



Prevalence of Selected Maternal and Child Health Indicators* for Minnesota, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 [¶]
	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	% [§]
Nutrition and Exercise									
- Multivitamin use \geq 4 days a week during the month before pregnancy	936	44.4 (41.0-47.9)	1331	47.5 (44.4-50.5)					38.7
- Dieting during the 12 months before pregnancy	944	29.1 (26.1-32.4)	1336	28.5 (25.9-31.3)					30.1
- Exercising \geq 3 days a week during the 12 months before pregnancy	946	48.8 (45.3-52.2)	1338	49.1 (46.0-52.1)					47.3
Pre-pregnancy Weight									
- Underweight (BMI<18.5)	922	2.7 (1.8-4.1)	1311	3.8 (2.7-5.2)					3.9
- Overweight (BMI 25-29.9)	922	26.7 (23.7-30.0)	1311	25.9 (23.3-28.7)					24.3
- Obese (BMI \geq 30)	922	21.9 (19.1-24.9)	1311	21.4 (18.9-24.1)					24.1
Substance Use									
- Any cigarette smoking during the 3 months before pregnancy	931	23.6 (20.7-26.8)	1303	23.1 (20.6-25.9)					19.4
- Any cigarette smoking during the last 3 months of pregnancy	929	11.8 (9.7-14.3)	1304	11.0 (9.1-13.2)					8.8
- Any cigarette smoking postpartum	930	16.1 (13.6-18.9)	1305	13.2 (11.2-15.5)					12.6
- Any alcohol use during the 3 months before pregnancy	936	67.7 (64.3-70.9)	1315	69.9 (66.9-72.8)					55.3
- Any alcohol use during the last 3 months of pregnancy	939	5.6 (4.2-7.4)	1317	8.3 (6.7-10.2)					8.0
Intimate Partner Violence (IPV)									
- Experienced IPV during the 12 months before pregnancy	939	2.0 (1.2-3.2)	1323	2.6 (1.8-3.8)					2.3
- Experienced IPV during pregnancy	937	1.5 (0.9-2.5)	1321	1.2 (0.7-2.0)					2.1
Depression									
- Told by a provider had depression before pregnancy [#]	931	14.5 (12.2-17.1)	1324	13.6 (11.6-15.8)					10.5
- Self-reported postpartum depressive symptoms	934	9.3 (7.4-11.5)	1324	9.6 (8.0-11.6)					12.8
Pregnancy Intention and Family Planning									
- Mistimed/unwanted pregnancy	802	29.2 (25.9-32.7)	1141	26.4 (23.6-29.4)					34.2
- Unsure about pregnancy	929	12.2 (10.1-14.7)	1324	12.6 (10.6-14.9)					15.4
- Postpartum contraceptive use	932	83.5 (80.8-86.0)	1313	81.3 (78.8-83.6)					78.4

Health Care Services					
- Talked to provider about improving health before pregnancy [#]	937	22.7 (19.9-25.7)	1329	23.3 (20.8-26.0)	22.8
- Began prenatal care in 1st trimester	921	87.8 (85.2-89.9)	1319	86.2 (83.8-88.3)	83.0
- Took childbirth class [#]	930	23.8 (20.9-26.8)	1317	26.8 (24.2-29.6)	21.6
- Had home visitor during pregnancy [#]	932	6.8 (5.3-8.8)	1313	9.2 (7.5-11.3)	6.9
- Had flu shot before or during pregnancy	918	66.1 (62.7-69.4)	1301	69.4 (66.3-72.2)	57.3
- Had maternal postpartum checkup	931	90.9 (88.7-92.7)	1328	91.7 (89.7-93.4)	89.7
Oral Health					
- Teeth cleaned during 12 months before pregnancy	948	63.2 (59.8-66.5)	1338	64.1 (61.0-67.0)	56.3
- Teeth cleaned during pregnancy	929	56.8 (53.3-60.3)	1315	57.8 (54.7-60.8)	48.3
- Had dental insurance during pregnancy [#]	926	84.5 (81.7-86.9)	1312	83.5 (81.0-85.7)	72.6
Pre-pregnancy Health Insurance[‡] Status					
- Private insurance	910	69.7 (66.3-72.9)	1295	68.5 (65.5-71.4)	58.5
- Medicaid	910	14.2 (11.9-16.9)	1295	15.2 (13.0-17.6)	21.8
- No insurance	910	11.8 (9.6-14.5)	1295	11.8 (9.8-14.1)	18.7
Health Insurance[‡] Status During Pregnancy					
- Private insurance	900	69.7 (66.3-72.9)	1282	68.1 (65.0-71.0)	57.0
- Medicaid	900	23.0 (20.1-26.1)	1282	24.3 (21.7-27.2)	38.4
- No insurance	943	1.3 (0.7-2.4)	1328	1.9 (1.2-3.1)	2.9
Health Insurance Status Postpartum					
- Private insurance	905	67.6 (64.2-70.9)	1290	66.9 (63.8-69.8)	55.2
- Medicaid	905	17.8 (15.2-20.6)	1290	20.4 (18.0-23.1)	29.1
- No insurance	937	8.9 (7.0-11.3)	1330	7.5 (5.9-9.5)	14.2
Infant Sleep Practices					
- Baby most often laid on back to sleep	919	85.4 (82.7-87.7)	1299	85.3 (82.8-87.5)	78.4
Breastfeeding Practices					
- Ever breastfed	925	87.0 (84.4-89.2)	1312	90.3 (88.2-92.1)	87.1
- Any breastfeeding at 8 weeks	918	65.8 (62.4-69.1)	1304	72.1 (69.2-74.8)	65.6

* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

[†] Unweighted sample size

[§] Weighted percent

[¥] 95% Confidence Interval

[¶] PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

[#] Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

[‡] Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).