Sepsis starts outside the hospital in 80% of cases. Your fast recognition and treatment can increase your patients' chances of survival.

If one or more of the following signs and symptoms are present and infection is suspected, then consider sepsis:

- Confusion or disorientation
- Shortness of breath
- High heart rate
- Fever, or shivering, or feeling very cold
- Extreme pain or discomfort
- Clammy or sweaty skin

Gather the following information and communicate it to hospital healthcare professionals:

- Medications
- Allergies
- Pre-existing conditions
- Other risk factors

Learn more at [www.cdc.gov/sepsis](http://www.cdc.gov/sepsis).