

Prevalence of Selected Maternal and Child Health Indicators* for all PRAMS sites, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 [¶]
	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	% [§]
Nutrition and Exercise									
- Multivitamin use \geq 4 days a week during the month before pregnancy	32924	39.4 (38.6-40.2)	38676	40.0 (39.2-40.8)	33362	39.6 (38.9-40.4)	41000	38.7 (38.0-39.5)	38.7
- Dieting during the 12 months before pregnancy	33183	29.0 (28.3-29.8)	38847	29.4 (28.7-30.1)	33541	29.9 (29.2-30.6)	41173	30.1 (29.3-30.8)	30.1
- Exercising \geq 3 days a week during the 12 months before pregnancy	33185	46.2 (45.4-47.1)	38835	47.7 (46.9-48.5)	33536	47.2 (46.4-48.0)	41199	47.3 (46.4-48.1)	47.3
Pre-pregnancy Weight									
- Underweight (BMI<18.5)	31891	4.1 (3.8-4.5)	37372	3.8 (3.5-4.1)	32185	4.2 (3.8-4.5)	39661	3.9 (3.6-4.3)	3.9
- Overweight (BMI 25-29.9)	31891	24.0 (23.3-24.8)	37372	24.6 (24.0-25.4)	32185	24.7 (24.0-25.4)	39661	24.3 (23.5-25.0)	24.3
- Obese (BMI \geq 30)	31891	21.4 (20.7-22.1)	37372	22.0 (21.4-22.7)	32185	22.1 (21.5-22.8)	39661	24.1 (23.3-24.8)	24.1
Substance Use									
- Any cigarette smoking during the 3 months before pregnancy	32753	22.3 (21.6-23.0)	38519	21.3 (20.7-22.0)	33189	21.1 (20.4-21.8)	40728	19.4 (18.7-20.0)	19.4
- Any cigarette smoking during the last 3 months of pregnancy	32752	10.5 (10.0-11.1)	38513	10.1 (9.6-10.6)	33204	9.9 (9.4-10.5)	40750	8.8 (8.4-9.3)	8.8
- Any cigarette smoking postpartum	32733	15.4 (14.8-16.0)	38534	14.2 (13.7-14.8)	33216	13.9 (13.3-14.5)	40747	12.6 (12.1-13.2)	12.6
- Any alcohol use during the 3 months before pregnancy	32748	55.5 (54.7-56.3)	38489	55.8 (55.1-56.6)	33169	55.7 (54.9-56.4)	40667	55.3 (54.5-56.1)	55.3
- Any alcohol use during the last 3 months of pregnancy	32802	7.4 (7.0-7.8)	38542	8.0 (7.6-8.4)	33254	7.9 (7.5-8.4)	40759	8.0 (7.5-8.4)	8.0
Intimate Partner Violence (IPV)									
- Experienced IPV during the 12 months before pregnancy	32772	3.0 (2.7-3.3)	38487	2.6 (2.3-2.8)	33284	2.3 (2.0-2.5)	40711	2.3 (2.1-2.5)	2.3
- Experienced IPV during pregnancy	32756	2.5 (2.2-2.8)	38485	2.2 (2.0-2.5)	33285	2.0 (1.8-2.3)	40694	2.1 (1.9-2.4)	2.1
Depression									
- Told by a provider had depression before pregnancy [#]	32709	9.8 (9.4-10.3)	38369	10.4 (9.9-10.9)	33103	10.2 (9.7-10.7)	40713	10.5 (10.0-11.0)	10.5
- Self-reported postpartum depressive symptoms	32649	11.8 (11.3-12.3)	38380	11.7 (11.2-12.2)	33036	11.9 (11.4-12.5)	40522	12.8 (12.2-13.4)	12.8
Pregnancy Intention and Family Planning									
- Mistimed/unwanted pregnancy	27785	35.6 (34.8-36.5)	32384	34.0 (33.2-34.8)	27778	33.1 (32.3-34.0)	33940	34.2 (33.3-35.1)	34.2
- Unsure about pregnancy	32625	13.6 (13.1-14.2)	38331	14.1 (13.6-14.7)	33035	14.9 (14.4-15.5)	40644	15.4 (14.8-16.0)	15.4
- Postpartum contraceptive use	32654	80.5 (79.8-81.1)	38417	79.7 (79.1-80.4)	33115	78.4 (77.8-79.1)	40641	78.4 (77.7-79.1)	78.4

Health Care Services									
- Talked to provider about improving health before pregnancy [#]	32836	22.8 (22.2-23.5)	38643	22.7 (22.1-23.3)	33345	23.3 (22.7-24.0)	40971	22.8 (22.1-23.5)	22.8
- Began prenatal care in 1st trimester	32470	85.3 (84.7-85.8)	38138	85.5 (85.0-86.1)	32891	85.6 (85.0-86.1)	40388	83.0 (82.3-83.7)	83.0
- Took childbirth class [#]	32904	23.1 (22.4-23.8)	38594	22.8 (22.1-23.4)	33261	21.5 (20.9-22.2)	40825	21.6 (20.9-22.2)	21.6
- Had home visitor during pregnancy [#]	32920	7.4 (7.0-7.8)	38610	8.2 (7.8-8.6)	33286	7.4 (7.0-7.8)	40891	6.9 (6.5-7.3)	6.9
- Had flu shot before or during pregnancy	32287	47.3 (46.5-48.2)	37907	55.2 (54.4-56.0)	32604	56.0 (55.2-56.8)	40069	57.3 (56.4-58.1)	57.3
- Had maternal postpartum checkup	32820	90.7 (90.2-91.2)	38536	90.5 (90.0-91.0)	33282	90.9 (90.4-91.4)	40778	89.7 (89.2-90.3)	89.7
Oral Health									
- Teeth cleaned during 12 months before pregnancy	33184	57.2 (56.4-58.0)	38848	58.5 (57.8-59.3)	33537	59.4 (58.6-60.2)	41178	56.3 (55.5-57.1)	56.3
- Teeth cleaned during pregnancy	32778	50.4 (49.6-51.2)	38442	51.3 (50.5-52.1)	33104	50.9 (50.1-51.7)	40727	48.3 (47.5-49.2)	48.3
- Had dental insurance during pregnancy [#]	32524	72.8 (72.1-73.5)	38107	73.7 (73.1-74.4)	32807	75.4 (74.7-76.1)	40326	72.6 (71.8-73.4)	72.6
Pre-pregnancy Health Insurance [‡] Status									
- Private insurance	32027	58.7 (57.8-59.5)	37657	59.0 (58.2-59.8)	32548	59.5 (58.8-60.3)	39750	58.5 (57.7-59.4)	58.5
- Medicaid	32027	19.7 (19.1-20.4)	37657	19.7 (19.1-20.4)	32548	21.5 (20.8-22.2)	39750	21.8 (21.1-22.4)	21.8
- No insurance	32027	19.9 (19.2-20.6)	37657	19.6 (19.0-20.2)	32548	17.6 (17.0-18.2)	39750	18.7 (18.0-19.5)	18.7
Health Insurance [‡] Status During Pregnancy									
- Private insurance	31851	56.6 (55.8-57.4)	37247	57.3 (56.5-58.1)	32080	57.7 (56.9-58.5)	39367	57.0 (56.2-57.8)	57.0
- Medicaid	31851	38.1 (37.3-38.9)	37247	38.2 (37.4-38.9)	32080	37.7 (36.9-38.5)	39367	39.2 (38.4-40.0)	38.4
- No insurance	32963	3.8 (3.5-4.2)	38642	3.2 (2.9-3.5)	33338	3.5 (3.2-3.8)	40968	2.9 (2.6-3.2)	2.9
Health Insurance Status Postpartum									
- Private insurance	31948	55.1 (54.3-55.9)	37555	56.1 (55.3-56.9)	32400	56.7 (55.9-57.5)	39579	55.2 (54.3-56.0)	55.2
- Medicaid	31948	27.1 (26.4-27.8)	37555	27.1 (26.4-27.8)	32400	31.0 (30.2-31.8)	39579	29.1 (28.4-29.8)	29.1
- No insurance	32974	15.5 (14.9-16.1)	38737	14.5 (13.9-15.0)	33421	10.7 (10.2-11.1)	40952	14.2 (13.5-14.8)	14.2
Infant Sleep Practices									
- Baby most often laid on back to sleep	31863	74.9 (74.2-75.6)	37421	75.7 (75.1-76.4)	32252	77.4 (76.7-78.0)	39573	78.4 (77.7-79.1)	78.4
Breastfeeding Practices									
- Ever breastfed	32125	83.4 (82.8-84.0)	37831	84.8 (84.2-85.4)	32572	86.5 (85.9-87.0)	40011	87.1 (86.4-87.6)	87.1
- Any breastfeeding at 8 weeks	31850	61.7 (60.9-62.5)	37510	63.7 (63.0-64.5)	32317	65.0 (64.2-65.7)	39695	65.6 (64.8-66.4)	65.6

* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

† Unweighted sample size

§ Weighted percent

¥ 95% Confidence Interval

§ PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

‡ Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option)