



Prevalence of Selected Maternal and Child Health Indicators* for New Mexico, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 [¶]
	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	% [§]
Nutrition and Exercise									
- Multivitamin use \geq 4 days a week during the month before pregnancy	940	29.5 (26.4-32.8)	1595	34.2 (31.7-36.8)	1397	32.6 (30.0-35.3)	1354	37.5 (35.0-40.0)	38.7
- Dieting during the 12 months before pregnancy	968	26.5 (23.6-29.7)	1620	28.7 (26.4-31.1)	1420	29.3 (26.9-31.9)	1386	29.7 (27.4-32.2)	30.1
- Exercising \geq 3 days a week during the 12 months before pregnancy	970	52.7 (49.2-56.0)	1618	54.5 (51.8-57.1)	1422	55.3 (52.5-58.1)	1387	56.4 (53.8-59.0)	47.3
Pre-pregnancy Weight									
- Underweight (BMI<18.5)	942	4.4 (3.3-5.9)	1579	3.7 (2.9-4.9)	1385	4.5 (3.4-5.8)	1357	4.1 (3.1-5.3)	3.9
- Overweight (BMI 25-29.9)	942	26.5 (23.5-29.7)	1579	24.4 (22.2-26.7)	1385	28.0 (25.5-30.7)	1357	27.4 (25.1-29.9)	24.3
- Obese (BMI \geq 30)	942	23.1 (20.3-26.2)	1579	23.6 (21.4-26.0)	1385	23.6 (21.4-26.1)	1357	23.0 (20.8-25.3)	24.1
Substance Use									
- Any cigarette smoking during the 3 months before pregnancy	955	18.2 (15.8-20.9)	1605	23.1 (21.0-25.4)	1395	22.6 (20.4-25.0)	1364	19.5 (17.5-21.6)	19.4
- Any cigarette smoking during the last 3 months of pregnancy	955	7.5 (5.9-9.4)	1604	8.0 (6.7-9.6)	1395	7.3 (6.0-8.8)	1365	7.1 (5.8-8.5)	8.8
- Any cigarette smoking postpartum	954	11.4 (9.4-13.6)	1605	13.0 (11.4-14.8)	1397	13.4 (11.6-15.4)	1367	11.7 (10.1-13.5)	12.6
- Any alcohol use during the 3 months before pregnancy	952	44.7 (41.3-48.1)	1594	51.6 (49.0-54.2)	1390	50.1 (47.3-52.9)	1369	50.3 (47.7-52.9)	55.3
- Any alcohol use during the last 3 months of pregnancy	954	4.5 (3.2-6.3)	1597	5.5 (4.3-6.8)	1394	6.4 (5.1-7.9)	1370	4.5 (3.6-5.7)	8.0
Intimate Partner Violence (IPV)									
- Experienced IPV during the 12 months before pregnancy	964	4.4 (3.2-6.0)	1614	3.0 (2.3-4.1)	1405	4.3 (3.3-5.7)	1374	2.9 (2.1-3.9)	2.3
- Experienced IPV during pregnancy	965	2.3 (1.6-3.4)	1614	3.1 (2.3-4.0)	1406	3.4 (2.5-4.6)	1374	2.6 (1.9-3.6)	2.1
Depression									
- Told by a provider had depression before pregnancy [#]	938	10.5 (8.6-12.9)	1587	8.7 (7.4-10.4)	1394	9.3 (7.8-11.0)	1353	10.5 (9.0-12.3)	10.5
- Self-reported postpartum depressive symptoms	957	14.1 (11.9-16.6)	1614	12.6 (10.9-14.4)	1396	11.4 (9.7-13.3)	1351	11.4 (9.8-13.3)	12.8
Pregnancy Intention and Family Planning									
- Mistimed/unwanted pregnancy	776	42.1 (38.3-45.9)	1303	39.7 (36.9-42.6)	1103	37.3 (34.3-40.5)	1089	32.0 (29.3-34.9)	34.2
- Unsure about pregnancy	935	15.9 (13.6-18.5)	1583	18.5 (16.4-20.7)	1391	21.2 (19.0-23.6)	1342	19.0 (17.0-21.2)	15.4
- Postpartum contraceptive use	957	82.8 (80.1-85.2)	1612	83.9 (81.8-85.7)	1399	83.9 (81.8-85.9)	1357	82.7 (80.6-84.6)	78.4

Health Care Services									
- Talked to provider about improving health before pregnancy [#]	941	20.1 (17.5-23.0)	1593	25.6 (23.3-28.0)	1398	24.5 (22.1-27.0)	1356	24.2 (22.1-26.6)	22.8
- Began prenatal care in 1st trimester	917	77.7 (74.6-80.6)	1576	79.8 (77.6-81.9)	1371	78.9 (76.5-81.2)	1338	82.7 (80.6-84.7)	83.0
- Took childbirth class [#]	957	26.5 (23.5-29.7)	1606	23.7 (21.5-26.1)	1399	21.5 (19.3-23.9)	1372	23.2 (21.0-25.5)	21.6
- Had home visitor during pregnancy [#]	959	7.1 (5.6-8.9)	1606	6.8 (5.6-8.3)	1401	9.0 (7.5-10.7)	1370	8.3 (7.0-9.9)	6.9
- Had flu shot before or during pregnancy	953	49.0 (45.5-52.5)	1572	59.3 (56.6-61.9)	1350	64.8 (62.0-67.4)	1345	61.9 (59.3-64.5)	57.3
- Had maternal postpartum checkup	957	83.7 (81.0-86.1)	1617	87.5 (85.7-89.2)	1405	84.7 (82.6-86.7)	1360	85.0 (83.0-86.8)	89.7
Oral Health									
- Teeth cleaned during 12 months before pregnancy	969	51.1 (47.6-54.5)	1614	55.5 (52.9-58.1)	1417	55.9 (53.1-58.6)	1384	56.6 (54.0-59.2)	56.3
- Teeth cleaned during pregnancy	955	47.6 (44.1-51.1)	1598	45.6 (43.0-48.3)	1397	48.1 (45.3-50.9)	1372	46.2 (43.6-48.8)	48.3
- Had dental insurance during pregnancy [#]	945	63.3 (59.9-66.5)	1577	62.2 (59.6-64.7)	1366	71.8 (69.2-74.3)	1356	74.8 (72.4-77.0)	72.6
Pre-pregnancy Health Insurance [‡] Status									
- Private insurance	902	35.4 (32.1-38.8)	1535	40.1 (37.6-42.7)	1368	39.6 (36.9-42.4)	1328	40.9 (38.4-43.5)	58.5
- Medicaid	902	31.8 (28.5-35.2)	1535	27.7 (25.4-30.2)	1368	32.7 (30.1-35.4)	1328	41.0 (38.4-43.6)	21.8
- No insurance	902	30.0 (26.9-33.3)	1535	30.4 (28.1-32.9)	1368	26.0 (23.5-28.5)	1328	17.5 (15.6-19.6)	18.7
Health Insurance [‡] Status During Pregnancy									
- Private insurance	927	32.9 (29.7-36.3)	1519	36.5 (34.0-39.1)	1345	35.9 (33.2-38.7)	1321	38.3 (35.9-40.8)	57.0
- Medicaid	927	57.4 (53.9-60.9)	1519	53.2 (50.5-55.9)	1345	55.6 (52.8-58.4)	1321	55.1 (52.5-57.7)	38.4
- No insurance	963	7.4 (6.0-9.2)	1606	8.8 (7.4-10.3)	1411	7.2 (5.9-8.8)	1376	6.6 (5.3-8.1)	2.9
Health Insurance Status Postpartum									
- Private insurance	926	34.1 (30.8-37.4)	1550	38.2 (35.7-40.8)	1372	35.2 (32.6-37.9)	1333	34.1 (31.7-36.5)	55.2
- Medicaid	926	37.5 (34.2-41.0)	1550	37.4 (34.8-40.0)	1372	53.0 (50.1-55.8)	1333	54.6 (52.1-57.2)	29.1
- No insurance	966	24.6 (21.9-27.6)	1621	22.3 (20.3-24.4)	1408	10.9 (9.3-12.7)	1373	10.7 (9.2-12.4)	14.2
Infant Sleep Practices									
- Baby most often laid on back to sleep	945	77.8 (74.8-80.6)	1589	78.8 (76.6-80.8)	1379	79.5 (77.2-81.6)	1335	78.3 (76.0-80.5)	78.4
Breastfeeding Practices									
- Ever breastfed	951	89.2 (87.0-91.0)	1595	89.4 (87.7-91.0)	1385	89.8 (87.9-91.4)	1356	91.1 (89.5-92.5)	87.1
- Any breastfeeding at 8 weeks	946	61.4 (58.1-64.6)	1578	66.5 (64.0-69.0)	1380	66.2 (63.5-68.8)	1351	70.8 (68.3-73.2)	65.6

* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

[†] Unweighted sample size

[§] Weighted percent

[¥] 95% Confidence Interval

[¶] PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

[#] Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

[‡] Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).