I have been able to accomplish a lot in my recovery.

“Prescription opioids can be addictive and dangerous.”

– Tele
Resources are available to help you learn about preventing prescription opioid misuse and overdose. Visit cdc.gov/RxAwareness.

Find treatment and services:

SAMHSA National Helpline: 1-800-662-HELP
Health Center Locator: findahealthcenter.hrsa.gov
Behavioral Health Treatment Services Locator: findtreatment.samhsa.gov
Opioid Treatment Program Directory by State: dpt2.samhsa.gov/treatment/directory.aspx

What you need to know about treatment and recovery:

- Opioid use disorder is a chronic and relapsing disease that affects the body and brain.
- Treatment can help people struggling with opioid use disorder and can prevent overdose deaths.
- No single treatment method is right for everyone, but combining behavioral therapy with medication is proven to be the most effective approach.

Call 911 right away if you suspect an overdose. Give naloxone if available.

There is hope. Recovery is possible.