

Caring for Someone at Home who May Have COVID-19

What should I do if someone in my house gets sick with COVID-19?

Most people who get COVID-19 will be able to recover at home.

Choose a room in your home that can be used to separate sick household members from those who are healthy.

Identify a separate bathroom for the sick person to use if possible.

Additional guidance for people who are recovering at home and their caregivers is posted at the CDC website including:

- stay home except to get medical care,
- prohibit visitors who do not have an essential need to be in the home,
- clean hands often,
- provide your sick household member with clean disposable face masks to wear at home, if available,
- clean all high touch surfaces such as counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables every day,
- wash laundry thoroughly,
- avoid sharing personal items like utensils food drinks and towels,
- place all used disposable gloves, face masks, and other contaminated items in a disposable bag before throwing them out with other household waste.

Closely monitor the patient's symptoms.

If the patient is sicker call a health care provider immediately.

You should monitor your health and others in the home and call a health care provider right away if anyone develops symptoms suggestive of COVID-19 such as fever cough and shortness of breath.