

# Preconception Clinical Care for Women Psychosocial Risks

All women of reproductive age are candidates for preconception care; however, preconception care must be tailored to meet the needs of the individual. Given that preconception care ideally should occur throughout the reproductive years, some recommendations will be more relevant to women at specific stages in their lives and with varying levels of risk.

## Access to Care

All women should be asked about their health insurance coverage and their usual source of care. If they do not have health insurance, they should be referred to a welfare office or a private social service agency to determine their eligibility for public insurance. If they do not have a usual source of care, one should be established that will accept their insurance coverage or provide care free of charge or on a sliding fee basis.

## Inadequate Financial Resources

All women should be asked about their economic status, and women who appear to be struggling financially should be referred to an agency that can check their eligibility for various types of financial assistance.

## More Information

This fact sheet is part of a series on the clinical content of preconception care for women. Other fact sheets in the series include:

- Health Promotion
- Personal History
- Nutrition
- Immunizations
- Infectious Diseases
- Medical Conditions
- Exposures
- Special Populations

To see the complete list of the preconception clinical content and description of how the content was selected and rated, please visit:

[www.cdc.gov/preconception/careforwomen](http://www.cdc.gov/preconception/careforwomen)



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