



Prevalence of Selected Maternal and Child Health Indicators* for Oklahoma, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 [¶]
	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	% [§]
Nutrition and Exercise									
- Multivitamin use \geq 4 days a week during the month before pregnancy	1833	33.4 (29.8-37.1)	1888	37.1 (33.4-41.0)	1854	32.2 (28.6-36.0)	1940	37.3 (33.7-41.1)	38.7
- Dieting during the 12 months before pregnancy	1832	32.5 (28.9-36.2)	1878	30.4 (26.9-34.1)	1857	33.1 (29.5-37.0)	1945	34.0 (30.5-37.7)	30.1
- Exercising \geq 3 days a week during the 12 months before pregnancy	1831	45.4 (41.5-49.4)	1879	48.2 (44.2-52.1)	1856	49.1 (45.1-53.2)	1947	50.8 (47.0-54.6)	47.3
Pre-pregnancy Weight									
- Underweight (BMI<18.5)	1795	5.3 (3.8-7.5)	1818	4.4 (2.9-6.5)	1807	4.2 (2.8-6.3)	1899	3.7 (2.5-5.5)	3.9
- Overweight (BMI 25-29.9)	1795	24.6 (21.3-28.2)	1818	25.6 (22.3-29.3)	1807	24.6 (21.3-28.3)	1899	26.5 (23.2-30.0)	24.3
- Obese (BMI \geq 30)	1795	22.9 (19.8-26.4)	1818	21.2 (18.1-24.6)	1807	24.2 (20.9-27.7)	1899	26.8 (23.6-30.3)	24.1
Substance Use									
- Any cigarette smoking during the 3 months before pregnancy	1835	28.6 (25.1-32.5)	1872	28.4 (24.9-32.2)	1843	28.8 (25.2-32.8)	1935	27.3 (23.9-30.8)	19.4
- Any cigarette smoking during the last 3 months of pregnancy	1834	12.0 (9.6-14.9)	1872	13.1 (10.5-16.1)	1842	14.8 (12.0-18.0)	1934	13.7 (11.2-16.6)	8.8
- Any cigarette smoking postpartum	1834	20.7 (17.6-24.3)	1871	18.8 (15.8-22.3)	1844	21.7 (18.4-25.5)	1937	20.2 (17.2-23.5)	12.6
- Any alcohol use during the 3 months before pregnancy	1830	54.1 (50.0-58.0)	1873	52.2 (48.2-56.1)	1840	56.8 (52.7-60.8)	1933	52.5 (48.7-56.3)	55.3
- Any alcohol use during the last 3 months of pregnancy	1829	5.6 (4.1-7.7)	1874	3.9 (2.7-5.7)	1844	7.0 (5.2-9.4)	1936	5.0 (3.6-6.9)	8.0
Intimate Partner Violence (IPV)									
- Experienced IPV during the 12 months before pregnancy	1836	2.7 (1.7-4.3)	1877	4.1 (2.8-5.9)	1848	3.7 (2.3-5.9)	1943	3.7 (2.5-5.5)	2.3
- Experienced IPV during pregnancy	1836	2.3 (1.3-3.9)	1877	3.4 (2.2-5.3)	1848	2.4 (1.4-4.4)	1942	2.3 (1.4-3.8)	2.1
Depression									
- Told by a provider had depression before pregnancy [#]	1825	10.8 (8.5-13.6)	1872	14.5 (11.9-17.6)	1826	10.6 (8.3-13.4)	1912	13.1 (10.8-15.9)	10.5
- Self-reported postpartum depressive symptoms	1834	14.9 (12.3-18.0)	1864	15.9 (13.2-19.1)	1843	16.4 (13.5-19.9)	1943	16.1 (13.5-19.0)	12.8
Pregnancy Intention and Family Planning									
- Mistimed/unwanted pregnancy	1552	42.7 (38.4-47.1)	1571	39.4 (35.2-43.8)	1538	40.8 (36.5-45.3)	1593	38.0 (34.0-42.2)	34.2
- Unsure about pregnancy	1820	15.0 (12.4-18.2)	1881	18.9 (15.9-22.3)	1843	18.0 (14.9-21.4)	1934	17.0 (14.3-20.1)	15.4
- Postpartum contraceptive use	1823	82.1 (78.9-84.9)	1867	83.4 (80.4-86.1)	1849	77.0 (73.3-80.3)	1946	81.4 (78.3-84.2)	78.4

Health Care Services									
- Talked to provider about improving health before pregnancy [#]	1830	18.2 (15.4-21.5)	1889	19.9 (17.0-23.2)	1852	18.9 (15.9-22.3)	1938	23.7 (20.6-27.1)	22.8
- Began prenatal care in 1st trimester	1819	80.0 (76.5-83.1)	1873	84.3 (81.1-87.1)	1825	82.1 (78.6-85.1)	1926	85.3 (82.3-87.9)	83.0
- Took childbirth class [#]	1834	21.9 (18.8-25.5)	1882	16.4 (13.8-19.4)	1855	20.7 (17.6-24.2)	1942	17.7 (14.9-20.8)	21.6
- Had home visitor during pregnancy [#]	1837	6.0 (4.3-8.4)	1881	4.9 (3.4-7.0)	1854	4.6 (3.1-6.7)	1942	4.2 (2.9-5.9)	6.9
- Had flu shot before or during pregnancy	1793	43.9 (39.9-47.9)	1861	51.9 (47.8-55.8)	1836	50.9 (46.8-55.0)	1919	53.0 (49.1-56.8)	57.3
- Had maternal postpartum checkup	1837	87.2 (84.2-89.6)	1871	86.4 (83.2-89.0)	1848	90.5 (87.8-92.7)	1948	87.3 (84.6-89.7)	89.7
Oral Health									
- Teeth cleaned during 12 months before pregnancy	1836	51.7 (47.6-55.6)	1880	51.1 (47.1-55.1)	1854	50.5 (46.5-54.6)	1947	51.5 (47.7-55.3)	56.3
- Teeth cleaned during pregnancy	1830	50.6 (46.6-54.6)	1870	48.9 (44.9-52.9)	1845	45.4 (41.5-49.5)	1938	41.3 (37.6-45.1)	48.3
- Had dental insurance during pregnancy [#]	1814	75.3 (71.6-78.6)	1851	75.2 (71.7-78.5)	1817	74.0 (70.2-77.5)	1920	63.7 (59.9-67.3)	72.6
Pre-pregnancy Health Insurance [‡] Status									
- Private insurance	1816	48.6 (44.6-52.6)	1860	48.9 (45.0-52.9)	1839	53.1 (49.0-57.2)	1919	54.5 (50.6-58.3)	58.5
- Medicaid	1816	15.0 (12.2-18.3)	1860	16.3 (13.4-19.8)	1839	12.6 (10.1-15.8)	1919	13.8 (11.4-16.7)	21.8
- No insurance	1816	32.9 (29.1-36.9)	1860	28.9 (25.4-32.7)	1839	29.5 (25.8-33.5)	1919	28.8 (25.4-32.5)	18.7
Health Insurance [‡] Status During Pregnancy									
- Private insurance	1797	44.7 (40.8-48.7)	1844	44.0 (40.1-48.0)	1813	47.3 (43.3-51.4)	1895	50.7 (46.9-54.6)	57.0
- Medicaid	1797	52.6 (48.6-56.6)	1844	53.6 (49.6-57.6)	1813	51.2 (47.1-55.3)	1895	46.9 (43.1-50.8)	38.4
- No insurance	1830	3.2 (2.1-4.9)	1873	2.5 (1.6-3.9)	1835	1.6 (0.9-2.9)	1930	2.5 (1.5-4.0)	2.9
Health Insurance Status Postpartum									
- Private insurance	1786	45.6 (41.6-49.6)	1849	46.5 (42.6-50.5)	1834	52.6 (48.5-56.7)	1925	52.3 (48.5-56.1)	55.2
- Medicaid	1786	17.7 (14.7-21.2)	1849	16.0 (13.2-19.4)	1834	14.2 (11.5-17.4)	1925	15.3 (12.8-18.3)	29.1
- No insurance	1841	30.5 (26.8-34.4)	1879	29.1 (25.6-33.0)	1858	28.9 (25.2-32.9)	1950	27.6 (24.3-31.2)	14.2
Infant Sleep Practices									
- Baby most often laid on back to sleep	1698	72.6 (68.8-76.1)	1749	67.8 (63.9-71.6)	1693	75.3 (71.6-78.8)	1805	81.2 (78.1-84.0)	78.4
Breastfeeding Practices									
- Ever breastfed	1732	85.7 (82.5-88.4)	1783	82.7 (79.3-85.7)	1734	85.0 (81.6-87.8)	1857	85.0 (81.9-87.6)	87.1
- Any breastfeeding at 8 weeks	1725	55.7 (51.6-59.7)	1773	53.2 (49.2-57.3)	1721	55.2 (51.0-59.2)	1842	57.8 (54.0-61.6)	65.6

* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

[†] Unweighted sample size

[§] Weighted percent

[¥] 95% Confidence Interval

[¶] PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

[#] Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

[‡] Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).