



Prevalence of Selected Maternal and Child Health Indicators* for Ohio, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 [¶]
	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	% [§]
Nutrition and Exercise									
- Multivitamin use \geq 4 days a week during the month before pregnancy	1632	38.6 (35.7-41.6)			1500	38.3 (35.3-41.4)	1343	39.3 (35.7-43.1)	38.7
- Dieting during the 12 months before pregnancy	1660	30.1 (27.4-32.9)			1511	31.4 (28.5-34.4)	1345	34.1 (30.6-37.8)	30.1
- Exercising \geq 3 days a week during the 12 months before pregnancy	1657	41.3 (38.4-44.3)			1512	43.1 (40.0-46.2)	1348	45.5 (41.7-49.3)	47.3
Pre-pregnancy Weight									
- Underweight (BMI<18.5)	1610	4.2 (3.2-5.5)			1468	4.3 (3.2-5.7)	1329	4.8 (3.4-6.9)	3.9
- Overweight (BMI 25-29.9)	1610	24.0 (21.5-26.7)			1468	25.3 (22.5-28.2)	1329	20.7 (17.8-24.0)	24.3
- Obese (BMI \geq 30)	1610	25.6 (22.9-28.4)			1468	23.8 (21.1-26.7)	1329	27.4 (24.0-31.0)	24.1
Substance Use									
- Any cigarette smoking during the 3 months before pregnancy	1636	31.6 (28.7-34.5)			1504	29.9 (26.9-33.1)	1341	26.6 (23.1-30.3)	19.4
- Any cigarette smoking during the last 3 months of pregnancy	1634	15.2 (13.0-17.6)			1507	16.8 (14.4-19.6)	1340	14.6 (11.9-17.9)	8.8
- Any cigarette smoking postpartum	1631	21.5 (19.0-24.2)			1503	20.3 (17.7-23.3)	1340	17.2 (14.3-20.6)	12.6
- Any alcohol use during the 3 months before pregnancy	1635	63.2 (60.1-66.1)			1496	64.0 (60.8-67.0)	1341	63.8 (60.0-67.5)	55.3
- Any alcohol use during the last 3 months of pregnancy	1634	6.0 (4.7-7.6)			1501	5.0 (3.9-6.4)	1340	6.4 (5.0-8.1)	8.0
Intimate Partner Violence (IPV)									
- Experienced IPV during the 12 months before pregnancy	1640	3.1 (2.1-4.5)			1506	1.6 (1.0-2.6)	1340	3.0 (1.9-4.7)	2.3
- Experienced IPV during pregnancy	1639	3.2 (2.2-4.5)			1505	1.4 (0.8-2.4)	1340	2.4 (1.4-4.0)	2.1
Depression									
- Told by a provider had depression before pregnancy [#]	1621	12.0 (10.1-14.1)			1489	10.1 (8.3-12.3)	1340	12.6 (10.2-15.5)	10.5
- Self-reported postpartum depressive symptoms	1629	13.2 (11.3-15.4)			1503	15.3 (13.0-18.0)	1338	16.1 (13.4-19.3)	12.8
Pregnancy Intention and Family Planning									
- Mistimed/unwanted pregnancy	1358	42.2 (38.9-45.6)			1275	42.2 (38.8-45.8)	1141	38.1 (34.1-42.3)	34.2
- Unsure about pregnancy	1613	16.8 (14.6-19.3)			1491	15.2 (13.0-17.7)	1344	16.2 (13.5-19.3)	15.4
- Postpartum contraceptive use	1627	79.7 (77.1-82.0)			1499	81.3 (78.7-83.7)	1335	76.8 (73.3-79.9)	78.4

Health Care Services							
- Talked to provider about improving health before pregnancy [#]	1629	21.4 (19.0-23.9)	1497	20.0 (17.7-22.5)	1337	19.1 (16.4-22.1)	22.8
- Began prenatal care in 1st trimester	1621	85.8 (83.5-87.8)	1495	85.3 (82.7-87.5)	1335	84.9 (81.8-87.6)	83.0
- Took childbirth class [#]	1643	21.4 (19.1-23.9)	1510	18.3 (16.0-20.8)	1342	19.0 (16.3-22.0)	21.6
- Had home visitor during pregnancy [#]	1643	5.4 (4.2-6.8)	1513	6.2 (4.8-7.8)	1345	5.7 (4.3-7.5)	6.9
- Had flu shot before or during pregnancy	1634	39.6 (36.8-42.6)	1499	48.2 (45.1-51.4)	1330	49.8 (46.0-53.6)	57.3
- Had maternal postpartum checkup	1630	90.9 (88.9-92.5)	1505	90.4 (88.2-92.2)	1341	89.6 (86.9-91.9)	89.7
Oral Health							
- Teeth cleaned during 12 months before pregnancy	1659	60.3 (57.3-63.2)	1510	60.0 (56.8-63.2)	1346	57.5 (53.7-61.3)	56.3
- Teeth cleaned during pregnancy	1640	49.9 (46.9-53.0)	1502	49.5 (46.3-52.7)	1337	49.5 (45.7-53.3)	48.3
- Had dental insurance during pregnancy [#]	1637	80.3 (77.7-82.7)	1496	83.4 (80.9-85.7)	1333	80.5 (77.2-83.4)	72.6
Pre-pregnancy Health Insurance [‡] Status							
- Private insurance	1605	59.4 (56.3-62.4)	1474	59.0 (55.7-62.2)	1322	59.7 (55.8-63.4)	58.5
- Medicaid	1605	24.3 (21.7-27.2)	1474	27.1 (24.2-30.3)	1322	29.4 (25.9-33.1)	21.8
- No insurance	1605	16.3 (14.1-18.7)	1474	13.9 (11.7-16.4)	1322	10.9 (8.7-13.7)	18.7
Health Insurance [‡] Status During Pregnancy							
- Private insurance	1596	57.5 (54.4-60.5)	1425	57.2 (53.9-60.5)	1299	58.0 (54.1-61.8)	57.0
- Medicaid	1596	38.1 (35.2-41.2)	1425	39.7 (36.5-43.1)	1299	37.9 (34.2-41.8)	38.4
- No insurance	1639	4.5 (3.4-6.0)	1495	4.5 (3.4-6.1)	1340	4.4 (3.0-6.5)	2.9
Health Insurance Status Postpartum							
- Private insurance	1610	56.5 (53.4-59.6)	1470	55.9 (52.6-59.1)	1314	55.9 (52.0-59.7)	55.2
- Medicaid	1610	36.3 (33.4-39.3)	1470	41.0 (37.8-44.3)	1314	39.8 (36.1-43.7)	29.1
- No insurance	1636	7.0 (5.6-8.8)	1510	3.0 (2.0-4.4)	1344	4.1 (2.8-6.1)	14.2
Infant Sleep Practices							
- Baby most often laid on back to sleep	1591	79.3 (76.7-81.7)	1470	81.7 (79.0-84.2)	1314	85.5 (82.7-87.9)	78.4
Breastfeeding Practices							
- Ever breastfed	1607	78.4 (75.7-80.9)	1477	80.4 (77.5-83.1)	1321	84.7 (81.6-87.4)	87.1
- Any breastfeeding at 8 weeks	1591	51.6 (48.5-54.7)	1460	57.2 (53.9-60.4)	1312	59.2 (55.2-63.0)	65.6

* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

[†] Unweighted sample size

[§] Weighted percent

[¥] 95% Confidence Interval

[¶] PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

[#] Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

[‡] Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).