# STEADI: EMPOWERING HEALTHCARE PROVIDERS TO REDUCE FALL RISK WB4310

**PROGRAM DESCRIPTION:** The purpose of the course is to educate healthcare providers about falls among older adults and about steps providers can take to prevent falls in their practices. The ultimate goal is to reduce falls among older adults, defined as anyone aged 65 and over, and to promote their health and independence.

#### **OBJECTIVES:**

After completing the training, learners will be able to:

- 1. Explain the burden of falls as a critical public health issue among older adults
- 2. Describe CDC's STEADI initiative
- 3. Demonstrate use of falls screening tools
- 4. Identify patients' modifiable risk factors such as medication use
- 5. Describe strategies to reduce fall risk
- 6. Identify STEADI tools and resources for patients and providers
- 7. Discuss ways to implement fall prevention using an interprofessional team-based approach

#### **FACULTY/CREDENTIALS:**

- Erin Bruner, BA; Health Communication Specialist, Centers for Disease Control and Prevention
- Shelly Gray, PharmD, MS; Professor, University of Washington School of Pharmacy;
  - Director, Plein Center for Geriatric Pharmacy Research, Education and Outreach
- Yara Haddad, PharmD, MPH, BCGP; Consultant Pharmacist, Totally Joined for Achieving Collaborative Techniques, Centers for Disease Control and Prevention
- Ted Johnson, MD, MPH; Professor, Emory University School of Medicine; Chief, Emory General Medicine and Geriatrics
- Robin Lee, PhD, MPH; Team Lead, Centers for Disease Control and Prevention
- Jaswinder Legha, MD, MPH; Medical Officer, National Center for Injury Prevention and Control, Centers for Disease Control and Prevention

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 Janice Mark, DNP, FNP-BC, RN; Public Health Fellow, Centers for Disease Control and Prevention

Bridget Talbut, RN, Director, Clinical Services, United Health Services (UHS)

ORIGINATION DATE September 16, 2020

**EXPIRATION DATE:** September 16, 2022

### **ACCREDITATION STATEMENTS:**



In support of improving patient care, this activity has been planned and implemented by Centers for Disease Control and Prevention and Brunet Garcia Agency. The Centers for Disease Control and Prevention is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team

**CME:** The Centers for Disease Control and Prevention designates this **enduring** activity for a maximum of **1.5** AMA PRA Category 1 Credits<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CNE:** The Centers for Disease Control and Prevention is accredited as a provider of Continuing Nursing Education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides **1.2** contact hours.

**CEU:** The Centers for Disease Control and Prevention is authorized by IACET to offer **0.1** CEU's for this program.

**CECH:** Sponsored by the Centers for Disease Control and Prevention, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is

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designated for Certified Health Education Specialists (CHES®) and/or Master Certified Health Education Specialists (MCHES®) to receive up to **1.5** total Category I continuing education contact hours. Maximum advanced level continuing education contact hours available are **1.5**. Continuing Competency credits available are **1.5** CDC provider number **98614**.

©CPE: The Centers for Disease Control and Prevention is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This program is a designated event for pharmacists to receive .**012** CEUs in pharmacy education. The Universal Activity Number is JA4008229-0000-20-066-H04-P.

Category: This activity has been designated as Knowledge-Based

Once credit is claimed, an unofficial statement of credit is immediately available on TCEOnline. Official credit will be uploaded within 60 days on the NABP/CPE Monitor.

## For Certified Public Health Professionals (CPH)

The Centers for Disease Control and Prevention is a pre-approved provider of Certified in Public Health (CPH) recertification credits and is authorized to offer **2.0** CPH recertification credits for this program.

**DISCLOSURE:** In compliance with continuing education requirements, all presenters must disclose any financial or other associations with the manufacturers of commercial products, suppliers of commercial services, or commercial supporters as well as any use of unlabeled product(s) or product(s) under investigational use.

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CDC did not accept commercial support for this continuing education activity.

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