You may feel ready to meet your baby, but your baby may not be ready to meet the world.

Important developments happen throughout pregnancy, including in the final months and weeks.

35 weeks Pregnant
It’s too early…

Your baby’s brain needs more time to grow and develop.

37 weeks Pregnant
Almost there…

Your baby’s brain, lungs, and liver are still developing.

39 weeks Pregnant
You made it!

If you have a healthy pregnancy, wait at least 39 weeks until delivery. Let your baby come naturally, on his or her own time.

For more information, visit:
www.cdc.gov/reproductivehealth/maternalinfanthealth/pretermbirth.htm