

Preconception Health Indicators<sup>a</sup> in PRAMStat  
 Domain: Nutrition

<b>Domain</b>	<b>PRAMStat Indicator/ PRAMStat Class and Topic Area</b>	<b>Indicator Description<sup>b</sup></b>	<b>Question in PRAMS</b>	<b>Core<sup>c</sup> or Standard<sup>d</sup>/ Years Available</b>	<b>Which States</b>
<b>Nutrition:</b> Folic Acid Supplemen- Tation	During the month before you got pregnant with your new baby, did you take a daily multivitamin?  Class: Maternal Behavior/Health  Topic Area: Multivitamin Use	Percentage of women aged 18–44 years <sup>e</sup> having a live birth who took a multivitamin, prenatal vitamin, or a folic acid supplement every day of the month prior to pregnancy	During the <i>month before</i> you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin? I did not take multivitamins, prenatal vitamins or folic acid vitamins at all  [ ] 1 to 3 times a week [ ] 4 to 6 times a week [ ] Every day of the week	PRAMS Core 2004–2011	All <sup>f</sup>
<b>Nutrition:</b> Obesity and Overweight	Mother's prepregnancy body mass index classified as underweight, normal, overweight, or obese  Class: Maternal Behavior/Health  Topic Area: Obesity	Percentage of women aged 18–44 years having a live birth who were overweight or obese based on BMI at the time they became pregnant. <u>Overweight:</u> Percentage of women aged 18–44 years with a prepregnancy BMI >= 25 kg/m <sup>2</sup> but <30 kg/m <sup>2</sup> <u>Obese:</u> Percentage of women aged 18–44 years with	<i>Just before</i> you got pregnant with your new baby, how much did you weigh?  How tall are you without shoes?	PRAMS Core 2004–2011	All

		a prepregnancy BMI $\geq 30$ kg/m <sup>2</sup>			
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<sup>a</sup> All preconception health indicators in PRAMStat include the designation (\*PCH) in their label.

<sup>b</sup> Unless otherwise stated the denominator for all indicators is women aged 18–44 years who delivered a live-born infant.

<sup>c</sup> Core questions are available for all PRAMS states.

<sup>d</sup> Standard questions are not available for all PRAMS states.

<sup>e</sup> PRAMS preconception health indicators are only defined for women aged 18–44 years but PRAMS data include women of all ages who had a live birth. To restrict the estimates to women aged 18–44 years in PRAMStat, use the breakout variable “Break out by Maternal Age — 18–44 years only.”

<sup>f</sup> PRAMS states must reach or exceed the response rate threshold of 70% (for 2000–2006) and 65% (for 2007 and beyond) for their data to be included in PRAMStat.