



Prevalence of Selected Maternal and Child Health Indicators for Georgia, Pregnancy Risk Assessment Monitoring System (PRAMS), 2016–2020

Health Indicator	2016 ^o		2017		2018		2019		2020		Overall 2020 ^{ll}
	N#	% (95% CI) ^{nl}	N#	% (95% CI) ^{nl}	N#	% (95% CI) ^{nl}	N#	% (95% CI) ^{nl}	N#	% (95% CI) ^{nl}	% (95% CI) ^{nl}
Nutrition											
• Multivitamin use ≥4 times a week during the month before pregnancy			953	30.1 (26.1-34.5)	766	35.9 (31.6-40.4)	783	38.3 (34.0-42.7)	690	35.9 (31.5-40.7)	43.6 (42.9-44.4)
Pre-pregnancy Weight											
• Underweight (body mass index [BMI] <18.5 kg/m ²)			894	4.8 (3.1-7.3)	719	2.9 (1.6-4.9)	741	4.7 (3.1-7.1)	656	3.7 (2.2-6.1)	3.2 (2.9-3.5)
• Overweight (BMI 25–29.9 kg/m ²)			894	25.8 (21.8-30.1)	719	29.7 (25.6-34.3)	741	28.6 (24.6-32.9)	656	25.7 (21.7-30.2)	26.1 (25.5-26.8)
• Obese (BMI ≥30 kg/m ²)			894	27.8 (23.8-32.2)	719	24.9 (21.1-29.1)	741	26.3 (22.5-30.5)	656	24.3 (20.4-28.7)	27.7 (27.0-28.4)
Substance Use											
• Any cigarette smoking											
• During the 3 months before pregnancy			946	12.5 (9.8-15.9)	768	12.2 (9.6-15.4)	785	12.0 (9.3-15.2)	690	11.1 (8.5-14.5)	14.0 (13.4-14.5)
• During the last 3 months of pregnancy			946	5.4 (3.6-8.0)	768	4.9 (3.3-7.1)	785	3.2 (2.0-5.2)	691	4.3 (2.7-6.8)	6.5 (6.2-6.9)
• Postpartum			943	7.4 (5.3-10.3)	764	8.2 (6.0-11.0)	782	7.7 (5.6-10.5)	689	6.3 (4.3-9.0)	8.8 (8.3-9.2)
• Any e-cigarette use											
• During the 3 months before pregnancy			937	4.5 (2.9-6.8)	761	2.3 (1.3-4.0)	775	3.9 (2.4-6.0)	689	4.3 (2.7-6.8)	5.2 (4.9-5.6)
• During the last 3 months of pregnancy			938	1.2 (0.5-2.8)	761	1.3 (0.6-2.8)	775	1.5 (0.7-3.2)	688	1.1 (0.4-2.6)	1.5 (1.3-1.7)
• Hookah use in the last 2 years			936	6.2 (4.3-8.8)	757	6.3 (4.4-8.8)	772	6.1 (4.2-8.6)	686	6.4 (4.4-9.3)	4.4 (4.1-4.8)
• Heavy drinking (≥8 drinks a week) during the 3 months before pregnancy			936	0.1 (0.0-0.1)	756	2.4 (1.3-4.3)	780	1.2 (0.5-2.6)	688	1.4 (0.6-2.9)	3.0 (2.8-3.3)
Intimate Partner Violence (IPV)[‡]											
• Experienced IPV during the 12 months before pregnancy by a husband or partner and/or by an ex-husband or ex-partner			941	2.1 (1.1-4.0)	761	2.8 (1.7-4.8)	778	2.1 (1.2-3.9)	689	1.0 (0.5-2.3)	2.5 (2.3-2.8)
• Experienced IPV during pregnancy by a husband or partner and/or by an ex-husband or ex-partner			941	1.4 (0.7-3.1)	761	2.6 (1.4-4.5)	778	1.3 (0.6-2.8)	689	0.7 (0.2-1.9)	1.7 (1.5-1.9)
Depression											
• Self-reported depression in the 3 months before pregnancy			952	7.8 (5.7-10.6)	769	12.1 (9.4-15.4)	787	11.3 (8.8-14.4)	692	9.6 (7.1-12.9)	15.5 (15.0-16.1)
• Self-reported depression during pregnancy			938	8.4 (6.2-11.3)	764	12.4 (9.7-15.8)	783	10.1 (7.8-13.0)	689	10.6 (8.0-14.0)	15.2 (14.7-15.8)
• Self-reported postpartum depressive symptoms ^{**}			935	12.4 (9.7-15.8)	752	13.6 (10.7-17.1)	777	14.5 (11.6-18.0)	678	8.6 (6.3-11.5)	13.4 (12.9-13.9)
Health Care Services											
• Health care visit in the 12 months before pregnancy			945	63.3 (58.8-67.6)	762	57.7 (53.1-62.1)	783	61.4 (56.9-65.7)	689	54.2 (49.4-59.0)	66.0 (65.3-66.8)
• Began prenatal care in 1st trimester			924	87.0 (83.4-89.9)	746	84.5 (80.8-87.6)	768	88.4 (85.3-91.0)	684	88.3 (84.7-91.0)	87.1 (86.5-87.6)
• Had a flu shot in the 12 months before delivery			929	42.2 (37.7-46.8)	751	40.4 (35.9-45.0)	779	39.8 (35.5-44.2)	682	40.6 (35.9-45.4)	60.9 (60.1-61.7)
• Had maternal postpartum checkup			939	91.0 (87.9-93.3)	761	89.8 (86.8-92.2)	779	91.5 (88.7-93.7)	684	89.2 (85.8-91.9)	88.1 (87.6-88.6)
Pregnancy Intention											
• Mistimed			941	20.2 (16.8-24.2)	754	22.6 (18.9-26.7)	778	21.8 (18.3-25.8)	685	17.8 (14.4-21.7)	17.7 (17.2-18.4)
• Unwanted pregnancy			941	8.4 (6.2-11.3)	754	9.6 (7.1-12.7)	778	5.6 (3.9-8.0)	685	6.0 (4.1-8.8)	6.3 (6.0-6.7)
• Unsure whether wanted pregnancy			941	14.7 (11.7-18.3)	754	16.6 (13.5-20.3)	778	15.6 (12.6-19.2)	685	12.1 (9.3-15.7)	15.5 (15.0-16.1)
• Intended pregnancy			941	56.7 (52.1-61.1)	754	51.3 (46.7-55.9)	778	56.9 (52.4-61.3)	685	64.1 (59.3-68.6)	60.4 (59.6-61.1)

Health Indicator	2016 ^o		2017		2018		2019		2020		Overall 2020 ^{ll}
	N [#]	% (95% CI) [¶]	N [#]	% (95% CI) [¶]	N [#]	% (95% CI) [¶]	N [#]	% (95% CI) [¶]	N [#]	% (95% CI) [¶]	% (95% CI) [¶]
Postpartum⁺⁺ Family Planning											
• Use of any postpartum contraception ⁺⁺⁺			925	75.1 (70.8-78.9)	738	73.9 (69.5-77.8)	764	74.9 (70.8-78.6)	676	73.8 (69.3-77.9)	74.5 (73.9-75.2)
• Highly effective contraceptive methods											
• Male or female sterilization			925	13.4 (10.5-16.9)	738	11.1 (8.6-14.4)	764	10.6 (8.1-13.7)	676	10.1 (7.6-13.4)	10.9 (10.4-11.4)
• Long-acting reversible contraceptive method ^{ss}			925	16.1 (13.0-19.9)	738	17.6 (14.3-21.5)	764	19.5 (16.1-23.4)	676	19.5 (15.9-23.6)	16.7 (16.1-17.3)
• Moderately effective contraceptive methods ^{ss}			925	26.3 (22.4-30.5)	738	27.5 (23.5-32.0)	764	25.1 (21.3-29.2)	676	24.5 (20.6-28.9)	24.5 (23.9-25.2)
• Least effective contraceptive methods ^{ss}			925	19.3 (15.9-23.2)	738	17.6 (14.3-21.4)	764	19.7 (16.4-23.6)	676	19.7 (16.1-24.0)	22.4 (21.8-23.1)
Oral Health											
• Teeth cleaned during pregnancy by a dentist or dental hygienist			947	39.3 (35.0-43.9)	766	37.9 (33.6-42.5)	788	31.5 (27.5-35.7)	690	27.7 (23.5-32.2)	40.0 (39.3-40.8)
Health Insurance Status One Month Before Pregnancy^{¶¶}											
• Private insurance			925	62.3 (57.8-66.7)	733	56.1 (51.4-60.6)	766	54.1 (49.6-58.6)	669	51.2 (46.3-56.0)	61.8 (61.0-62.5)
• Medicaid			925	12.9 (10.1-16.4)	733	16.7 (13.5-20.5)	766	16.4 (13.3-20.0)	669	17.5 (14.2-21.4)	23.5 (22.9-24.1)
• No insurance			925	24.5 (20.8-28.6)	733	26.9 (23.1-31.2)	766	29.0 (25.1-33.3)	669	30.5 (26.2-35.1)	14.0 (13.4-14.5)
Health Insurance Status for Prenatal Care^{¶¶}											
• Private insurance			910	58.6 (53.9-63.1)	717	48.8 (44.1-53.6)	719	48.6 (43.9-53.2)	659	45.5 (40.6-50.5)	59.6 (58.8-60.3)
• Medicaid			910	34.1 (29.8-38.7)	717	43.1 (38.5-47.9)	719	45.2 (40.6-49.9)	659	43.9 (39.1-48.8)	36.6 (35.8-37.3)
• No insurance			910	6.6 (4.8-9.2)	717	7.5 (5.5-10.1)	719	5.4 (3.7-7.8)	659	10.0 (7.4-13.5)	2.8 (2.5-3.1)
Health Insurance Status Postpartum^{++¶¶}											
• Private insurance			919	55.1 (50.5-59.6)	737	46.5 (41.9-51.2)	759	46.8 (42.3-51.3)	661	44.7 (39.9-49.7)	56.4 (55.6-57.2)
• Medicaid			919	18.9 (15.5-22.9)	737	26.9 (23.0-31.2)	759	29.4 (25.4-33.7)	661	37.1 (32.6-41.9)	35.4 (34.7-36.1)
• No insurance			919	25.3 (21.6-29.5)	737	26.4 (22.5-30.6)	759	23.2 (19.6-27.3)	661	17.1 (13.7-21.1)	7.2 (6.8-7.7)
Infant Sleep Practices											
• Baby most often laid on back to sleep			921	73.9 (69.6-77.7)	727	73.7 (69.3-77.6)	756	72.2 (67.9-76.0)	673	71.3 (66.7-75.5)	79.5 (78.9-80.2)
Breastfeeding Practices											
• Ever breastfed			919	85.2 (81.6-88.2)	735	83.0 (79.2-86.3)	766	79.8 (75.8-83.2)	677	81.2 (77.1-84.7)	87.9 (87.3-88.4)
• Any breastfeeding at 8 weeks			908	57.7 (53.1-62.3)	732	60.7 (56.1-65.2)	761	55.2 (50.6-59.6)	675	62.2 (57.4-66.7)	68.5 (67.8-69.3)

^o Did not meet the required 55% response rate threshold in 2016.

^{ll} PRAMS sites aggregated for 2020: Alabama, Alaska, Arizona, Arkansas, Colorado, Connecticut, Delaware, District of Columbia, Florida, Georgia, Hawaii, Illinois, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, North Dakota, Oregon, Pennsylvania, Puerto Rico, South Dakota, Tennessee, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming that met the required 50% response rate threshold for inclusion.

[#] Unweighted sample size.

[¶] Weighted percentage (95% confidence interval [CI]).

[‡] Defined as being pushed, hit, slapped, kicked, choked, or physically hurt in any way by a husband or partner and/or by an ex-husband or ex-partner. In 2016 (Phase 8 questionnaire), the question response options were expanded to include “my ex-husband or ex-partner” in addition to “my husband or partner.”

^{**} Defined as “always” or “often” feeling down, depressed, or hopeless or having little interest or little pleasure in doing things she usually enjoyed since delivery.

⁺⁺ Postpartum defined as the time the PRAMS survey was completed.

⁺⁺ Defined as using any kind of birth control postpartum (female or male sterilization, intrauterine device (IUD), contraceptive implant, birth control pills, shots or injections, contraceptive patch, vaginal ring, condoms, rhythm method or natural family planning, withdrawal).

^{ss} Long-acting reversible contraception (LARC) methods include IUD or contraceptive implant. Moderately effective methods include birth control pills, shots or injections (e.g., Depo-Provera), contraceptive patch, and vaginal ring. Least effective methods include condom, rhythm method or natural family planning, and withdrawal. Women who selected the “other” write-in option were excluded from the analysis.

^{¶¶} Insurance coded as Medicaid (Medicaid or state-named Medicaid program), Private (private only, any other insurance in combination with private, or TRICARE or other military insurance), or No insurance (no insurance or Indian Health Service (IHS) only; in Alaska, coverage by the Alaska Tribal Health System was part of the IHS response option). Other state-specific government plans or programs, such as the Children’s Health Insurance Program (CHIP) or State Children’s Health Insurance Program (SCHIP), were excluded from estimates.