

TAKE ACTION TO

Prevent Falls and Reduce Healthcare Spending

Older adult falls cost
the U.S. healthcare system

\$50 Billion

every year.



FALL DEATH RATES

Learn how you can help.

www.cdc.gov/STEADI

STEADI

Stopping Elderly Accidents,
Deaths & Injuries



Centers for Disease
Control and Prevention
National Center for Injury
Prevention and Control

Falls among older adults (65+) are:

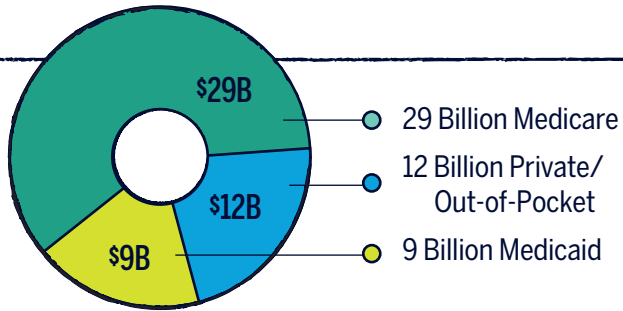


Common

- 1 in 4 older adults falls each year.
- Falls are the leading cause of hip fractures and brain injuries.
- Falls threaten independence and quality of life.

Costly

75% of the total cost of falls are paid by Medicare and Medicaid.



Preventable

CDC's STEADI initiative provides resources for healthcare providers, older adults, and caregivers on how to reduce fall risk.

Reducing falls improves health, fosters independence, and reduces healthcare spending.

