



Prevalence of Selected Maternal and Child Health Indicators* for New Jersey, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 [¶]
	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	% [§]
Nutrition and Exercise									
- Multivitamin use \geq 4 days a week during the month before pregnancy	1058	44.1 (40.9-47.3)	934	43.0 (39.6-46.5)	1331	39.3 (36.5-42.3)	1180	45.4 (42.4-48.4)	38.7
- Dieting during the 12 months before pregnancy	1062	31.5 (28.5-34.7)	939	33.1 (29.8-36.6)	1331	29.3 (26.6-32.2)	1174	29.6 (26.8-32.6)	30.1
- Exercising \geq 3 days a week during the 12 months before pregnancy	1065	42.6 (39.4-45.9)	940	42.7 (39.2-46.3)	1327	40.1 (37.2-43.1)	1177	44.9 (41.8-48.0)	47.3
Pre-pregnancy Weight									
- Underweight (BMI<18.5)	972	3.8 (2.7-5.3)	869	3.2 (2.2-4.8)	1221	4.2 (3.0-5.6)	1086	4.0 (2.9-5.5)	3.9
- Overweight (BMI 25-29.9)	972	24.9 (22.0-28.0)	869	25.7 (22.6-29.1)	1221	24.3 (21.6-27.1)	1086	23.9 (21.2-26.8)	24.3
- Obese (BMI \geq 30)	972	17.5 (15.0-20.3)	869	19.8 (17.0-22.8)	1221	20.5 (18.1-23.1)	1086	21.1 (18.6-23.8)	24.1
Substance Use									
- Any cigarette smoking during the 3 months before pregnancy	1056	16.3 (14.2-18.6)	934	17.0 (14.6-19.8)	1333	14.2 (12.5-16.2)	1168	11.9 (10.2-13.8)	19.4
- Any cigarette smoking during the last 3 months of pregnancy	1053	5.6 (4.6-6.9)	937	5.6 (4.4-7.2)	1331	4.8 (4.0-5.7)	1168	4.4 (3.5-5.6)	8.8
- Any cigarette smoking postpartum	1051	10.1 (8.5-12.0)	934	10.4 (8.6-12.5)	1333	7.9 (6.8-9.3)	1167	7.5 (6.2-9.0)	12.6
- Any alcohol use during the 3 months before pregnancy	1049	52.0 (48.8-55.2)	931	53.1 (49.7-56.4)	1324	50.0 (47.1-52.9)	1158	52.6 (49.7-55.6)	55.3
- Any alcohol use during the last 3 months of pregnancy	1050	10.5 (8.6-12.8)	932	10.7 (8.6-13.2)	1325	10.5 (8.7-12.6)	1161	10.4 (8.6-12.6)	8.0
Intimate Partner Violence (IPV)									
- Experienced IPV during the 12 months before pregnancy	1057	2.8 (1.9-4.1)	933	1.3 (0.8-2.3)	1325	2.2 (1.5-3.1)	1169	1.6 (1.0-2.5)	2.3
- Experienced IPV during pregnancy	1055	2.4 (1.6-3.6)	932	1.8 (1.1-2.9)	1329	1.6 (1.0-2.4)	1168	1.5 (1.0-2.4)	2.1
Depression									
- Told by a provider had depression before pregnancy [#]	1044	6.8 (5.3-8.7)	923	8.1 (6.4-10.3)	1316	6.8 (5.4-8.7)	1161	5.8 (4.6-7.4)	10.5
- Self-reported postpartum depressive symptoms	1034	9.9 (8.2-11.9)	925	9.4 (7.6-11.6)	1295	8.9 (7.4-10.7)	1158	9.5 (7.9-11.4)	12.8
Pregnancy Intention and Family Planning									
- Mistimed/unwanted pregnancy	889	30.9 (27.9-34.1)	770	29.3 (26.0-32.9)	1096	31.3 (28.4-34.3)	974	28.0 (25.1-31.1)	34.2
- Unsure about pregnancy	1045	13.2 (11.1-15.6)	923	14.5 (12.2-17.1)	1311	13.4 (11.5-15.5)	1164	15.0 (13.0-17.4)	15.4
- Postpartum contraceptive use	1037	71.5 (68.3-74.4)	923	72.1 (68.8-75.2)	1310	71.4 (68.6-74.1)	1151	69.3 (66.4-72.2)	78.4

Health Care Services									
- Talked to provider about improving health before pregnancy [#]	1049	25.0 (22.2-28.0)	933	23.8 (20.9-27.0)	1329	23.7 (21.2-26.4)	1169	25.5 (22.8-28.4)	22.8
- Began prenatal care in 1st trimester	1050	83.0 (80.5-85.3)	923	84.5 (81.8-86.8)	1283	83.9 (81.7-86.0)	1155	85.2 (83.0-87.1)	83.0
- Took childbirth class [#]	1059	21.1 (18.5-23.9)	937	20.8 (18.0-23.8)	1338	21.8 (19.4-24.4)	1168	18.5 (16.1-21.1)	21.6
- Had home visitor during pregnancy [#]	1062	4.5 (3.4-6.1)	937	4.3 (3.1-5.9)	1338	5.3 (4.0-6.8)	1172	4.7 (3.5-6.1)	6.9
- Had flu shot before or during pregnancy	1035	38.6 (35.4-42.0)	914	43.2 (39.7-46.8)	1294	46.5 (43.4-49.5)	1117	48.5 (45.4-51.7)	57.3
- Had maternal postpartum checkup	1051	89.4 (87.2-91.2)	927	88.0 (85.5-90.1)	1323	88.5 (86.5-90.2)	1159	88.0 (85.9-89.8)	89.7
Oral Health									
- Teeth cleaned during 12 months before pregnancy	1063	60.5 (57.4-63.5)	939	61.4 (58.0-64.6)	1335	59.1 (56.2-62.0)	1178	61.4 (58.5-64.3)	56.3
- Teeth cleaned during pregnancy	1043	49.2 (46.0-52.5)	926	51.5 (47.9-55.0)	1322	47.1 (44.1-50.1)	1160	50.7 (47.6-53.8)	48.3
- Had dental insurance during pregnancy [#]	1036	72.9 (69.9-75.6)	919	71.7 (68.5-74.6)	1299	73.8 (71.2-76.3)	1148	75.5 (72.8-78.0)	72.6
Pre-pregnancy Health Insurance [‡] Status									
- Private insurance	1020	64.3 (61.4-67.0)	926	61.4 (58.3-64.4)	1311	62.5 (59.9-65.1)	1161	63.3 (60.7-65.9)	58.5
- Medicaid	1020	16.5 (14.3-19.1)	926	16.5 (14.2-19.2)	1311	16.7 (14.7-19.0)	1161	18.2 (16.1-20.6)	21.8
- No insurance	1020	15.2 (13.1-17.5)	926	18.7 (16.2-21.5)	1311	16.8 (14.8-19.0)	1161	14.0 (12.1-16.2)	18.7
Health Insurance [‡] Status During Pregnancy									
- Private insurance	1025	62.5 (59.7-65.3)	894	61.0 (57.9-64.1)	1260	62.6 (60.0-65.2)	1133	63.0 (60.4-65.6)	57.0
- Medicaid	1025	27.9 (25.2-30.8)	894	30.6 (27.5-33.8)	1260	28.5 (26.0-31.1)	1133	28.5 (25.9-31.2)	38.4
- No insurance	1057	2.9 (2.0-4.2)	924	3.5 (2.4-4.9)	1322	3.5 (2.7-4.7)	1168	2.5 (1.7-3.6)	2.9
Health Insurance Status Postpartum									
- Private insurance	1011	59.9 (57.0-62.7)	911	59.6 (56.5-62.7)	1285	59.8 (57.1-62.3)	1146	60.1 (57.4-62.7)	55.2
- Medicaid	1011	20.3 (17.9-23.0)	911	20.1 (17.4-23.0)	1285	22.6 (20.3-25.1)	1146	22.5 (20.1-25.1)	29.1
- No insurance	1044	13.5 (11.5-15.8)	926	16.1 (13.7-18.8)	1327	13.1 (11.3-15.1)	1169	11.5 (9.8-13.5)	14.2
Infant Sleep Practices									
- Baby most often laid on back to sleep	1032	70.1 (67.1-73.0)	916	69.5 (66.1-72.6)	1307	70.8 (68.0-73.4)	1144	70.5 (67.7-73.2)	78.4
Breastfeeding Practices									
- Ever breastfed	1040	84.6 (82.0-86.8)	915	86.0 (83.2-88.3)	1315	88.0 (85.8-89.8)	1146	88.5 (86.4-90.4)	87.1
- Any breastfeeding at 8 weeks	1023	65.7 (62.5-68.8)	903	66.8 (63.3-70.2)	1302	67.7 (64.8-70.4)	1134	69.5 (66.5-72.3)	65.6

* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

[†] Unweighted sample size

[§] Weighted percent

[¥] 95% Confidence Interval

[¶] PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

[#] Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

[‡] Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).