
<table>
<thead>
<tr>
<th>Health Indicator*</th>
<th>2012</th>
<th>2013</th>
<th>2014</th>
<th>2015</th>
<th>Overall 2015*</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Nutrition and Exercise</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Multivitamin use ≥ 4 days a week during the month before pregnancy</td>
<td>632</td>
<td>625</td>
<td>611</td>
<td>614</td>
<td>615</td>
</tr>
<tr>
<td>Dieting during the 12 months before pregnancy</td>
<td>636</td>
<td>627</td>
<td>613</td>
<td>614</td>
<td>615</td>
</tr>
<tr>
<td>Exercising ≥ 3 days a week during the 12 months before pregnancy</td>
<td>638</td>
<td>628</td>
<td>615</td>
<td>615</td>
<td>615</td>
</tr>
<tr>
<td><strong>Pre-pregnancy Weight</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Underweight (BMI&lt;18.5)</td>
<td>630</td>
<td>614</td>
<td>606</td>
<td>606</td>
<td>606</td>
</tr>
<tr>
<td>Overweight (BMI 25-29.9)</td>
<td>630</td>
<td>614</td>
<td>606</td>
<td>606</td>
<td>606</td>
</tr>
<tr>
<td>Obese (BMI ≥30)</td>
<td>630</td>
<td>614</td>
<td>606</td>
<td>606</td>
<td>606</td>
</tr>
<tr>
<td><strong>Substance Use</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Any cigarette smoking during the 3 months before pregnancy</td>
<td>634</td>
<td>620</td>
<td>608</td>
<td>608</td>
<td>608</td>
</tr>
<tr>
<td>Any cigarette smoking during the last 3 months of pregnancy</td>
<td>634</td>
<td>620</td>
<td>608</td>
<td>608</td>
<td>608</td>
</tr>
<tr>
<td>Any cigarette smoking postpartum</td>
<td>634</td>
<td>620</td>
<td>608</td>
<td>608</td>
<td>608</td>
</tr>
<tr>
<td>Any alcohol use during the 3 months before pregnancy</td>
<td>633</td>
<td>624</td>
<td>607</td>
<td>607</td>
<td>607</td>
</tr>
<tr>
<td>Any alcohol use during the last 3 months of pregnancy</td>
<td>633</td>
<td>624</td>
<td>607</td>
<td>607</td>
<td>607</td>
</tr>
<tr>
<td><strong>Intimate Partner Violence (IPV)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Experienced IPV during the 12 months before pregnancy</td>
<td>630</td>
<td>622</td>
<td>611</td>
<td>611</td>
<td>611</td>
</tr>
<tr>
<td>Experienced IPV during pregnancy</td>
<td>630</td>
<td>622</td>
<td>613</td>
<td>613</td>
<td>613</td>
</tr>
<tr>
<td><strong>Depression</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Told by a provider had depression before pregnancy#</td>
<td>629</td>
<td>623</td>
<td>609</td>
<td>609</td>
<td>609</td>
</tr>
<tr>
<td>Self-reported postpartum depressive symptoms</td>
<td>638</td>
<td>626</td>
<td>615</td>
<td>615</td>
<td>615</td>
</tr>
<tr>
<td><strong>Pregnancy Intention and Family Planning</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mistimed/unwanted pregnancy</td>
<td>547</td>
<td>542</td>
<td>517</td>
<td>517</td>
<td>517</td>
</tr>
<tr>
<td>Unsure about pregnancy</td>
<td>626</td>
<td>622</td>
<td>608</td>
<td>608</td>
<td>608</td>
</tr>
<tr>
<td>Postpartum contraceptive use</td>
<td>635</td>
<td>621</td>
<td>611</td>
<td>611</td>
<td>611</td>
</tr>
</tbody>
</table>
### Health Care Services

- **Talked to provider about improving health before pregnancy**
  - Yes: 629 (25.9%)
  - No: 626 (23.4%)

- **Began prenatal care in 1st trimester**
  - Yes: 629 (89.0%)
  - No: 621 (82.6%)

- **Took childbirth class**
  - Yes: 634 (27.6%)
  - No: 623 (26.1%)

- **Had home visitor during pregnancy**
  - Yes: 634 (5.5%)
  - No: 622 (3.8%)

- **Had flu shot before or during pregnancy**
  - Yes: 632 (65.1%)
  - No: 621 (63.0%)

- **Had maternal postpartum checkup**
  - Yes: 633 (91.5%)
  - No: 624 (92.9%)

### Oral Health

- **Teeth cleaned during 12 months before pregnancy**
  - Yes: 636 (63.1%)
  - No: 628 (61.8%)

- **Teeth cleaned during pregnancy**
  - Yes: 631 (56.7%)
  - No: 622 (54.2%)

- **Had dental insurance during pregnancy**
  - Yes: 625 (65.9%)
  - No: 621 (69.7%)

### Pre-pregnancy Health Insurance Status

- **Private insurance**
  - Yes: 620 (68.5%)
  - No: 614 (74.0%)

- **Medicaid**
  - Yes: 620 (10.8%)
  - No: 614 (10.6%)

- **No insurance**
  - Yes: 620 (19.9%)
  - No: 614 (14.3%)

### Health Insurance Status During Pregnancy

- **Private insurance**
  - Yes: 623 (68.9%)
  - No: 607 (72.1%)

- **Medicaid**
  - Yes: 623 (28.6%)
  - No: 607 (26.6%)

- **No insurance**
  - Yes: 636 (2.4%)
  - No: 620 (1.8%)

### Health Insurance Status Postpartum

- **Private insurance**
  - Yes: 623 (67.0%)
  - No: 609 (70.9%)

- **Medicaid**
  - Yes: 623 (14.7%)
  - No: 609 (21.1%)

- **No insurance**
  - Yes: 639 (17.4%)
  - No: 628 (7.3%)

### Infant Sleep Practices

- **Baby most often laid on back to sleep**
  - Yes: 607 (88.8%)
  - No: 601 (89.4%)

### Breastfeeding Practices

- **Ever breastfed**
  - Yes: 622 (87.1%)
  - No: 610 (88.8%)

- **Any breastfeeding at 8 weeks**
  - Yes: 620 (62.6%)
  - No: 612 (68.2%)

---

* Indicators and definitions available in PRAMStat (http://www.cdc.gov/prams/pramstat/index.html) unless otherwise indicated.

1 Unweighted sample size

2 Weighted percent

3 95% Confidence Interval


# Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

† Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).