**PLEASE READ EACH QUESTION CAREFULLY**

1. Regardless of your vaccination status, have you experienced any of the symptoms in the list below in the past 48 hours?  
   IMPORTANT: ANSWER “YES” EVEN IF YOU BELIEVE THE SYMPTOM(S) IS BECAUSE OF SOME OTHER MEDICAL CONDITION (FOR EXAMPLE, ANSWER “YES” IF YOU HAVE A RUNNY NOSE BECAUSE OF ALLERGIES).
   - fever or chills
   - cough
   - shortness of breath or difficulty breathing
   - fatigue
   - muscle or body aches
   - headache
   - new loss of taste or smell
   - sore throat
   - congestion or runny nose
   - nausea or vomiting
   - diarrhea

2. Are you isolating or quarantining because you tested positive for COVID-19 or are worried that you may be sick with COVID-19?

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**PLEASE CIRCLE THE ANSWER THAT APPLIES TO YOU AND FOLLOW THE INSTRUCTIONS BASED ON YOUR RESPONSE**

If you have had any of these symptoms in the last 48 hours, DO NOT physically return to the workplace until symptoms have been improving for more than 48 hours. If you have a medical condition that causes any of these symptoms and you need access to a CDC facility within the next few days, you will need a waiver from CDC’s Occupational Health Clinic (OHC). To begin the waiver process, please contact your CIO management officer and ask them to request a waiver on your behalf through OHC. When OHC contacts you, please be ready to email medical documentation supporting your waiver request to clinicinfo@cdc.gov. Waivers will only be granted in exigent circumstances and only if it is safe to do so. OHC will not respond to waiver requests made by individuals. Fully vaccinated individuals with symptoms will also require a waiver.

- **YES**
  - Proceed to Question 2
  - **STOP**
  - Access to CDC Facilities
  - **NOT APPROVED**

- **NO**
  - Proceed to Question 3

If you have concerns about being exposed to or sick with COVID-19, please stay home and self-quarantine or isolate. Read more about when you should be in isolation or quarantine (https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html). If you have questions about when it is safe to return to the workplace, please call CDC’s Occupational Health Clinic (OHC) at 404-639-3385. If you have an urgent need to access a CDC facility while quarantining, please contact your CIO management officer and ask them to request a waiver through OHC. Waivers will only be granted in exigent circumstances and only if it is safe to do so. OHC will not respond to waiver requests made by individuals. Fully vaccinated individuals will also require a waiver and should also work through their CIO management officer.
If you are fully vaccinated, proceed to the certification step below and read important conditions for access to CDC facilities.

Access to CDC facilities APPROVED

If you are not fully vaccinated or prefer not to answer, proceed to question 4

Access to CDC facilities NOT APPROVED

3. Have you been in close physical contact in the last 14 days with:
   • Anyone who is known to have laboratory-confirmed COVID-19?
   OR
   • Anyone who has any symptoms consistent with COVID-19?

Close physical contact is defined as being within 6 feet of an infected/symptomatic person for a cumulative total of 15 minutes or more over a 24-hour period starting from 48 hours before illness onset (or, for asymptomatic individuals, 48 hours prior to test specimen collection).

If you have been in close contact with someone with COVID-19 and you are not fully vaccinated, you should stay home and self-quarantine for 14 days before returning to work. Read more about when you should be in isolation or quarantine (https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html). If you have been in close contact with someone with COVID-19 and you are fully vaccinated, you should get tested 5-7 days after your exposure and you should wear a mask indoors for 14 days, even if you don't have symptoms. Read more about what to do if you've had a close contact and are fully vaccinated (https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html). If you have an urgent need to end your quarantine early to access a CDC facility, please contact your CIO management officer and ask them to email a request to OHC.
If you have an urgent need to access a CDC facility during your 10-day, post-travel self-quarantine ([https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html)), please contact your CIO management officer and ask them to request a waiver through CDC’s Occupational Health Clinic (OHC). Waivers will only be granted in exigent circumstances and only if it is safe to do so. OHC will not respond to waiver requests made by individuals. It is possible to reduce your post-travel self-quarantine ([https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html)), to 7 days if you have a negative viral test ([https://www.cdc.gov/coronavirus/2019-ncov/testing/diagnostic-testing.html](https://www.cdc.gov/coronavirus/2019-ncov/testing/diagnostic-testing.html)) 3-5 days after travel ([https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-air-travel.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-air-travel.html)). OHC can help arrange testing, if needed. A waiver is needed from OHC to reduce your quarantine period.

<table>
<thead>
<tr>
<th>4. Have you traveled in the past 10 days?</th>
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<tbody>
<tr>
<td><strong>YES</strong></td>
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<tr>
<td><strong>STOP</strong></td>
</tr>
<tr>
<td>Access to CDC Facilities <strong>NOT APPROVED</strong></td>
</tr>
<tr>
<td><strong>NO</strong></td>
</tr>
<tr>
<td>Proceed to the Certification Step Below</td>
</tr>
<tr>
<td><strong>GO</strong></td>
</tr>
<tr>
<td>Access to CDC Facilities <strong>APPROVED</strong></td>
</tr>
</tbody>
</table>

I certify that my responses are true and correct

If you are fully vaccinated AND answered NO to questions 1 and 2, and answered YES to Question 3, you are also acknowledging these important conditions for access to CDC facilities:

- Wear a mask in CDC facilities for 14 days following exposure or until your test result is negative
- Get tested 5-7 days after exposure
- If you develop symptoms, immediately leave campus, isolate, and consult with your healthcare provider

If you have an urgent need to access a CDC facility during your 10-day, post-travel self-quarantine ([https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html)), please contact your CIO management officer and ask them to request a waiver through CDC’s Occupational Health Clinic (OHC). Waivers will only be granted in exigent circumstances and only if it is safe to do so. OHC will not respond to waiver requests made by individuals. It is possible to reduce your post-travel self-quarantine ([https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html)), to 7 days if you have a negative viral test ([https://www.cdc.gov/coronavirus/2019-ncov/testing/diagnostic-testing.html](https://www.cdc.gov/coronavirus/2019-ncov/testing/diagnostic-testing.html)) 3-5 days after travel ([https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-air-travel.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-air-travel.html)). OHC can help arrange testing, if needed. A waiver is needed from OHC to reduce your quarantine period.

I certify that my responses are true and correct

If you are fully vaccinated AND answered NO to questions 1 and 2, and answered YES to Question 3, you are also acknowledging these important conditions for access to CDC facilities:

- Wear a mask in CDC facilities for 14 days following exposure or until your test result is negative
- Get tested 5-7 days after exposure
- If you develop symptoms, immediately leave campus, isolate, and consult with your healthcare provider

I certify that my responses are true and correct

If you are fully vaccinated AND answered NO to questions 1 and 2, and answered YES to Question 3, you are also acknowledging these important conditions for access to CDC facilities:

- Wear a mask in CDC facilities for 14 days following exposure or until your test result is negative
- Get tested 5-7 days after exposure
- If you develop symptoms, immediately leave campus, isolate, and consult with your healthcare provider

I certify that my responses are true and correct

If you are fully vaccinated AND answered NO to questions 1 and 2, and answered YES to Question 3, you are also acknowledging these important conditions for access to CDC facilities:

- Wear a mask in CDC facilities for 14 days following exposure or until your test result is negative
- Get tested 5-7 days after exposure
- If you develop symptoms, immediately leave campus, isolate, and consult with your healthcare provider

[cdc.gov/screening](https://www.cdc.gov/screening)
[cdc.gov/screening/further-instructions.html](https://www.cdc.gov/screening/further-instructions.html)
THE SCREENING YOU COMPLETED INDICATES THAT YOU MAY BE AT INCREASED RISK FOR COVID-19

IF YOU ARE NOT FEELING WELL, WE HOPE THAT YOU FEEL BETTER SOON!

Here are instructions for what to do next

1. If you are not already at home, please avoid contact with others and go straight home immediately.

2. Seek medical care as needed. Seek COVID-19 testing as recommended. Call CDC's Occupational Health Clinic (OHC) at 404-639-3385 to schedule testing at CDC in the Atlanta area.

3. Contact your supervisor or your contracting company to discuss options for telework and/or leave.

Before going to a healthcare facility, please call and let them know that you may have an increased risk for COVID-19.

In case of a life-threatening medical emergency, dial 911 immediately!

RETURNING TO THE WORKPLACE

If you have had symptoms consistent with COVID-19 or have tested positive for COVID-19, DO NOT physically return to work until you have completed your quarantine (https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html) or isolation (https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html) per CDC guidance. Read more about when it is safe to be around others (https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html).

If you have a chronic medical condition that causes COVID-19-like symptoms and you need to access a CDC facility within the next few days, please first get medical documentation from your primary care provider and then begin the waiver process by contacting your CIO management officer to ask them to request a waiver on your behalf for a chronic condition. A provider from OHC will contact you when your waiver request is submitted to determine whether you can safely be granted access to a CDC facility.

If you have been in close contact with someone with COVID-19 and you are not fully vaccinated, you should stay home and self-quarantine for 14 days before returning to work. Read more about when you should be in isolation or quarantine (https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html). If you have been in close contact with someone with COVID-19 and you are fully vaccinated, you should wear a mask for 14 days following exposure and get tested 5-7 days after your exposure, even if you don't have symptoms. Read more about what to do if you've had a close contact and are fully vaccinated (https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html). If you have an urgent need to end your quarantine early to access a CDC facility, please contact your CIO management officer and ask them to email a request to OHC.

If you are currently isolating or quarantining because of concerns about COVID-19, please do not return to the workplace until you have completed your quarantine (https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html) or isolation (https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html) per CDC guidance. If you have an urgent need to end your quarantine early, please contact your CIO management officer and ask them to email a request to OHC.

If you have additional questions about when you can safely return to work, please call OHC at 404-639-3385. For information about COVID-19 and basic instructions to prevent the spread of disease, visit CDC's COVID-19 website (https://www.cdc.gov/covid19).