



Prevalence of Selected Maternal and Child Health Indicators for all PRAMS sites, Pregnancy Risk Assessment Monitoring System (PRAMS), 2016-2017

Health Indicator	2016 [¶]		2017 [§]	
	N*	% [†] (95% CI) [‡]	N*	% [†] (95% CI) [‡]
Nutrition				
• Multivitamin use ≥4 days a week during the month before pregnancy	34742	40.8 (40.0-41.7)	37400	40.4 (39.6-41.1)
Pre-pregnancy Weight				
• Underweight (BMI<18.5)	33281	3.5 (3.2-3.8)	35732	3.7 (3.4-4.0)
• Overweight (BMI 25-29.9)	33281	25.5 (24.8-26.3)	35732	25.6 (24.9-26.3)
• Obese (BMI≥30)	33281	23.3 (22.5-24.0)	35732	25.3 (24.6-26.0)
Substance Use				
• Any cigarette smoking during the 3 months before pregnancy	34363	17.2 (16.5-17.8)	37058	17.6 (17.0-18.2)
• Any cigarette smoking during the last 3 months of pregnancy	34371	7.7 (7.3-8.2)	37094	8.1 (7.7-8.6)
• Any cigarette smoking postpartum	34372	11.1 (10.6-11.6)	37070	11.7 (11.2-12.2)
• Hookah use in the last 2 years	34110	5.1 (4.7-5.4)	36695	4.8 (4.5-5.1)
• Any alcohol use during the 3 months before pregnancy	34318	56.5 (55.6-57.3)	36921	56.6 (55.9-57.4)
Intimate Partner Violence (IPV)				
• Experienced IPV during the 12 months before pregnancy by a husband or partner	34373	1.7 (1.5-1.9)	36873	1.6 (1.4-1.8)
• Experienced IPV during the 12 months before pregnancy by an ex-husband or ex-partner	34126	1.6 (1.4-1.9)	36646	1.8 (1.6-2.0)
• Experienced IPV during pregnancy by a husband or partner	34337	1.4 (1.2-1.7)	36850	1.4 (1.2-1.6)
• Experienced IPV during pregnancy by an ex-husband or ex-partner	34065	0.8 (0.7-1.0)	36588	1.1 (0.9-1.2)
Depression				
• Self-reported depression in the 3 months before pregnancy	34602	12.3 (11.8-12.9)	37258	12.8 (12.3-13.3)
• Self-reported depression during pregnancy	34269	11.7 (11.1-12.3)	36933	12.0 (11.5-12.5)
• Self-reported postpartum depressive symptoms	34026	12.9 (12.3-13.5)	36650	12.5 (12.0-13.0)
Health Care Services				
• Health care visit in the 12 months before pregnancy	34459	64.9 (64.1-65.7)	37105	67.6 (66.9-68.4)
• Began prenatal care in 1st trimester	34093	86.0 (85.4-86.7)	36691	86.9 (86.4-87.4)
• Had flu shot before or during pregnancy	34140	60.0 (59.1-60.8)	36797	58.9 (58.1-59.6)
• Had maternal postpartum checkup	34247	89.4 (88.8-89.9)	36902	90.3 (89.8-90.7)

• Mistimed	34351	19.5 (18.8-20.2)	36970	19.5 (18.9-20.2)
• Unwanted pregnancy	34351	6.3 (5.8-6.7)	36970	6.1 (5.7-6.5)
• Unsure about pregnancy	34351	15.0 (14.4-15.6)	36970	15.5 (14.9-16.1)
• Intended pregnancy	34351	59.2 (58.4-60.1)	36970	58.9 (58.1-59.6)
• Use of any postpartum contraception	34128	77.6 (76.9-78.3)	36770	77.2 (76.5-77.8)
• Use of a long acting reversible contraceptive method (Intrauterine Device [IUD] or contraceptive implant) postpartum	33700	16.2 (15.6-16.9)	36364	17.0 (16.4-17.6)
Oral Health				
• Teeth cleaned during pregnancy	34589	44.6 (43.8-45.4)	37268	46.3 (45.5-47.0)
Pre-pregnancy Health Insurance[‡] Status				
• Private insurance	33436	62.2 (61.4-63.1)	36021	63.0 (62.2-63.7)
• Medicaid	33436	19.1 (18.5-19.7)	36021	23.0 (22.3-23.6)
• No insurance	33436	16.2 (15.5-16.9)	36021	13.2 (12.6-13.7)
Health Insurance[‡] Status for Prenatal Care During Pregnancy				
• Private insurance	32359	59.7 (58.8-60.5)	34927	60.7 (59.9-61.4)
• Medicaid	32359	30.7 (30.0-31.5)	34927	35.6 (34.9-36.4)
• No insurance	32359	2.0 (1.8-2.3)	34927	2.6 (2.3-2.9)
Health Insurance[‡] Status Postpartum				
• Private insurance	33348	57.9 (57.1-58.8)	35934	58.5 (57.7-59.3)
• Medicaid	33348	24.9 (24.3-25.6)	35934	29.6 (28.9-30.3)
• No insurance	33348	14.6 (14.0-15.3)	35934	10.8 (10.3-11.3)
Infant Sleep Practices				
• Baby most often laid on back to sleep	33397	78.0 (77.3-78.7)	35988	79.5 (78.9-80.1)
Breastfeeding Practices				
• Ever breastfed	33683	87.8 (87.3-88.4)	36336	87.6 (87.1-88.2)
• Any breastfeeding at 8 weeks	33438	67.3 (66.5-68.1)	35999	67.6 (66.9-68.4)

* Unweighted sample size

† Weighted percent

‡ 95% Confidence Interval

§ PRAMS site aggregate for 2017: Alabama, Alaska, Colorado, Connecticut, Delaware, Georgia, Illinois, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, New Hampshire, New Jersey, New Mexico, New York City, New York State, North Carolina, North Dakota, Oklahoma, Pennsylvania, Rhode Island, South Dakota, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, Wyoming, and Puerto Rico met the required 55% response rate threshold for inclusion.

¶ Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option)