



Prevalence of Selected Maternal and Child Health Indicators* for Oregon, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 [¶]
	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	% [§]
Nutrition and Exercise									
- Multivitamin use \geq 4 days a week during the month before pregnancy	762	45.6 (40.6-50.7)	1517	41.5 (38.0-45.1)	1439	43.3 (39.5-47.1)	1439	43.3 (39.5-47.1)	38.7
- Dieting during the 12 months before pregnancy	769	33.6 (29.0-38.7)	1533	30.0 (26.8-33.5)	1457	30.1 (26.7-33.8)	1457	30.1 (26.7-33.8)	30.1
- Exercising \geq 3 days a week during the 12 months before pregnancy	768	57.2 (52.2-62.1)	1526	60.5 (56.9-63.9)	1459	55.9 (52.0-59.6)	1459	55.9 (52.0-59.6)	47.3
Pre-pregnancy Weight									
- Underweight (BMI<18.5)	740	3.8 (2.2-6.3)	1470	3.7 (2.5-5.6)	1408	2.6 (1.6-4.2)	1408	2.6 (1.6-4.2)	3.9
- Overweight (BMI 25-29.9)	740	21.7 (17.8-26.2)	1470	24.7 (21.7-27.9)	1408	24.2 (21.0-27.7)	1408	24.2 (21.0-27.7)	24.3
- Obese (BMI \geq 30)	740	21.1 (17.2-25.6)	1470	21.0 (18.2-24.2)	1408	24.4 (21.2-27.9)	1408	24.4 (21.2-27.9)	24.1
Substance Use									
- Any cigarette smoking during the 3 months before pregnancy	748	21.5 (17.4-26.3)	1495	22.2 (19.1-25.6)	1416	17.9 (14.9-21.3)	1416	17.9 (14.9-21.3)	19.4
- Any cigarette smoking during the last 3 months of pregnancy	750	8.4 (5.8-12.1)	1496	9.7 (7.5-12.5)	1416	8.7 (6.5-11.5)	1416	8.7 (6.5-11.5)	8.8
- Any cigarette smoking postpartum	749	13.6 (10.2-17.9)	1496	13.5 (11.0-16.5)	1415	11.0 (8.6-14.1)	1415	11.0 (8.6-14.1)	12.6
- Any alcohol use during the 3 months before pregnancy	746	63.6 (58.9-68.0)	1491	63.1 (59.8-66.4)	1418	60.5 (56.9-64.0)	1418	60.5 (56.9-64.0)	55.3
- Any alcohol use during the last 3 months of pregnancy	745	8.1 (5.6-11.5)	1495	10.1 (8.0-12.7)	1419	11.6 (9.2-14.5)	1419	11.6 (9.2-14.5)	8.0
Intimate Partner Violence (IPV)									
- Experienced IPV during the 12 months before pregnancy	708	3.1 (1.6-5.6)	1417	1.4 (0.7-2.7)	1373	1.0 (0.5-1.8)	1373	1.0 (0.5-1.8)	2.3
- Experienced IPV during pregnancy	710	2.4 (1.2-4.8)	1417	1.7 (1.0-3.1)	1374	1.7 (0.9-2.9)	1374	1.7 (0.9-2.9)	2.1
Depression									
- Told by a provider had depression before pregnancy [#]	755	9.0 (6.4-12.5)	1494	12.7 (10.2-15.5)	1431	10.4 (8.2-13.1)	1431	10.4 (8.2-13.1)	10.5
- Self-reported postpartum depressive symptoms	750	9.5 (7.0-12.8)	1483	11.8 (9.6-14.3)	1419	9.7 (7.7-12.1)	1419	9.7 (7.7-12.1)	12.8
Pregnancy Intention and Family Planning									
- Mistimed/unwanted pregnancy	657	28.5 (23.9-33.6)	1255	30.9 (27.4-34.8)	1204	29.1 (25.4-33.0)	1204	29.1 (25.4-33.0)	34.2
- Unsure about pregnancy	752	12.5 (9.4-16.4)	1486	15.2 (12.7-18.1)	1430	13.8 (11.4-16.6)	1430	13.8 (11.4-16.6)	15.4
- Postpartum contraceptive use	752	82.8 (78.7-86.3)	1490	84.3 (81.6-86.7)	1424	85.1 (82.2-87.6)	1424	85.1 (82.2-87.6)	78.4

Health Care Services							
- Talked to provider about improving health before pregnancy [#]	761	29.7 (25.3-34.6)	1519	20.7 (18.0-23.7)	1439	24.0 (20.9-27.3)	22.8
- Began prenatal care in 1st trimester	751	87.0 (83.3-90.0)	1476	84.4 (81.6-86.9)	1422	84.6 (81.8-87.0)	83.0
- Took childbirth class [#]	749	32.0 (27.5-36.9)	1502	31.2 (27.9-34.7)	1420	27.6 (24.3-31.2)	21.6
- Had home visitor during pregnancy [#]	750	6.7 (4.8-9.4)	1499	8.8 (7.0-11.2)	1421	6.4 (4.8-8.5)	6.9
- Had flu shot before or during pregnancy	732	54.2 (48.9-59.3)	1467	59.3 (55.5-62.9)	1409	63.4 (59.5-67.1)	57.3
- Had maternal postpartum checkup	749	92.1 (89.1-94.2)	1493	91.5 (89.4-93.3)	1431	91.2 (88.9-93.0)	89.7
Oral Health							
- Teeth cleaned during 12 months before pregnancy	766	57.8 (52.7-62.7)	1532	58.3 (54.7-61.9)	1457	59.3 (55.5-62.9)	56.3
- Teeth cleaned during pregnancy	756	56.1 (51.0-61.1)	1500	57.0 (53.3-60.5)	1440	53.5 (49.6-57.3)	48.3
- Had dental insurance during pregnancy [#]	746	86.5 (83.1-89.4)	1491	83.9 (81.2-86.3)	1435	86.4 (83.7-88.7)	72.6
Pre-pregnancy Health Insurance [‡] Status							
- Private insurance	750	60.6 (55.6-65.3)	1489	59.9 (56.3-63.3)	1392	56.5 (52.6-60.2)	58.5
- Medicaid	750	16.2 (12.9-20.0)	1489	18.8 (16.2-21.8)	1392	31.5 (28.0-35.3)	21.8
- No insurance	750	23.3 (19.3-27.8)	1489	21.3 (18.6-24.3)	1392	12.0 (9.9-14.5)	18.7
Health Insurance [‡] Status During Pregnancy							
- Private insurance	724	60.4 (55.5-65.2)	1456	57.2 (53.5-60.7)	1385	55.2 (51.3-59.0)	57.0
- Medicaid	724	37.8 (33.1-42.8)	1456	40.5 (37.0-44.1)	1385	43.6 (39.8-47.5)	38.4
- No insurance	754	3.4 (2.0-5.6)	1510	2.8 (2.0-4.1)	1445	1.6 (1.0-2.6)	2.9
Health Insurance Status Postpartum							
- Private insurance	742	56.0 (51.0-60.9)	1462	54.6 (51.0-58.2)	1396	51.8 (47.9-55.6)	55.2
- Medicaid	742	26.9 (22.6-31.6)	1462	29.0 (25.7-32.4)	1396	42.7 (38.9-46.6)	29.1
- No insurance	755	17.0 (13.7-20.9)	1497	16.0 (13.6-18.8)	1436	5.4 (4.2-7.0)	14.2
Infant Sleep Practices							
- Baby most often laid on back to sleep	745	82.5 (78.3-86.0)	1479	83.0 (80.2-85.6)	1407	82.1 (78.8-84.9)	78.4
Breastfeeding Practices							
- Ever breastfed	744	96.1 (93.6-97.6)	1493	96.1 (94.3-97.3)	1420	96.5 (94.7-97.7)	87.1
- Any breastfeeding at 8 weeks	743	82.2 (78.0-85.8)	1481	80.1 (76.9-83.0)	1414	82.5 (79.2-85.3)	65.6

* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

† Unweighted sample size

§ Weighted percent

¥ 95% Confidence Interval

¶ PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

‡ Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).