Prevalence of Selected Maternal and Child Health Indicators* for Texas, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

| Health Indicator*                                      | 2012      | 2013      | 2014      | 2015      | Overall 2015%
|--------------------------------------------------------|-----------|-----------|-----------|-----------|----------------------
| Nutrition and Exercise                                  |           |           |           |           |                      |
| - Multivitamin use > 4 days a week during the month before pregnancy | 1317      | 30.1 (27.2-33.2) |
| - Dieting during the 12 months before pregnancy         | 1320      | 30.2 (27.2-33.4) |
| - Exercising > 3 days a week during the 12 months before pregnancy | 1319      | 45.5 (42.2-48.9) |
| Pre-pregnancy Weight                                    |           |           |           |           |                      |
| - Underweight (BMI<18.5)                                | 1267      | 4.1 (2.9-5.7)  |
| - Overweight (BMI 25-29.9)                              | 1267      | 26.2 (23.3-29.4) |
| - Obese (BMI ≥30)                                       | 1267      | 26.6 (23.6-29.8) |
| Substance Use                                           |           |           |           |           |                      |
| - Any cigarette smoking during the 3 months before pregnancy | 1307      | 15.0 (12.8-17.5) |
| - Any cigarette smoking during the last 3 months of pregnancy | 1306      | 5.1 (3.9-6.7)   |
| - Any cigarette smoking postpartum                      | 1307      | 9.0 (7.3-11.1)  |
| - Any alcohol use during the 3 months before pregnancy  | 1305      | 48.1 (44.8-51.4) |
| - Any alcohol use during the last 3 months of pregnancy | 1306      | 7.7 (6.1-9.5)   |
| Intimate Partner Violence (IPV)                         |           |           |           |           |                      |
| - Experienced IPV during the 12 months before pregnancy | 1262      | 1.3 (0.8-2.4)   |
| - Experienced IPV during pregnancy                       | 1262      | 1.8 (1.1-3.0)   |
| Depression                                              |           |           |           |           |                      |
| - Told by a provider had depression before pregnancy#    | 1311      | 7.9 (6.4-9.8)   |
| - Self-reported postpartum depressive symptoms           | 1297      | 14.7 (12.5-17.3) |
| Pregnancy Intention and Family Planning                 |           |           |           |           |                      |
| - Mistimed/unwanted pregnancy                           | 1098      | 40.5 (37.0-44.2) |
| - Unsure about pregnancy                                | 1315      | 14.5 (12.3-17.1) |
| - Postpartum contraceptive use                          | 1294      | 78.4 (75.5-81.1) |
### Health Care Services

- Talked to provider about improving health before pregnancy
  - 1321 20.7 (18.2-23.6) 22.8
- Began prenatal care in 1st trimester
  - 1302 71.6 (68.3-74.6) 83.0
- Took childbirth class
  - 1309 21.4 (18.7-24.3) 21.6
- Had home visitor during pregnancy
  - 1308 4.1 (3.0-5.8) 6.9
- Had flu shot before or during pregnancy
  - 1284 55.4 (52.0-58.8) 57.3
- Had maternal postpartum checkup
  - 1299 86.1 (83.4-88.4) 89.7

### Oral Health

- Teeth cleaned during 12 months before pregnancy
  - 1318 43.9 (40.6-47.2) 56.3
- Teeth cleaned during pregnancy
  - 1309 37.7 (34.5-41.0) 48.3
- Had dental insurance during pregnancy
  - 1294 57.7 (54.4-61.0) 72.6

### Pre-pregnancy Health Insurance Status

- Private insurance
  - 1262 51.5 (48.3-54.8) 58.5
- Medicaid
  - 1262 12.2 (10.1-14.7) 21.8
- No insurance
  - 1262 36.3 (33.0-39.6) 18.7

### Health Insurance Status During Pregnancy

- Private insurance
  - 1197 50.4 (47.1-53.8) 57.0
- Medicaid
  - 1197 47.3 (43.9-50.7) 38.4
- No insurance
  - 1305 2.5 (1.6-3.8) 2.9

### Health Insurance Status Postpartum

- Private insurance
  - 1256 47.8 (44.6-51.1) 55.2
- Medicaid
  - 1256 13.9 (11.6-16.6) 29.1
- No insurance
  - 1299 36.5 (33.3-39.8) 14.2

### Infant Sleep Practices

- Baby most often laid on back to sleep
  - 1253 71.2 (68.0-74.3) 78.4

### Breastfeeding Practices

- Ever breastfed
  - 1275 88.3 (85.6-90.5) 87.1
- Any breastfeeding at 8 weeks
  - 1267 63.9 (60.4-67.1) 65.6

* Indicators and definitions available in PRAMStat (http://www.cdc.gov/prams/pramstat/index.html) unless otherwise indicated.

† Unweighted sample size

§ Weighted percent

¥ 95% Confidence Interval


# Indicators is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

‡ Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).