Factors Associated with Preterm Birth

Social, Personal, and Economic Characteristics
- Low or high maternal age.
- Black race.
- Low maternal income or socioeconomic status.

Medical and Pregnancy Conditions
- Infection.
- Prior preterm birth.
- Carrying more than 1 baby (twins, triplets, or more.)
- High blood pressure during pregnancy.

Behavioral
- Tobacco and alcohol use.
- Substance abuse.
- Late prenatal care.
- Stress.

For more information visit: www.cdc.gov/reproductivehealth/MaternalInfantHealth/PretermBirth.htm