

Overview

Be Smart. Be Well. – STD Videos

[Announcer] This podcast is presented the Centers for Disease Control and Prevention. CDC – safer, healthier people.

[Dr. Jill Grimes] One in five total Americans over the age of 12 have genital herpes. We have 20 million people that have HPV, a million cases of chlamydia every year. We have a million cases of gonorrhea. We have seven million cases of *Trichomonas*. And so, as you can see, these diseases are incredibly common.

[Dr. Renee Jenkins] The person at risk for getting a sexually transmissible infection is anybody who has unprotected sex.

[Dr. Jill Grimes] Condoms work great to prevent certain STDs, including gonorrhea, chlamydia, HIV, and *Trichomonas*. Condoms can't protect against diseases that are spread outside the area that a condom covers, such as herpes or syphilis or genital warts, the HPV virus.

[Dr. John Douglas] We've set a new world's record for chlamydia. Last year, we had more than 1.1 million cases reported.

[Lynn Barclay] You can get chlamydia, not know it, not get it treated, and it can result in your inability to ever have children.

[Dr. Jill Grimes] If you ask primary care physicians across the United States, "Who do we treat for STDs?" We treat everyone.

[Molly] I have genital herpes, which I contracted when I was 23 years old. I just never anticipated contracting an STD.

[Dr. John Douglas] Concern about HIV has dropped off and that's an issue because, without that sort of vigilance, prevention behaviors are less likely.

[Ida] I said, "Wait a minute. What are you talking about? I'm not HIV-positive. You got the wrong person." I was married, you know, in church, doing the right thing. What would put me at risk?

[Dr. Renee Jenkins] "If I have one partner, there's no chance." That's just not true. You're sleeping with all the people that that person slept with before they got to you.

[Dr. Jill Grimes] The largest segment of our population in the United States with STDs is adolescents. One in four have a sexually transmittable disease.

[Dr. John Douglas] There was, in fact, surveys of the American public asking, "Is oral sex or oral contact with somebody else's genital surfaces sex?" Surveys indicate that a lot of adolescents don't consider it sex.

[Dr. Renee Jenkins] More parents are concerned about pregnancy than they're concerned about sexually transmissible diseases.

[Lynn Barclay] The problem with stigma and STDs is because it's about sex.

[Dr. John Douglas] We have a responsibility not to shy away from it. We should not assume that our public health agencies, our schools, our churches are gonna do it. We've got to do it.

[Announcer] For the most accurate health information, visit www.cdc.gov, or call 1-800-CDC-INFO, 24-7.