



## Prevalence of Selected Maternal and Child Health Indicators\* for Alabama, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012-2015

Health Indicator*	2012		2013		2014		2015		Overall 2015 <sup>¶</sup>
	n <sup>†</sup>	% <sup>§</sup> (95% CI) <sup>‡</sup>	n <sup>†</sup>	% <sup>§</sup> (95% CI) <sup>‡</sup>	n <sup>†</sup>	% <sup>§</sup> (95% CI) <sup>‡</sup>	n <sup>†</sup>	% <sup>§</sup> (95% CI) <sup>‡</sup>	% <sup>§</sup>
<b>Nutrition and Exercise</b>									
- Multivitamin use $\geq$ 4 days a week during the month before pregnancy					877	30.6 (27.8-33.6)	859	35.5 (32.6-38.6)	38.7
- Dieting during the 12 months before pregnancy					870	30.7 (27.7-33.8)	861	29.5 (26.6-32.6)	30.1
- Exercising $\geq$ 3 days a week during the 12 months before pregnancy					870	42.9 (39.6-46.2)	861	45.6 (42.4-48.9)	47.3
<b>Pre-pregnancy Weight</b>									
- Underweight (BMI<18.5)					826	3.0 (2.0-4.4)	824	4.1 (2.9-5.7)	3.9
- Overweight (BMI 25-29.9)					826	25.5 (22.6-28.5)	824	26.2 (23.3-29.4)	24.3
- Obese (BMI $\geq$ 30)					826	29.8 (26.7-33.0)	824	25.9 (23.0-29.0)	24.1
<b>Substance Use</b>									
- Any cigarette smoking during the 3 months before pregnancy					870	25.3 (22.5-28.3)	835	24.0 (21.2-27.0)	19.4
- Any cigarette smoking during the last 3 months of pregnancy					870	11.1 (9.2-13.5)	837	11.0 (9.0-13.4)	8.8
- Any cigarette smoking postpartum					868	16.9 (14.6-19.6)	839	17.3 (14.9-20.1)	12.6
- Any alcohol use during the 3 months before pregnancy					868	53.3 (50.0-56.6)	849	49.6 (46.3-53.0)	55.3
- Any alcohol use during the last 3 months of pregnancy					870	5.8 (4.4-7.5)	851	5.0 (3.7-6.6)	8.0
<b>Intimate Partner Violence (IPV)</b>									
- Experienced IPV during the 12 months before pregnancy					863	3.2 (2.2-4.8)	851	3.0 (2.1-4.4)	2.3
- Experienced IPV during pregnancy					863	3.7 (2.6-5.4)	849	2.2 (1.4-3.5)	2.1
<b>Depression</b>									
- Told by a provider had depression before pregnancy <sup>#</sup>					872	8.6 (6.9-10.8)	860	10.6 (8.6-12.9)	10.5
- Self-reported postpartum depressive symptoms					863	17.6 (15.2-20.3)	841	16.3 (13.9-19.1)	12.8
<b>Pregnancy Intention and Family Planning</b>									
- Mistimed/unwanted pregnancy					736	44.1 (40.7-47.6)	721	39.7 (36.2-43.2)	34.2
- Unsure about pregnancy					868	15.7 (13.3-18.3)	855	16.5 (14.1-19.2)	15.4
- Postpartum contraceptive use					865	82.5 (79.8-84.9)	844	82.2 (79.5-84.7)	78.4

Health Care Services					
- Talked to provider about improving health before pregnancy <sup>#</sup>	870	24.8 (22.0-27.7)	858	25.7 (22.8-28.7)	22.8
- Began prenatal care in 1st trimester	855	79.4 (76.5-82.0)	843	80.5 (77.8-83.0)	83.0
- Took childbirth class <sup>#</sup>	854	18.5 (16.0-21.2)	849	20.3 (17.7-23.1)	21.6
- Had home visitor during pregnancy <sup>#</sup>	855	3.0 (2.1-4.4)	851	4.3 (3.1-5.9)	6.9
- Had flu shot before or during pregnancy	845	41.8 (38.7-45.1)	823	46.8 (43.4-50.1)	57.3
- Had maternal postpartum checkup	863	89.8 (87.6-91.7)	842	90.8 (88.6-92.7)	89.7
Oral Health					
- Teeth cleaned during 12 months before pregnancy	869	52.3 (49.1-55.5)	859	53.5 (50.3-56.7)	56.3
- Teeth cleaned during pregnancy	853	41.2 (38.1-44.4)	847	40.6 (37.5-43.7)	48.3
- Had dental insurance during pregnancy <sup>#</sup>	848	57.2 (54.1-60.1)	843	55.7 (52.8-58.6)	72.6
Pre-pregnancy Health Insurance <sup>‡</sup> Status					
- Private insurance	841	59.1 (56.3-61.8)	818	60.4 (57.8-63.0)	58.5
- Medicaid	841	16.4 (14.1-19.0)	818	20.2 (17.7-23.0)	21.8
- No insurance	841	24.5 (21.8-27.4)	818	19.4 (16.9-22.1)	18.7
Health Insurance <sup>‡</sup> Status During Pregnancy					
- Private insurance	831	50.1 (47.8-52.4)	823	51.7 (49.5-54.0)	57.0
- Medicaid	831	46.7 (44.2-49.1)	823	45.3 (42.9-47.7)	38.4
- No insurance	865	3.3 (2.3-4.8)	848	2.9 (2.0-4.2)	2.9
Health Insurance Status Postpartum					
- Private insurance	805	56.9 (54.2-59.6)	806	56.3 (53.8-58.7)	55.2
- Medicaid	805	19.8 (17.2-22.6)	806	25.7 (23.0-28.7)	29.1
- No insurance	875	21.3 (18.8-24.1)	851	17.1 (14.8-19.6)	14.2
Infant Sleep Practices					
- Baby most often laid on back to sleep	847	69.5 (66.3-72.6)	829	71.3 (68.0-74.3)	78.4
Breastfeeding Practices					
- Ever breastfed	849	77.0 (74.0-79.7)	840	77.6 (74.7-80.3)	87.1
- Any breastfeeding at 8 weeks	846	45.3 (42.1-48.6)	834	48.2 (45.0-51.5)	65.6

\* Indicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

<sup>†</sup> Unweighted sample size

<sup>§</sup> Weighted percent

<sup>¥</sup> 95% Confidence Interval

<sup>¶</sup> PRAMS site aggregate for 2015: Alabama, Alaska, Arkansas, Colorado, Connecticut, Delaware, Hawaii, Illinois, Iowa, Louisiana, Maine, Maryland, Massachusetts, Michigan, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Ohio, Oklahoma, Oregon, Pennsylvania, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming met the required 55% response rate threshold for inclusion.

<sup>#</sup> Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

<sup>‡</sup> Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option)