



## Prevalence of Selected Maternal and Child Health Indicators\* for Virginia, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 <sup>¶</sup>
	n <sup>†</sup>	% <sup>§</sup> (95% CI) <sup>‡</sup>	n <sup>†</sup>	% <sup>§</sup> (95% CI) <sup>‡</sup>	n <sup>†</sup>	% <sup>§</sup> (95% CI) <sup>‡</sup>	n <sup>†</sup>	% <sup>§</sup> (95% CI) <sup>‡</sup>	% <sup>§</sup>
<b>Nutrition and Exercise</b>									
- Multivitamin use $\geq$ 4 days a week during the month before pregnancy							713	39.5 (35.0-44.1)	38.7
- Dieting during the 12 months before pregnancy							712	30.8 (26.7-35.3)	30.1
- Exercising $\geq$ 3 days a week during the 12 months before pregnancy							710	46.0 (41.3-50.7)	47.3
<b>Pre-pregnancy Weight</b>									
- Underweight (BMI<18.5)							679	3.2 (1.9-5.4)	3.9
- Overweight (BMI 25-29.9)							679	25.1 (21.2-29.5)	24.3
- Obese (BMI $\geq$ 30)							679	20.9 (17.3-25.2)	24.1
<b>Substance Use</b>									
- Any cigarette smoking during the 3 months before pregnancy							705	17.7 (14.3-21.6)	19.4
- Any cigarette smoking during the last 3 months of pregnancy							705	6.2 (4.3-8.9)	8.8
- Any cigarette smoking postpartum							704	9.0 (6.6-12.1)	12.6
- Any alcohol use during the 3 months before pregnancy							704	56.8 (52.0-61.4)	55.3
- Any alcohol use during the last 3 months of pregnancy							705	9.3 (7.0-12.3)	8.0
<b>Intimate Partner Violence (IPV)</b>									
- Experienced IPV during the 12 months before pregnancy							708	1.8 (0.9-3.7)	2.3
- Experienced IPV during pregnancy							708	2.3 (1.2-4.3)	2.1
<b>Depression</b>									
- Told by a provider had depression before pregnancy <sup>#</sup>							702	8.0 (5.8-10.9)	10.5
- Self-reported postpartum depressive symptoms							697	11.7 (9.0-15.2)	12.8
<b>Pregnancy Intention and Family Planning</b>									
- Mistimed/unwanted pregnancy							590	33.9 (29.2-39.0)	34.2
- Unsure about pregnancy							707	15.1 (12.0-18.8)	15.4
- Postpartum contraceptive use							701	78.7 (74.6-82.3)	78.4

Health Care Services			
- Talked to provider about improving health before pregnancy <sup>#</sup>	711	20.1 (16.6-24.0)	22.8
- Began prenatal care in 1st trimester	705	84.6 (80.8-87.8)	83.0
- Took childbirth class <sup>#</sup>	709	25.7 (21.8-30.1)	21.6
- Had home visitor during pregnancy <sup>#</sup>	710	7.0 (5.0-9.9)	6.9
- Had flu shot before or during pregnancy	703	58.1 (53.3-62.7)	57.3
- Had maternal postpartum checkup	701	91.1 (87.9-93.5)	89.7
Oral Health			
- Teeth cleaned during 12 months before pregnancy	712	57.3 (52.6-61.9)	56.3
- Teeth cleaned during pregnancy	703	46.5 (41.8-51.2)	48.3
- Had dental insurance during pregnancy <sup>#</sup>	688	67.4 (62.7-71.8)	72.6
Pre-pregnancy Health Insurance <sup>‡</sup> Status			
- Private insurance	669	65.2 (60.4-69.8)	58.5
- Medicaid	669	12.0 (9.1-15.6)	21.8
- No insurance	669	22.0 (18.2-26.5)	18.7
Health Insurance <sup>‡</sup> Status During Pregnancy			
- Private insurance	662	65.1 (60.2-69.7)	57.0
- Medicaid	662	25.2 (21.1-29.8)	38.4
- No insurance	705	7.5 (5.2-10.6)	2.9
Health Insurance Status Postpartum			
- Private insurance	670	62.9 (58.0-67.6)	55.2
- Medicaid	670	17.0 (13.6-21.0)	29.1
- No insurance	709	17.0 (13.6-21.0)	14.2
Infant Sleep Practices			
- Baby most often laid on back to sleep	671	78.0 (73.8-81.8)	78.4
Breastfeeding Practices			
- Ever breastfed	679	89.1 (85.7-91.8)	87.1
- Any breastfeeding at 8 weeks	670	71.7 (67.1-75.8)	65.6

\* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

† Unweighted sample size

§ Weighted percent

¥ 95% Confidence Interval

¶ PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

# Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

‡ Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).