

NOTICE

WASHING BEFORE SEX CAN PREVENT DIARRRHEA



Contact with stool (poop) during oral or anal sex, or during anal play (rimming, fingering), can lead to diarrheal infections.

Protect yourself. Protect your partner. Wash hands, genitals, and anus before and after sex. Use condoms and dental dams. Wait two weeks after diarrhea to have sex.

Learn more: www.cdc.gov/shigella



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention