

# DIARRHEAL INFECTIONS CAN SPREAD THROUGH SEX

**Protect yourself. Protect your partner.**



Wash your hands, genitals, anus, and sex toys with soap and water before and after sex.



Use condoms and dental dams during sex.



If you've been sick with diarrhea, wait two weeks before having sex.



See your doctor if you have diarrhea (especially bloody diarrhea), cramps, fever, and nausea.

**Learn more:** [www.cdc.gov/shigella](http://www.cdc.gov/shigella)

