PREVENT TICKBORNE DISEASES

In people

- Wear insect repellent
- Shower soon after being outdoors
- Check for ticks daily
- See your doctor if you develop fever or rash after a tick bite or tick exposure

IN AND AROUND THE EARS
IN AND AROUND THE HAIR
UNDER THE ARMS
INSIDE THE BELLY BUTTON
AROUND THE WAIST
BETWEEN THE LEGS
BACK OF THE KNEES

www.cdc.gov/ticks
PREVENT TICKBORNE DISEASES

In pets

- Talk to your veterinarian about tick prevention products
- Run your fingers through your pet’s fur with to feel for small bumps
- Check your pet for ticks daily

www.cdc.gov/ticks