOGETHER



Ending
the
HIV
Epidemic

Trans communities have more HIV prevention options than ever before.



Find a health care provider you feel comfortable talking to.

Your doctor should be willing to discuss all available options. If not, find a new inclusive and affirming provider who respects and understands you.



Make prevention and testing part of your journey.

Pre-exposure prophylaxis (PrEP) is medicine that is highly effective at preventing HIV. It can be taken at the same time as hormone therapy.



Use condoms.

Internal and external condoms can prevent HIV and other STIs when used properly.



Get in care. Stay in care.

If you're living with HIV, getting and keeping an undetectable viral load helps you stay healthy and prevents transmission to your sex partners.

PREVENT HIV YOUR WAY.



cdc.gov/HIVprevention