



Prevalence of Selected Maternal and Child Health Indicators* for New Hampshire, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 [¶]
	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	% [§]
Nutrition and Exercise									
- Multivitamin use \geq 4 days a week during the month before pregnancy			632	46.3 (41.7-51.0)	625	44.9 (40.3-49.6)	611	47.3 (42.6-52.0)	38.7
- Dieting during the 12 months before pregnancy			636	35.6 (31.3-40.3)	627	33.6 (29.3-38.2)	613	31.4 (27.2-35.9)	30.1
- Exercising \geq 3 days a week during the 12 months before pregnancy			638	52.2 (47.4-56.8)	628	58.7 (54.0-63.2)	615	54.4 (49.7-59.0)	47.3
Pre-pregnancy Weight									
- Underweight (BMI<18.5)			630	3.2 (1.8-5.4)	614	2.8 (1.6-4.9)	606	4.6 (2.9-7.2)	3.9
- Overweight (BMI 25-29.9)			630	23.2 (19.5-27.4)	614	22.8 (19.0-27.0)	606	27.4 (23.4-31.8)	24.3
- Obese (BMI \geq 30)			630	24.1 (20.3-28.4)	614	21.7 (17.9-25.9)	606	19.7 (16.2-23.7)	24.1
Substance Use									
- Any cigarette smoking during the 3 months before pregnancy			634	26.7 (22.7-31.2)	620	22.7 (19.0-27.0)	608	21.2 (17.5-25.4)	19.4
- Any cigarette smoking during the last 3 months of pregnancy			634	13.1 (10.1-16.8)	620	11.4 (8.7-14.7)	608	8.6 (6.2-11.7)	8.8
- Any cigarette smoking postpartum			634	16.9 (13.5-20.9)	620	14.0 (11.0-17.6)	608	12.4 (9.5-15.9)	12.6
- Any alcohol use during the 3 months before pregnancy			633	71.4 (66.9-75.5)	624	74.3 (70.0-78.2)	607	68.5 (64.0-72.8)	55.3
- Any alcohol use during the last 3 months of pregnancy			633	13.0 (10.1-16.5)	624	11.0 (8.3-14.3)	609	9.7 (7.2-12.8)	8.0
Intimate Partner Violence (IPV)									
- Experienced IPV during the 12 months before pregnancy			630	1.4 (0.7-2.9)	622	2.5 (1.3-4.6)	611	2.6 (1.4-4.7)	2.3
- Experienced IPV during pregnancy			630	1.3 (0.6-2.9)	622	1.6 (0.8-3.4)	613	1.0 (0.4-2.5)	2.1
Depression									
- Told by a provider had depression before pregnancy [#]			629	16.8 (13.5-20.7)	623	15.3 (12.2-19.1)	609	16.3 (13.1-20.2)	10.5
- Self-reported postpartum depressive symptoms			638	12.1 (9.3-15.7)	626	9.3 (6.9-12.3)	615	12.9 (10.0-16.4)	12.8
Pregnancy Intention and Family Planning									
- Mistimed/unwanted pregnancy			547	28.7 (24.3-33.6)	542	31.9 (27.3-36.9)	517	26.5 (22.1-31.4)	34.2
- Unsure about pregnancy			626	12.1 (9.4-15.6)	622	12.0 (9.2-15.5)	608	16.4 (13.2-20.3)	15.4
- Postpartum contraceptive use			635	83.5 (79.8-86.6)	621	81.6 (77.7-85.0)	611	82.1 (78.2-85.4)	78.4

Health Care Services							
- Talked to provider about improving health before pregnancy [#]	629	25.9 (22.0-30.2)	626	23.4 (19.7-27.6)	610	22.9 (19.2-27.0)	22.8
- Began prenatal care in 1st trimester	629	89.0 (85.5-91.7)	621	89.2 (85.9-91.9)	607	91.7 (88.6-94.0)	83.0
- Took childbirth class [#]	634	27.6 (23.6-32.0)	623	26.1 (22.2-30.5)	612	22.3 (18.6-26.4)	21.6
- Had home visitor during pregnancy [#]	634	5.5 (3.7-8.2)	622	3.8 (2.3-6.1)	612	2.5 (1.4-4.6)	6.9
- Had flu shot before or during pregnancy	632	65.1 (60.4-69.4)	621	63.0 (58.3-67.5)	609	68.6 (64.0-72.8)	57.3
- Had maternal postpartum checkup	633	91.5 (88.4-93.8)	624	92.9 (90.0-95.0)	613	94.4 (91.8-96.2)	89.7
Oral Health							
- Teeth cleaned during 12 months before pregnancy	636	63.1 (58.4-67.6)	628	61.8 (57.1-66.3)	614	62.3 (57.6-66.7)	56.3
- Teeth cleaned during pregnancy	631	56.7 (52.0-61.4)	622	54.2 (49.5-58.9)	608	53.5 (48.8-58.2)	48.3
- Had dental insurance during pregnancy [#]	625	65.9 (61.2-70.3)	621	69.7 (65.2-73.9)	606	69.6 (65.0-73.8)	72.6
Pre-pregnancy Health Insurance [‡] Status							
- Private insurance	620	68.5 (63.8-72.9)	614	74.0 (69.5-78.0)	584	73.0 (68.3-77.1)	58.5
- Medicaid	620	10.8 (8.1-14.4)	614	10.6 (8.0-14.0)	584	12.8 (9.8-16.5)	21.8
- No insurance	620	19.9 (16.3-24.1)	614	14.3 (11.2-18.0)	584	13.6 (10.5-17.4)	18.7
Health Insurance [‡] Status During Pregnancy							
- Private insurance	623	68.9 (64.2-73.2)	607	72.1 (67.6-76.3)	590	70.5 (65.8-74.7)	57.0
- Medicaid	623	28.6 (24.4-33.2)	607	26.6 (22.5-31.1)	590	28.4 (24.2-33.1)	38.4
- No insurance	636	2.4 (1.3-4.3)	620	1.8 (0.9-3.5)	613	0.9 (0.3-2.3)	2.9
Health Insurance Status Postpartum							
- Private insurance	623	67.0 (62.3-71.4)	609	70.9 (66.3-75.1)	602	67.4 (62.7-71.8)	55.2
- Medicaid	623	14.7 (11.5-18.7)	609	21.1 (17.4-25.3)	602	26.1 (22.0-30.6)	29.1
- No insurance	639	17.4 (14.1-21.4)	628	7.3 (5.2-10.2)	618	5.9 (4.0-8.6)	14.2
Infant Sleep Practices							
- Baby most often laid on back to sleep	607	88.8 (85.6-91.4)	601	89.4 (86.0-92.0)	596	86.9 (83.3-89.9)	78.4
Breastfeeding Practices							
- Ever breastfed	622	87.1 (83.5-90.0)	610	88.8 (85.3-91.5)	613	91.6 (88.6-93.9)	87.1
- Any breastfeeding at 8 weeks	620	62.6 (57.9-67.1)	612	68.2 (63.6-72.5)	612	73.1 (68.7-77.1)	65.6

* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

[†] Unweighted sample size

[§] Weighted percent

[¥] 95% Confidence Interval

[¶] PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

[#] Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

[‡] Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).