

# PSR Quick Start Guide

Quick Tips and Tools for Using the PSRs to Advance Evidence-Based Policy and Practice

## PSR Topics

- Alcohol-Related Harms
- Food Safety
- Healthcare-Associated Infections
- Heart Disease and Stroke
- HIV
- Motor Vehicle Injuries
- Nutrition, Physical Activity, and Obesity
- Prescription Drug Overdose
- Teen Pregnancy
- Tobacco Use

## Prevention Status Reports

The Prevention Status Reports (PSRs) are designed to highlight—for all 50 states and the District of Columbia—the status of policies and practices designed to prevent or reduce 10 of the nation’s most important public health problems and concerns.

The PSRs provide data and information to aid in public health planning and decision making. You can use the PSRs to assess your state’s status and identify areas for improvement.

## PSR Framework



### **PROBLEM:** What is the public health burden and impact of each health problem?

The PSRs use national and state data to provide a brief overview of the public health problems or concerns associated with each topic.

### **SOLUTIONS:** What solutions are available to address these problems?

The PSRs identify evidence-based and expert-recommended policies and practices designed to prevent or reduce these health problems.

### **STATUS:** To what extent are the solutions being implemented?

The PSRs use a simple, three-level rating scale—green, yellow, or red—to describe the extent to which the state has implemented the policy or practice in accordance with supporting evidence or expert recommendations.



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## Using the PSRs to Advance Evidence-Based Policy and Practice

You can use the PSRs to support public health planning, priority setting, and communication in your state. Although the PSRs include data about public health problems, their *primary* focus is on policies and practices that can prevent or reduce health risk behaviors and lead to improved health outcomes.

Below are some tips to help you start using the PSRs to increase the use of evidence-based public health policy and practice and improve health outcomes in your state. The **PSR Quick Start Worksheet** (pp 3–5) can help you apply the PSR ratings to this effort.

Suggested Uses for the PSRs		Quick Start Questions
Planning and Priority	Identify public health policy and practice priorities across a range of public health topics (or within a specific topic of interest)	Based on the PSR ratings, which policies and practices provide the most opportunity for improvement?
	Inform state priorities, initiatives, programs, and strategies (e.g., state health improvement plans, coalition action plans, performance improvement plans, strategic plans)	What are the health priorities in your state? Can PSR data and information be used to inform decisions for addressing these priorities? Would adopting or strengthening the PSR policies and practices help advance these priorities? Which PSR policies and practices could be integrated into existing performance management or evaluation activities?
Communication	Highlight health problems and improvement opportunities	How can the PSRs be used or adapted to educate stakeholders about the value and impact of prevention? <i>Think about use in legislative briefings, community meetings, grant writing, budget hearings, etc.</i>
	Promote use of evidence-based and expert-recommended public health policies and practices	How can data and information from the PSRs be used to educate stakeholders about evidence-based public health policies and practices? <i>Use the rating as a starting point to improving policies and practices.</i> Which stakeholders should receive this information? <i>Consider program staff, internal and/or external partners, decision makers, local health departments, etc.</i>

**Next Steps:** Use the **PSR Quick Start Worksheet** to identify 1) factors that might challenge or support implementation and improvement of PSR policies and practices and 2) stakeholders who may be necessary to support and implement those improvements.

For more information about the PSRs, contact us at [psrinfo@cdc.gov](mailto:psrinfo@cdc.gov) or visit the PSR website at [www.cdc.gov/psr](http://www.cdc.gov/psr).

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## PSR Quick Start Worksheet

You can use this worksheet to identify areas of high performance, potential improvement areas, relevant contextual factors, and stakeholders. Refer to your state’s PSRs (available at [www.cdc.gov/psr](http://www.cdc.gov/psr)) to complete the worksheet below.

First, identify potential improvement opportunities...				...then, ask these questions about policies and practices with potential for improvement.		
PSR Policy or Practice	Identify your state s ratings for each policy or practice.			What factors challenge or support implementation of policies and practices in the PSRs? <i>Is the health issue a priority for the state? Are related state initiatives, programs, and strategies already in place that could be built upon? Does the community support change in this area?</i>	Supporting Factors	What stakeholders are necessary to support and implement these improvements?
	Green	Yellow	Red			
<b>Alcohol Related Harms</b>	Green	Yellow	Red	Challenging Factors	Supporting Factors	Important Stakeholders
State beer excise tax						
State distilled spirits excise tax						
State wine excise tax						
Commercial host (dram shop) liability laws						
<b>Food Safety</b>	Green	Yellow	Red	Challenging Factors	Supporting Factors	Important Stakeholders
Speed of pulsed-field gel electrophoresis testing of reported <i>E. coli</i> O157 cases						
Completeness of pulsed-field gel electrophoresis testing of reported <i>Salmonella</i> cases						
State adoption of selected foodborne disease-related provisions						
<b>Healthcare Associated Infections (HAI)</b>	Green	Yellow	Red	Challenging Factors	Supporting Factors	Important Stakeholders
State activities to build capacity for HAI prevention						
Stewardship programs to improve antibiotic use in acute care hospitals						
<b>Heart Disease and Stroke</b>	Green	Yellow	Red	Challenging Factors	Supporting Factors	Important Stakeholders
Meaningful use of electronic health records						
State pharmacist collaborative drug therapy management policy						

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	Green	Yellow	Red	Challenging Factors	Supporting Factors	Important Stakeholders
<b>HIV</b>						
State Medicaid reimbursement for routine HIV screening						
Consistency of state HIV testing law with CDC's 2006 HIV testing recommendations						
State reporting of all CD4 and all viral load data						
HIV viral suppression						
<b>Motor Vehicle Injuries</b>						
Seat belt law						
Child passenger restraint law						
Graduated driver licensing: learner's permit age						
Graduated driver licensing: learner's permit holding period						
Graduated driver licensing: nighttime driving restriction						
Graduated driver licensing: young passenger restriction						
Graduated driver licensing: unrestricted licensure age						
Ignition interlock law						

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PSR Policy or Practice	Identify your state's ratings for each policy or practice.			What factors challenge or support implementation of policies and practices in the PSRs? <i>Is the health issue a priority for the state? Are related state initiatives, programs, and strategies already in place that could be built upon? Does the community support change in this area?</i>		What stakeholders are necessary to support and implement these improvements?
	Green	Yellow	Red	Challenging Factors	Supporting Factors	Important Stakeholders
<b>Nutrition, Physical Activity, and Obesity</b>	Green	Yellow	Red	Challenging Factors	Supporting Factors	Important Stakeholders
Secondary schools not selling less nutritious foods and beverages						
Nutrition standards policy for foods and beverages sold on state executive branch property						
Inclusion of obesity prevention standards in state licensing regulations of childcare facilities						
State average birth facility score for breastfeeding support						
<b>Prescription Drug Overdose</b>	Green	Yellow	Red	Challenging Factors	Supporting Factors	Important Stakeholders
Requirement for timely data submission to prescription drug monitoring program						
Requirement for universal use of state prescription drug monitoring program						
<b>Teen Pregnancy</b>	Green	Yellow	Red	Challenging Factors	Supporting Factors	Important Stakeholders
Expansion of state Medicaid family planning eligibility						
<b>Tobacco Use</b>	Green	Yellow	Red	Challenging Factors	Supporting Factors	Important Stakeholders
State cigarette excise tax						
Comprehensive state smoke-free policy						
Funding for tobacco control						