

# GET AHEAD OF SEPSIS

KNOW THE RISKS. SPOT THE SIGNS. ACT FAST.

## Sepsis starts outside the hospital in 80% of cases.

Your fast recognition and treatment can increase your patients' chances of survival.

### SIGNS AND SYMPTOMS OF SEPSIS CAN INCLUDE ANY ONE OR A COMBINATION OF THE FOLLOWING:



Confusion or  
disorientation



Shortness  
of breath



High  
heart rate



Fever, or shivering,  
or feeling very cold



Extreme pain  
or discomfort



Clammy or  
sweaty skin

Gather the following information that will help with patient care and communicate it to hospital healthcare professionals:

- Medications
- Allergies
- Pre-existing conditions
- Other risk factors

Learn more at [www.cdc.gov/sepsis](http://www.cdc.gov/sepsis).

