Addiction is hard. You have to reach out for help.

– Britton
Find treatment and services:

SAMHSA National Helpline:
1-800-662-HELP

Health Center Locator:
findahealthcenter.hrsa.gov

Behavioral Health Treatment Services Locator:
findtreatment.samhsa.gov

Opioid Treatment Program Directory by State: dpt2.samhsa.gov/treatment/directory.aspx

What you need to know about treatment and recovery:

- Opioid use disorder is a chronic and relapsing disease that affects the body and brain.
- Treatment can help people struggling with opioid use disorder and can prevent overdose deaths.
- No single treatment method is right for everyone, but combining behavioral therapy with medication is proven to be the most effective approach.

Call 911 right away if you suspect an overdose.
Give naloxone if available.

Resources are available to help you learn about preventing prescription opioid misuse and overdose. Visit cdc.gov/RxAwareness.