



Prevalence of Selected Maternal and Child Health Indicators* for New York State, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 [¶]
	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	% [§]
Nutrition and Exercise									
- Multivitamin use \geq 4 days a week during the month before pregnancy			1221	44.0 (39.9-48.2)	915	44.8 (40.7-48.9)	949	41.6 (37.7-45.7)	38.7
- Dieting during the 12 months before pregnancy			1222	29.1 (25.5-33.0)	917	31.0 (27.3-35.0)	955	30.3 (26.7-34.2)	30.1
- Exercising \geq 3 days a week during the 12 months before pregnancy			1224	47.1 (43.0-51.3)	919	47.0 (42.9-51.1)	955	44.8 (40.8-48.9)	47.3
Pre-pregnancy Weight									
- Underweight (BMI<18.5)			1161	3.9 (2.5-5.8)	892	3.7 (2.4-5.6)	921	3.8 (2.4-5.8)	3.9
- Overweight (BMI 25-29.9)			1161	23.2 (19.8-26.9)	892	28.0 (24.4-31.9)	921	23.8 (20.4-27.5)	24.3
- Obese (BMI \geq 30)			1161	23.6 (20.1-27.5)	892	20.2 (17.1-23.9)	921	24.4 (20.9-28.2)	24.1
Substance Use									
- Any cigarette smoking during the 3 months before pregnancy			1220	20.7 (17.5-24.3)	916	22.9 (19.6-26.7)	947	23.6 (20.2-27.5)	19.4
- Any cigarette smoking during the last 3 months of pregnancy			1218	10.7 (8.3-13.6)	915	9.8 (7.6-12.6)	945	11.9 (9.4-15.0)	8.8
- Any cigarette smoking postpartum			1219	14.3 (11.6-17.6)	914	13.9 (11.2-17.1)	945	14.5 (11.7-17.9)	12.6
- Any alcohol use during the 3 months before pregnancy			1216	54.3 (50.1-58.4)	913	57.9 (53.7-61.9)	941	61.0 (56.9-65.0)	55.3
- Any alcohol use during the last 3 months of pregnancy			1216	7.6 (5.7-10.0)	912	9.3 (7.2-11.9)	941	6.0 (4.3-8.3)	8.0
Intimate Partner Violence (IPV)									
- Experienced IPV during the 12 months before pregnancy			1222	4.5 (3.0-6.8)	920	2.1 (1.2-3.8)	949	2.2 (1.2-3.9)	2.3
- Experienced IPV during pregnancy			1221	3.4 (2.1-5.4)	919	2.3 (1.3-4.0)	948	1.6 (0.8-3.0)	2.1
Depression									
- Told by a provider had depression before pregnancy [#]			1208	11.2 (8.8-14.1)	906	10.8 (8.4-13.8)	945	11.8 (9.4-14.8)	10.5
- Self-reported postpartum depressive symptoms			1206	11.8 (9.4-14.7)	901	10.5 (8.2-13.5)	934	13.1 (10.5-16.2)	12.8
Pregnancy Intention and Family Planning									
- Mistimed/unwanted pregnancy			1023	31.5 (27.4-35.8)	775	28.2 (24.2-32.5)	813	27.1 (23.2-31.3)	34.2
- Unsure about pregnancy			1212	12.0 (9.5-14.9)	904	15.0 (12.2-18.3)	940	15.0 (12.2-18.3)	15.4
- Postpartum contraceptive use			1206	72.9 (69.0-76.4)	901	74.6 (70.9-78.1)	945	79.3 (75.8-82.5)	78.4

Health Care Services							
- Talked to provider about improving health before pregnancy [#]	1223	23.1 (19.8-26.7)	917	29.2 (25.6-33.1)	951	25.9 (22.5-29.6)	22.8
- Began prenatal care in 1st trimester	1206	86.6 (83.4-89.2)	916	87.0 (83.8-89.6)	939	85.5 (82.1-88.3)	83.0
- Took childbirth class [#]	1211	21.7 (18.4-25.3)	905	20.3 (17.2-23.7)	948	21.0 (17.9-24.4)	21.6
- Had home visitor during pregnancy [#]	1211	8.0 (6.0-10.6)	909	5.9 (4.2-8.2)	944	5.9 (4.2-8.3)	6.9
- Had flu shot before or during pregnancy	1182	54.5 (50.3-58.7)	895	58.7 (54.5-62.7)	941	57.4 (53.3-61.5)	57.3
- Had maternal postpartum checkup	1217	90.6 (87.8-92.8)	910	90.2 (87.3-92.4)	943	90.2 (87.3-92.4)	89.7
Oral Health							
- Teeth cleaned during 12 months before pregnancy	1225	61.8 (57.7-65.8)	918	65.0 (61.0-68.9)	954	60.5 (56.4-64.5)	56.3
- Teeth cleaned during pregnancy	1208	57.1 (52.9-61.2)	914	57.7 (53.5-61.7)	938	52.9 (48.7-57.0)	48.3
- Had dental insurance during pregnancy [#]	1200	84.2 (80.9-87.0)	910	83.8 (80.6-86.6)	935	82.3 (78.9-85.3)	72.6
Pre-pregnancy Health Insurance [‡] Status							
- Private insurance	1159	59.7 (55.5-63.8)	902	60.0 (55.8-64.1)	916	60.2 (56.0-64.3)	58.5
- Medicaid	1159	22.1 (18.7-25.9)	902	23.1 (19.6-27.0)	916	26.5 (22.8-30.5)	21.8
- No insurance	1159	14.0 (11.3-17.4)	902	12.4 (9.8-15.5)	916	10.4 (8.0-13.5)	18.7
Health Insurance [‡] Status During Pregnancy							
- Private insurance	1130	58.1 (53.8-62.3)	873	60.2 (55.9-64.3)	903	59.7 (55.4-63.8)	57.0
- Medicaid	1130	36.2 (32.1-40.4)	873	34.1 (30.1-38.3)	903	36.5 (32.5-40.8)	38.4
- No insurance	1216	2.4 (1.4-4.0)	912	2.9 (1.7-4.7)	952	2.1 (1.2-3.8)	2.9
Health Insurance Status Postpartum							
- Private insurance	1144	55.4 (51.1-59.6)	895	56.4 (52.1-60.5)	907	57.4 (53.1-61.6)	55.2
- Medicaid	1144	30.9 (27.0-35.1)	895	33.5 (29.6-37.7)	907	33.7 (29.8-38.0)	29.1
- No insurance	1224	7.4 (5.5-10.0)	921	5.4 (3.8-7.7)	956	5.2 (3.6-7.5)	14.2
Infant Sleep Practices							
- Baby most often laid on back to sleep	1166	68.9 (64.7-72.7)	872	76.2 (72.4-79.6)	895	79.1 (75.4-82.4)	78.4
Breastfeeding Practices							
- Ever breastfed	1179	82.8 (79.3-85.8)	878	85.8 (82.5-88.5)	917	86.2 (82.9-88.9)	87.1
- Any breastfeeding at 8 weeks	1165	61.7 (57.5-65.7)	871	63.8 (59.6-67.7)	906	63.3 (59.1-67.2)	65.6

* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

[†] Unweighted sample size

[§] Weighted percent

[¥] 95% Confidence Interval

[¶] PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

[#] Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

[‡] Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).