



Prevalence of Selected Maternal and Child Health Indicators for Florida, Pregnancy Risk Assessment Monitoring System (PRAMS), 2016–2020

Health Indicator	2016 ^o		2017 ^v		2018 [^]		2019		2020		Overall 2020 ^{ll}
	N#	% (95% CI) ^{nl}	N#	% (95% CI) ^{nl}	N#	% (95% CI) ^{nl}	N#	% (95% CI) ^{nl}	N#	% (95% CI) ^{nl}	% (95% CI) ^{nl}
Nutrition											
• Multivitamin use ≥4 times a week during the month before pregnancy							1023	35.0 (31.3-38.9)	1083	40.1 (36.4-43.9)	43.6 (42.9-44.4)
Pre-pregnancy Weight											
• Underweight (body mass index [BMI] <18.5 kg/m ²)							991	3.9 (2.6-5.7)	1045	2.6 (1.6-4.2)	3.2 (2.9-3.5)
• Overweight (BMI 25–29.9 kg/m ²)							991	24.3 (21.0-27.8)	1045	25.1 (21.9-28.6)	26.1 (25.5-26.8)
• Obese (BMI ≥30 kg/m ²)							991	29.6 (26.1-33.3)	1045	30.9 (27.5-34.5)	27.7 (27.0-28.4)
Substance Use											
• Any cigarette smoking											
• During the 3 months before pregnancy							1028	9.1 (7.1-11.5)	1077	12.4 (10.1-15.2)	14.0 (13.4-14.5)
• During the last 3 months of pregnancy							1033	3.4 (2.3-4.9)	1077	5.1 (3.7-6.9)	6.5 (6.2-6.9)
• Postpartum							1031	5.2 (3.7-7.1)	1081	7.7 (5.9-10.0)	8.8 (8.3-9.2)
• Any e-cigarette use											
• During the 3 months before pregnancy							1021	3.3 (2.2-5.1)	1074	4.4 (3.0-6.3)	5.2 (4.9-5.6)
• During the last 3 months of pregnancy							1022	1.2 (0.5-2.5)	1075	1.9 (1.1-3.3)	1.5 (1.3-1.7)
• Hookah use in the last 2 years							1018	6.6 (5.0-8.8)	1065	6.5 (4.9-8.7)	4.4 (4.1-4.8)
• Heavy drinking (≥8 drinks a week) during the 3 months before pregnancy							1014	3.5 (2.2-5.5)	1065	2.6 (1.7-4.1)	3.0 (2.8-3.3)
Intimate Partner Violence (IPV)^z											
• Experienced IPV during the 12 months before pregnancy by a husband or partner and/or by an ex-husband or ex-partner							1019	2.8 (1.8-4.1)	1072	2.2 (1.4-3.4)	2.5 (2.3-2.8)
• Experienced IPV during pregnancy by a husband or partner and/or by an ex-husband or ex-partner							1015	2.2 (1.4-3.5)	1073	2.4 (1.5-3.8)	1.7 (1.5-1.9)
Depression											
• Self-reported depression in the 3 months before pregnancy							1045	13.3 (10.8-16.2)	1094	12.4 (10.1-15.0)	15.5 (15.0-16.1)
• Self-reported depression during pregnancy							1032	12.3 (10.1-15.0)	1077	13.0 (10.7-15.6)	15.2 (14.7-15.8)
• Self-reported postpartum depressive symptoms ^{**}							1000	13.0 (10.7-15.7)	1053	15.7 (13.0-18.7)	13.4 (12.9-13.9)
Health Care Services											
• Health care visit in the 12 months before pregnancy							1021	60.6 (56.7-64.3)	1072	59.6 (55.8-63.3)	66.0 (65.3-66.8)
• Began prenatal care in 1st trimester							1021	85.0 (82.2-87.5)	1066	84.6 (81.7-87.2)	87.1 (86.5-87.6)
• Had a flu shot in the 12 months before delivery							1025	39.8 (36.0-43.8)	1070	41.4 (37.7-45.3)	60.9 (60.1-61.7)
• Had maternal postpartum checkup							1008	89.3 (86.6-91.5)	1059	89.3 (86.8-91.5)	88.1 (87.6-88.6)
Pregnancy Intention											
• Mistimed							1028	26.8 (23.5-30.4)	1075	23.5 (20.4-26.9)	17.7 (17.2-18.4)
• Unwanted pregnancy							1028	8.5 (6.7-10.7)	1075	8.0 (6.3-10.0)	6.3 (6.0-6.7)
• Unsure whether wanted pregnancy							1028	16.0 (13.5-19.0)	1075	17.1 (14.5-19.9)	15.5 (15.0-16.1)
• Intended pregnancy							1028	48.6 (44.8-52.5)	1075	51.5 (47.7-55.3)	60.4 (59.6-61.1)

Health Indicator	2016 [◊]		2017 ^ˆ		2018 [^]		2019		2020		Overall 2020
	N#	% (95% CI) [¶]	N#	% (95% CI) [¶]	N#	% (95% CI) [¶]	N#	% (95% CI) [¶]	N#	% (95% CI) [¶]	% (95% CI) [¶]
Postpartum⁺⁺ Family Planning											
• Use of any postpartum contraception ⁺⁺⁺							987	78.8 (75.5-81.7)	1041	73.6 (70.1-76.8)	74.5 (73.9-75.2)
• Highly effective contraceptive methods							987	13.2 (10.7-16.2)	1041	13.5 (11.1-16.5)	10.9 (10.4-11.4)
• Male or female sterilization							987	15.5 (12.8-18.6)	1041	14.1 (11.5-17.1)	16.7 (16.1-17.3)
• Long-acting reversible contraceptive method ^{§§}							987	24.4 (21.1-28.0)	1041	23.8 (20.6-27.3)	24.5 (23.9-25.2)
• Moderately effective contraceptive methods ^{§§}							987	25.7 (22.3-29.5)	1041	22.1 (19.0-25.6)	22.4 (21.8-23.1)
• Least effective contraceptive methods ^{§§}											
Oral Health											
• Teeth cleaned during pregnancy by a dentist or dental hygienist							1037	37.0 (33.3-40.9)	1082	31.4 (28.0-35.1)	40.0 (39.3-40.8)
Health Insurance Status One Month Before Pregnancy^{¶¶}											
• Private insurance							989	63.1 (59.3-66.7)	1052	59.4 (55.5-63.0)	61.8 (61.0-62.5)
• Medicaid							989	16.9 (14.3-19.8)	1052	19.9 (17.2-23.0)	23.5 (22.9-24.1)
• No insurance							989	20.0 (17.1-23.3)	1052	20.7 (17.7-24.1)	14.0 (13.4-14.5)
Health Insurance Status for Prenatal Care^{¶¶}											
• Private insurance							968	56.6 (52.7-60.5)	1034	55.3 (51.4-59.1)	59.6 (58.8-60.3)
• Medicaid							968	38.6 (34.9-42.5)	1034	41.8 (38.1-45.7)	36.6 (35.8-37.3)
• No insurance							968	4.8 (3.3-6.9)	1034	2.9 (1.8-4.6)	2.8 (2.5-3.1)
Health Insurance Status Postpartum^{++¶¶}											
• Private insurance							1007	53.5 (49.6-57.3)	1059	49.4 (45.5-53.2)	56.4 (55.6-57.2)
• Medicaid							1007	25.0 (22.0-28.2)	1059	41.5 (37.8-45.2)	35.4 (34.7-36.1)
• No insurance							1007	21.6 (18.5-25.0)	1059	9.2 (7.1-11.8)	7.2 (6.8-7.7)
Infant Sleep Practices											
• Baby most often laid on back to sleep							978	74.3 (70.8-77.5)	1023	70.1 (66.5-73.4)	79.5 (78.9-80.2)
Breastfeeding Practices											
• Ever breastfed							986	89.8 (87.2-91.9)	1027	88.6 (85.9-90.8)	87.9 (87.3-88.4)
• Any breastfeeding at 8 weeks							977	68.8 (65.1-72.3)	1022	65.2 (61.4-68.8)	68.5 (67.8-69.3)

◊ Did not meet the required 55% response rate threshold in 2016.

ˆ Did not meet the required 55% response rate threshold in 2017.

^ Did not meet the required 50% response rate threshold in 2018.

|| PRAMS sites aggregated for 2020: Alabama, Alaska, Arizona, Arkansas, Colorado, Connecticut, Delaware, District of Columbia, Florida, Georgia, Hawaii, Illinois, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, North Dakota, Oregon, Pennsylvania, Puerto Rico, South Dakota, Tennessee, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming that met the required 50% response rate threshold for inclusion.

Unweighted sample size.

¶ Weighted percentage (95% confidence interval [CI]).

ˆ Defined as being pushed, hit, slapped, kicked, choked, or physically hurt in any way by a husband or partner and/or by an ex-husband or ex-partner. In 2016 (Phase 8 questionnaire), the question response options were expanded to include “my ex-husband or ex-partner” in addition to “my husband or partner.”

** Defined as “always” or “often” feeling down, depressed, or hopeless or having little interest or little pleasure in doing things she usually enjoyed since delivery.

++ Postpartum defined as the time the PRAMS survey was completed.

§§ Defined as using any kind of birth control postpartum (female or male sterilization, intrauterine device (IUD), contraceptive implant, birth control pills, shots or injections, contraceptive patch, vaginal ring, condoms, rhythm method or natural family planning, withdrawal).

§§ Long-acting reversible contraception (LARC) methods include IUD or contraceptive implant. Moderately effective methods include birth control pills, shots or injections (e.g., Depo-Provera), contraceptive patch, and vaginal ring. Least effective methods include condom, rhythm method or natural family planning, and withdrawal. Women who selected the “other” write-in option were excluded from the analysis.

¶¶ Insurance coded as Medicaid (Medicaid or state-named Medicaid program), Private (private only, any other insurance in combination with private, or TRICARE or other military insurance), or No insurance (no insurance or Indian Health Service (IHS) only; in Alaska, coverage by the Alaska Tribal Health System was part of the IHS response option). Other state-specific government plans or programs, such as the Children’s Health Insurance Program (CHIP) or State Children’s Health Insurance Program (SCHIP), were excluded from estimates.