ROCKY MOUNTAIN SPOTTED FEVER CAN CAUSE SERIOUS ILLNESS

PROTECT YOURSELF!

- Check for ticks daily
- Treat your dogs for ticks
- Wear insect repellent
- Treat your home and yard for ticks
- Call your doctor if you get a fever or rash

For more information:
www.cdc.gov/rmsf
How to check for ticks

Check yourself for ticks every day, especially when you have been outside.

- In and around the hair
- In and around the ears
- Under the arms
- Inside belly button
- Between the legs
- Back of the knees

If you find a tick, remove it as soon as possible.

KIDS: ask an adult for help!