

Resources for HIV Screening

CDC HIV Testing Recommendations



HIV SCREENING. STANDARD CARE.™

CDC recommends HIV screening for all patients ages 13 to 64

- Of the 1.1 million people in the United States estimated to be living with HIV, approximately 1 in 7 are unaware of their HIV status, and about 40% of new infections are transmitted by them.
- 1 in 2 people with HIV have had the virus at least 3 years before diagnosis.
- HIV testing has never been quicker or easier than it is today — and for those who have HIV, it is the first step toward treatment and care.
- Antiretroviral treatment to achieve viral suppression, especially when initiated soon after diagnosis, enables people with HIV to live longer and healthier lives, and greatly reduces the risk of transmission to others.
- Because HIV crosses the boundaries of sexual orientation, gender, age, and ethnicity, risk-based testing has failed to identify many people with HIV. Therefore, the CDC recommends HIV screening for everyone in all health care settings.

The enclosed materials will assist you and your staff to incorporate routine HIV screening into your practice.

Summary of CDC's HIV Testing Recommendations for Health Care Settings

- Opt-out HIV screening is recommended for all patients ages 13 to 64 at least once as part of routine health care in all health care settings.
- Opt-out screening means the patient must be notified that screening will be done; they may decline testing.
- Separate written consent for testing is not required.

- Prevention counseling is not required for HIV screening. Patients should receive written or verbal information about HIV screening.
- Screening should be performed annually in all patients at high risk for HIV infection, including sexually active gay and bisexual men, people who inject drugs, and heterosexuals who have sex with someone who is at risk for or has HIV.

More Information:

www.cdc.gov/hiv

800-CDC-INFO (800-232-4636).

HIV SCREENING. STANDARD CARE.™

More Information:

www.cdc.gov/hiv

800-CDC-INFO (800-232-4636)



HIV SCREENING. STANDARD CARE.™