Prevalence of Selected Maternal and Child Health Indicators* for Nebraska, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

<table>
<thead>
<tr>
<th>Health Indicator*</th>
<th>2012</th>
<th>2013</th>
<th>2014</th>
<th>2015</th>
<th>Overall 2015$^5$</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Nutrition and Exercise</strong></td>
<td></td>
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</tr>
<tr>
<td>- Multivitamin use ≥ 4 days a week during the month before pregnancy</td>
<td>1125</td>
<td>43.3 (39.8-46.9)</td>
<td>1619</td>
<td>40.8 (38.0-43.7)</td>
<td>1440</td>
</tr>
<tr>
<td>- Dieting during the 12 months before pregnancy</td>
<td>1135</td>
<td>30.8 (27.6-34.3)</td>
<td>1616</td>
<td>30.0 (27.4-32.7)</td>
<td>1440</td>
</tr>
<tr>
<td>- Exercising ≥ 3 days a week during the 12 months before pregnancy</td>
<td>1136</td>
<td>50.0 (46.5-53.6)</td>
<td>1614</td>
<td>50.4 (47.5-53.4)</td>
<td>1438</td>
</tr>
<tr>
<td><strong>Pre-pregnancy Weight</strong></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>- Underweight (BMI&lt;18.5)</td>
<td>1072</td>
<td>4.4 (3.1-6.1)</td>
<td>1514</td>
<td>3.5 (2.5-4.8)</td>
<td>1338</td>
</tr>
<tr>
<td>- Overweight (BMI 25-29.9)</td>
<td>1072</td>
<td>21.8 (18.9-24.9)</td>
<td>1514</td>
<td>25.3 (22.8-28.0)</td>
<td>1338</td>
</tr>
<tr>
<td>- Obese (BMI ≥30)</td>
<td>1072</td>
<td>22.8 (19.9-26.0)</td>
<td>1514</td>
<td>22.6 (20.2-25.2)</td>
<td>1338</td>
</tr>
<tr>
<td><strong>Substance Use</strong></td>
<td></td>
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<tr>
<td>- Any cigarette smoking during the 3 months before pregnancy</td>
<td>1123</td>
<td>22.2 (19.3-25.4)</td>
<td>1608</td>
<td>21.9 (19.5-24.5)</td>
<td>1423</td>
</tr>
<tr>
<td>- Any cigarette smoking during the last 3 months of pregnancy</td>
<td>1123</td>
<td>10.0 (8.0-12.5)</td>
<td>1606</td>
<td>9.7 (8.0-11.7)</td>
<td>1424</td>
</tr>
<tr>
<td>- Any cigarette smoking postpartum</td>
<td>1123</td>
<td>14.4 (11.9-17.2)</td>
<td>1609</td>
<td>12.8 (10.9-14.9)</td>
<td>1425</td>
</tr>
<tr>
<td>- Any alcohol use during the 3 months before pregnancy</td>
<td>1122</td>
<td>63.6 (60.3-66.8)</td>
<td>1605</td>
<td>62.3 (59.6-64.9)</td>
<td>1423</td>
</tr>
<tr>
<td>- Any alcohol use during the last 3 months of pregnancy</td>
<td>1118</td>
<td>6.5 (4.9-8.6)</td>
<td>1609</td>
<td>5.2 (4.0-6.7)</td>
<td>1426</td>
</tr>
<tr>
<td><strong>Intimate Partner Violence (IPV)</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>- Experienced IPV during the 12 months before pregnancy</td>
<td>1129</td>
<td>2.9 (1.9-4.2)</td>
<td>1611</td>
<td>2.7 (1.9-3.9)</td>
<td>1427</td>
</tr>
<tr>
<td>- Experienced IPV during pregnancy</td>
<td>1129</td>
<td>2.1 (1.3-3.3)</td>
<td>1611</td>
<td>1.7 (1.1-2.6)</td>
<td>1427</td>
</tr>
<tr>
<td><strong>Depression</strong></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>- Told by a provider had depression before pregnancy</td>
<td>1129</td>
<td>12.8 (10.5-15.4)</td>
<td>1610</td>
<td>11.7 (9.9-13.7)</td>
<td>1432</td>
</tr>
<tr>
<td>- Self-reported postpartum depressive symptoms</td>
<td>1120</td>
<td>11.1 (9.2-13.5)</td>
<td>1597</td>
<td>10.7 (9.1-12.7)</td>
<td>1406</td>
</tr>
<tr>
<td><strong>Pregnancy Intention and Family Planning</strong></td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>- Mistimed/unwanted pregnancy</td>
<td>947</td>
<td>33.7 (30.2-37.4)</td>
<td>1364</td>
<td>32.1 (29.2-35.1)</td>
<td>1226</td>
</tr>
<tr>
<td>- Unsure about pregnancy</td>
<td>1121</td>
<td>12.3 (10.2-14.7)</td>
<td>1605</td>
<td>13.1 (11.3-15.2)</td>
<td>1421</td>
</tr>
<tr>
<td>- Postpartum contraceptive use</td>
<td>1117</td>
<td>83.2 (80.4-85.7)</td>
<td>1599</td>
<td>80.1 (77.7-82.3)</td>
<td>1409</td>
</tr>
</tbody>
</table>
### Health Care Services
- **Talked to provider about improving health before pregnancy**
  - 2015:
    - No insurance (94.9) 1432 22.6 (20.0-25.5) 1384 20.5 (18.1-23.2) 22.8
    - Medicaid (9.1) 1110 62.0 (58.8-65.1) 1387 56.9 (53.7-60.0) 56.3
    - Private insurance (6.0) 1110 62.0 (58.8-65.1) 1387 56.9 (53.7-60.0) 56.3
    - Had dental insurance during pregnancy
  - 2015:
    - No insurance (9.1) 1110 62.0 (58.8-65.1) 1387 56.9 (53.7-60.0) 56.3
    - Medicaid (6.0) 1110 62.0 (58.8-65.1) 1387 56.9 (53.7-60.0) 56.3
    - Private insurance (5.0) 1110 62.0 (58.8-65.1) 1387 56.9 (53.7-60.0) 56.3

### Oral Health
- **Teeth cleaned during 12 months before pregnancy**
  - 2015:
    - No insurance (94.9) 1432 76.2 (73.8-78.5) 1384 73.9 (71.0-76.5) 72.6
    - Medicaid (9.1) 1110 76.2 (73.8-78.5) 1384 73.9 (71.0-76.5) 72.6
    - Private insurance (6.0) 1110 76.2 (73.8-78.5) 1384 73.9 (71.0-76.5) 72.6

### Pre-pregnancy Health Insurance Status
- **Private insurance**
  - 2015:
    - No insurance (94.9) 1432 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Medicaid (9.1) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Private insurance (6.0) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4

### Health Insurance Status During Pregnancy
- **Private insurance**
  - 2015:
    - No insurance (94.9) 1432 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Medicaid (9.1) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Private insurance (6.0) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4

### Health Insurance Status Postpartum
- **Private insurance**
  - 2015:
    - No insurance (94.9) 1432 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Medicaid (9.1) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Private insurance (6.0) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4

### Infant Sleep Practices
- **Baby most often laid on back to sleep**
  - 2015:
    - No insurance (94.9) 1432 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Medicaid (9.1) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Private insurance (6.0) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4

### Breastfeeding Practices
- **Ever breastfed**
  - 2015:
    - No insurance (94.9) 1432 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Medicaid (9.1) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Private insurance (6.0) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4

- **Any breastfeeding at 8 weeks**
  - 2015:
    - No insurance (94.9) 1432 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Medicaid (9.1) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4
    - Private insurance (6.0) 1110 80.9 (78.6-83.0) 1384 83.5 (81.0-85.7) 84.1 (81.8-86.2) 78.4

* Indicators and definitions available in PRAMStat (http://www.cdc.gov/prams/pramstat/index.html) unless otherwise indicated.

1 Unweighted sample size
2 Weighted percent
3 95% Confidence Interval

# Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

† Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).