### Sexually Transmitted Diseases: Updated Summary of 2010 CDC Treatment Guidelines

These summary guidelines reflect the August 2012 update to the 2010 CDC Guidelines for Treatment of Sexually Transmitted Diseases. CDC issues new recommendations for treating uncomplicated gonorrhea in this update. This summary is intended as a source of clinical guidance. An important component of STD treatment is partner management. Providers can arrange for the evaluation and treatment of sex partners either directly or with assistance from state and local health departments. Complete guidelines can be viewed online at www.cdc.gov/std/treatment.

#### Bacterial Vaginosis
- **Nonpregnant women**
  - metronidazole oral
    - 2 g orally in a single dose
  - clindamycin vaginal cream
    - 1 g every 8 hours for 7 days
  - clindamycin intravaginal tablet
    - 250 mg orally in a single dose

- **Pregnancy**
  - metronidazole oral
    - 2 g orally in a single dose
  - clindamycin intravaginal tablet
    - 250 mg orally in a single dose

#### Pregnancy
- metronidazole oral
  - 1 g every 8 hours for 5 days
  - clindamycin intravaginal tablet
  - 250 mg orally in a single dose

#### Cervicitis
- azithromycin oral
  - 1 g orally in a single dose

#### Chlamydial Infections
- Adults, adolescents, and children ≤ 2 years
  - azithromycin oral
    - 1 g orally in a single dose
  - doxycycline oral
    - 100 mg orally 2x/day for 7 days

#### Syphilis
- **Primary, secondary, or early latent > 1 year**
  - benzathine penicillin G
    - 2.4 MU IM 1x

- **Late latent, indeterminate duration**
  - benzathine penicillin G
    - 2.4 MU IM 1x

#### Scabies
- **Patient who is a health care worker or a health care worker’s household contact**
  - permethrin cream
    - 1 g of cream for full body at bedtime

#### Trichomoniasis
- **Women**
  - clindamycin oral
    - 2 g every 8 hours for 7 days

#### Genital Herpes Simplex
- **Initial episode of genital herpes**
  - acyclovir oral
    - 800 mg 5x/day for 7 days
  - famciclovir oral
    - 125 mg 5x/day for 7 days

- **Episodic therapy for recurrent genital herpes**
  - acyclovir oral
    - 800 mg 5x/day for 1 week
  - famciclovir oral
    - 125 mg 5x/day for 1 week

#### Genital Warts
- **Anal, penile, or perianal**
  - podofilox 0.5%
    - Apply to visible warts 2x/day for 3 days, rest 4 days, 4 cycles max.
  - 5-fluorouracil
    - Apply 3x/day, 4 weeks max.

#### Nonpregnant Women
- penicillin IV
  - 100,000-150,000 units/kg/day (50,000 units/kg/dose IV every 12 hours)

#### Recommended regimens for episodes of gonorrhea in persons with HIV infection
- benzathine penicillin G
  - 50,000 units/kg IM for 3 doses at 1 week intervals

#### Congenital Syphilis
- aqueous crystalline penicillin G
  - 2.4 MU IM 1x

#### Neisseria gonorrhoeae
- **Men**
  - azithromycin oral
    - 1 g orally in a single dose
  - doxycycline oral
    - 100 mg orally 2x/day for 7 days

- **Women**
  - azithromycin oral
    - 1 g orally in a single dose
  - doxycycline oral
    - 100 mg orally 2x/day for 7 days

#### Neisseria meningitidis
- azithromycin oral
  - 500 mg orally 2x/day for 5-10 days

#### Metronidazole oral
  - 500 mg orally 2x/day for 14 days

#### Azithromycin oral
  - 500 mg orally 2x/day for 7 days

#### Ivermectin oral
  - 250 µg/kg, orally repeated in 2 weeks

#### Clindamycin oral
  - 300 mg orally 3x/day for 5 days

#### Ofloxacin oral
  - 400 mg orally 2x/day for 7 days

#### Ofloxacin oral
  - 200 mg orally 2x/day for 7 days

#### Doxycycline oral
  - 100 mg orally 2x/day for 28 days

#### Tetracycline oral
  - 500 mg orally 2x/day for 28 days

#### Polyaclavir oral
  - 1000 mg orally 2x/day for 1 day

#### Metronidazole oral
  - 500 mg orally 2x/day for 14 days

#### Azithromycin oral
  - 1 g orally in a single dose

#### Recommended regimens for episodes of gonorrhea in pregnant women
- benzathine penicillin G
  - 2.4 MU IM 1x

#### Neonates
- erythromycin base or ethylsuccinate
  - 50 mg/kg daily divided dose, daily for 14 days

#### Syphilis
- **Latent >1 year, latent of unknown duration**
  - benzathine penicillin G
    - 50,000 units/kg IM for 3 doses at 1 week intervals (maximum total 7.2 million units)

- **Neurosyphilis**
  - aqueous crystalline penicillin G
    - 3 to 4 million units IV every 4 hours for 10-14 days
  - procaine penicillin G
    - 2.4 MU IM 1x daily

#### Lymphogranuloma venereum
- *L. pneumophila* strains of serovars 1, 2, or 3
  - ceftriaxone oral
    - 1 g orally in a single dose
  - azithromycin oral
    - 1 g orally in a single dose

- *L. paragranuloma venereum* strains of serovars 4 or 5
  - azithromycin oral
    - 1 g orally in a single dose

#### Trachoma
- **Nonpregnant women**
  - clindamycin oral
    - 2 g every 8 hours for 7 days

- **Pregnant women**
  - clindamycin oral
    - 2 g every 8 hours for 7 days

#### Additional precautions
- Refer to product labeling for further information.
- Refer to complete CDC guidelines.
- For pregnant women, refer to the 2010 CDC guidelines for treatment of Sexually Transmitted Diseases, on app.gov/cdc/std/2010_tg境外.html for more info.

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1. Recommended regimen or equal efficacy
2. Nonpregnant women, non-pregnant adolescents, and non-pregnant men
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