

# PMR/F TOEFL Requirements (Test of English as a Foreign Language)

## Foreign-born Candidates Applying to PMR/F

U.S. citizens and non-U.S. permanent residents born outside the U.S. must demonstrate English proficiency either by:

1. Indicating they were born in a country where English is the native language and that their native language is English
- or
2. Providing TOEFL (Test of English as a Foreign Language) scores equal to 100 or higher on the internet-based TOEFL, 250 on the computer-based TOEFL, or 600 on the paper-based TOEFL

## TOEFL Exemption Criteria

Applicants will be exempt from submitting a TOEFL score by indicating that they were born in one of the countries listed below and their native language is English.

- Anguilla
- Antigua
- Australia
- Bahamas
- Barbados
- Barbuda
- Belize
- Bermuda
- British Virgin Islands
- Canada
- Dominica
- Grand Cayman Islands
- Grenada
- Guyana
- Irish Republic
- Jamaica
- Montserrat
- New Zealand
- Saint Kitts and Nevis
- St. Lucia
- St. Vincent & the Grenadines
- Tobago
- Trinidad
- Turks and Caicos Islands
- United Kingdom: England, Northern Ireland, Scotland, and Wales

See the following instructions for how to upload a TOEFL score into your online PMR/F application.

## To Take the TOEFL Test and Submit TOEFL Scores

1. Visit the TOEFL website at <https://www.ets.org/toefl> to take the TOEFL Test.
2. Save your official TOEFL score report as a PDF.
  - If you have taken the test but need a copy of your report, refer to the TOEFL website to locate the appropriate contact information.
3. Within the PMR/F online application (<https://webportalapp.com/sp/home/pmrf-phtipp-fellows>) select your country of origin.
4. Upload the PDF of your official TOEFL score report.
5. Name the attachment using your first and last name (as listed on your application) as the file name.
  - For example, if your first name is “John” and last name is “Smith,” the attachment should be saved as “Smith\_John\_TOEFL.pdf”.
6. Save your application. Only submit if you have completed all parts of the online application and have uploaded all required supporting materials.