



Prevalence of Selected Maternal and Child Health Indicators* for Colorado, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 [¶]
	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	n [†]	% [§] (95% CI) [‡]	% [§]
Nutrition and Exercise									
- Multivitamin use \geq 4 days a week during the month before pregnancy	1218	46.8 (42.9-50.6)	1655	44.2 (40.9-47.6)	1731	42.7 (39.5-45.9)	1731	42.7 (39.5-45.9)	38.7
- Dieting during the 12 months before pregnancy	1222	29.7 (26.3-33.4)	1651	28.6 (25.7-31.7)	1720	27.0 (24.2-30.0)	1720	27.0 (24.2-30.0)	30.1
- Exercising \geq 3 days a week during the 12 months before pregnancy	1220	58.7 (54.9-62.5)	1656	54.7 (51.3-58.0)	1723	57.6 (54.3-60.8)	1723	57.6 (54.3-60.8)	47.3
Pre-pregnancy Weight									
- Underweight (BMI<18.5)	1148	3.9 (2.6-6.0)	1558	4.2 (3.0-5.7)	1634	4.7 (3.5-6.2)	1634	4.7 (3.5-6.2)	3.9
- Overweight (BMI 25-29.9)	1148	24.7 (21.4-28.3)	1558	24.4 (21.6-27.5)	1634	21.9 (19.2-24.8)	1634	21.9 (19.2-24.8)	24.3
- Obese (BMI \geq 30)	1148	14.8 (12.2-17.8)	1558	16.0 (13.6-18.7)	1634	15.8 (13.7-18.2)	1634	15.8 (13.7-18.2)	24.1
Substance Use									
- Any cigarette smoking during the 3 months before pregnancy	1219	19.1 (16.3-22.2)	1646	19.6 (17.0-22.3)	1725	17.0 (14.8-19.5)	1725	17.0 (14.8-19.5)	19.4
- Any cigarette smoking during the last 3 months of pregnancy	1217	9.0 (7.1-11.5)	1645	7.4 (5.8-9.4)	1725	5.9 (4.7-7.5)	1725	5.9 (4.7-7.5)	8.8
- Any cigarette smoking postpartum	1218	11.0 (8.9-13.7)	1650	11.1 (9.1-13.4)	1725	9.7 (8.0-11.7)	1725	9.7 (8.0-11.7)	12.6
- Any alcohol use during the 3 months before pregnancy	1210	62.6 (58.7-66.3)	1646	66.7 (63.4-69.8)	1725	61.2 (57.9-64.3)	1725	61.2 (57.9-64.3)	55.3
- Any alcohol use during the last 3 months of pregnancy	1212	10.4 (8.3-13.0)	1649	14.1 (11.8-16.7)	1719	12.0 (10.0-14.4)	1719	12.0 (10.0-14.4)	8.0
Intimate Partner Violence (IPV)									
- Experienced IPV during the 12 months before pregnancy	1219	2.4 (1.4-4.0)	1653	2.7 (1.8-4.2)	1727	2.1 (1.4-3.2)	1727	2.1 (1.4-3.2)	2.3
- Experienced IPV during pregnancy	1220	1.2 (0.6-2.3)	1652	2.3 (1.5-3.7)	1727	1.9 (1.2-3.0)	1727	1.9 (1.2-3.0)	2.1
Depression									
- Told by a provider had depression before pregnancy [#]	1197	8.7 (6.9-11.1)	1642	9.3 (7.6-11.3)	1698	10.5 (8.7-12.6)	1698	10.5 (8.7-12.6)	10.5
- Self-reported postpartum depressive symptoms	1211	9.0 (7.0-11.4)	1646	11.0 (9.0-13.4)	1724	12.4 (10.4-14.8)	1724	12.4 (10.4-14.8)	12.8
Pregnancy Intention and Family Planning									
- Mistimed/unwanted pregnancy	1072	32.7 (29.0-36.7)	1450	35.1 (31.7-38.6)	1456	29.4 (26.2-32.8)	1456	29.4 (26.2-32.8)	34.2
- Unsure about pregnancy	1205	9.6 (7.5-12.1)	1640	11.9 (9.8-14.4)	1716	13.1 (11.1-15.3)	1716	13.1 (11.1-15.3)	15.4
- Postpartum contraceptive use	1208	87.5 (84.7-89.8)	1641	86.0 (83.6-88.2)	1721	83.1 (80.4-85.4)	1721	83.1 (80.4-85.4)	78.4

Health Care Services							
- Talked to provider about improving health before pregnancy [#]	1221	26.1 (22.8-29.6)	1655	25.1 (22.3-28.1)	1731	24.0 (21.3-26.9)	22.8
- Began prenatal care in 1st trimester	1198	89.0 (86.4-91.1)	1632	88.2 (85.8-90.2)	1704	86.5 (83.9-88.7)	83.0
- Took childbirth class [#]	1220	28.5 (25.1-32.1)	1651	26.5 (23.7-29.5)	1716	27.3 (24.4-30.4)	21.6
- Had home visitor during pregnancy [#]	1223	8.2 (6.3-10.7)	1652	5.6 (4.3-7.3)	1722	6.9 (5.3-8.9)	6.9
- Had flu shot before or during pregnancy	1197	56.0 (52.1-59.8)	1628	64.5 (61.2-67.6)	1691	66.5 (63.4-69.4)	57.3
- Had maternal postpartum checkup	1221	90.2 (87.6-92.3)	1650	90.9 (88.7-92.7)	1728	92.1 (90.1-93.7)	89.7
Oral Health							
- Teeth cleaned during 12 months before pregnancy	1220	59.4 (55.5-63.1)	1650	56.3 (53.0-59.7)	1719	59.1 (55.9-62.3)	56.3
- Teeth cleaned during pregnancy	1219	49.2 (45.3-53.1)	1650	47.9 (44.6-51.3)	1724	50.9 (47.6-54.1)	48.3
- Had dental insurance during pregnancy [#]	1207	64.5 (60.7-68.1)	1628	65.0 (61.7-68.2)	1713	72.3 (69.2-75.2)	72.6
Pre-pregnancy Health Insurance [‡] Status							
- Private insurance	1185	63.9 (60.1-67.6)	1625	62.0 (58.6-65.3)	1682	61.5 (58.2-64.7)	58.5
- Medicaid	1185	14.7 (12.2-17.7)	1625	14.8 (12.5-17.4)	1682	23.5 (20.7-26.4)	21.8
- No insurance	1185	18.4 (15.5-21.6)	1625	21.4 (18.7-24.4)	1682	13.2 (11.0-15.7)	18.7
Health Insurance [‡] Status During Pregnancy							
- Private insurance	1183	63.5 (59.7-67.2)	1596	61.4 (58.0-64.7)	1670	59.9 (56.6-63.1)	57.0
- Medicaid	1183	30.0 (26.5-33.7)	1596	32.8 (29.6-36.1)	1670	35.8 (32.6-39.0)	38.4
- No insurance	1219	2.8 (1.8-4.4)	1649	3.6 (2.6-5.1)	1725	2.9 (1.9-4.3)	2.9
Health Insurance Status Postpartum							
- Private insurance	1186	60.3 (56.5-64.1)	1622	59.5 (56.1-62.9)	1676	57.3 (53.9-60.5)	55.2
- Medicaid	1186	22.4 (19.3-25.8)	1622	26.7 (23.7-29.8)	1676	30.0 (27.0-33.1)	29.1
- No insurance	1220	14.4 (11.9-17.4)	1655	12.5 (10.4-15.0)	1732	11.7 (9.6-14.1)	14.2
Infant Sleep Practices							
- Baby most often laid on back to sleep	1174	82.8 (79.5-85.6)	1596	84.6 (82.0-86.9)	1672	87.7 (85.4-89.7)	78.4
Breastfeeding Practices							
- Ever breastfed	1193	92.7 (90.5-94.5)	1618	94.5 (92.8-95.8)	1687	93.8 (92.0-95.2)	87.1
- Any breastfeeding at 8 weeks	1172	74.5 (70.9-77.8)	1601	75.7 (72.7-78.5)	1670	77.6 (74.8-80.2)	65.6

* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

† Unweighted sample size

§ Weighted percent

¥ 95% Confidence Interval

¶ PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

‡ Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).