

EMOTIONAL HEALTH

EMOTIONAL DISTRESS (SRQ-20)

Key Indicator EH-A: Mean SRQ – 20* score of women of reproductive age [Location and year]. {N = total surveyed}	
Indicator	% (n) women
Mean SRQ-20 score	

**SRQ-20 is the Self Report Questionnaire which asks respondents if they experienced 20 common problems related to emotional distress in the past four weeks.*

Table EH-1: Proportion of women who reported having common problems related to emotional distress* in the past four weeks among women of reproductive age [Location and year]. † {N = total surveyed}	
Problem	% (n) women
Headaches	
Poor appetite	
Sleep badly	
Easily frightened	
Hands shake	
Nervous, tense, or worried	

Poor digestion	
Trouble thinking clearly	
Unhappy	
Cry more than usual	
Difficult to enjoy daily activities	
Difficult to make decisions	
Daily work is suffering	
Unable to play a useful part in life	
Lost interest in things	
Feels worthless	
Thoughts of ending life	
Tired all the time	
Uncomfortable feelings in stomach	
Easily tired	

**Percentages may add up to greater than 100% as respondent may give more than 1 response.*

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PERCEPTIONS OF WOMEN'S HEALTH PROBLEMS IN COMMUNITY

Table EH-2: Most important health problems for women in the community among women of reproductive age [Location and year]. {N = total surveyed}	
Problems	% (n) women
Pregnancy-related problems	
Vaginal infections	
Respiratory infections	
Diarrhea	
Malaria	
Violence within the family	
Feelings of sadness or hopelessness	
Headaches/backaches/muscle aches	
Other	