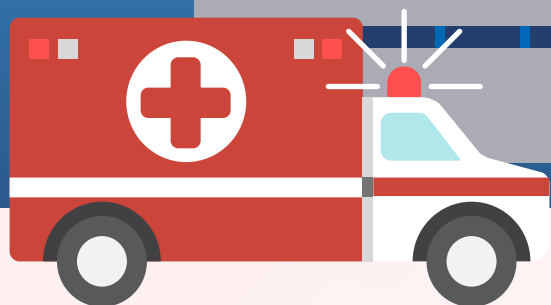


HOSPITAL



Sepsis is an **emergency**.

Sepsis is a very serious health condition. It can be deadly. It starts with an infection in your body. The infection gets so bad that your body cannot fight it. When this happens, your body can start to shut down.

Sepsis most often follows infections in the lungs or urinary tract. It can also happen following skin or gut infections.

Watch for these signs and symptoms of sepsis when you have an infection:



**Clammy or
sweaty skin**



**Fast
heartbeat**



**Fever, chills, or
feeling very cold**



**Trouble
breathing**



**Trouble
thinking clearly**



**Very
bad pain**



Act fast.

If you or someone you care for has an infection that is not getting better or is getting worse, act right away. Ask a doctor: “Could I have sepsis?” and if you should go to the emergency room.

If you see severe signs and symptoms, call 911 immediately.

**GET AHEAD
OF SEPSIS**

KNOW THE RISKS.
SPOT THE SIGNS.
ACT FAST.

Learn more at
cdc.gov/sepsis

