

Preconception Health Indicators^a in CPONDER

Domain: Nutrition

Domain	CPONDER Indicator/ CPONDER Topic Area	Indicator Description^b	Question in PRAMS	Core^c or Standard^d/ Years Available	Which States
Nutrition: Folic Acid Supplemen- Tation	During the month before you got pregnant with your new baby, did you take a daily multivitamin? Topic Area: Multivitamin Use	Percentage of women aged 18–44 years ^e having a live birth who took a multivitamin, prenatal vitamin, or a folic acid supplement every day of the month prior to pregnancy	During the <i>month before</i> you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin? I did not take multivitamins, prenatal vitamins or folic acid vitamins at all [] 1 to 3 times a week [] 4 to 6 times a week [] Every day of the week	PRAMS Core 2004–2011	All ^f
Nutrition: Obesity and Overweight	Mother's prepregnancy body mass index classified as underweight, normal, overweight, or obese Topic Area: Obesity	Percentage of women aged 18–44 years having a live birth who were overweight or obese based on BMI at the time they became pregnant. <u>Overweight:</u> Percentage of women aged 18–44 years with a prepregnancy BMI >= 25 kg/m ² but <30 kg/m ² <u>Obese:</u> Percentage of women aged 18–44 years with a prepregnancy BMI >= 30 kg/m ²	<i>Just before</i> you got pregnant with your new baby, how much did you weigh? How tall are you without shoes?	PRAMS Core 2004–2011	All

- ^a All preconception health indicators in CPONDER include the designation (*PCH) in their label.
- ^b Unless otherwise stated the denominator for all indicators is women aged 18–44 years who delivered a live–born infant.
- ^c Core questions are available for all PRAMS states.
- ^d Standard questions are not available for all PRAMS states.
- ^e PRAMS preconception health indicators are only defined for women aged 18–44 years but PRAMS data include women of all ages who had a live birth. To restrict the estimates to women aged 18–44 years in CPONDER, use the breakout variable “Break out by Maternal Age — 18–44 years only.”
- ^f PRAMS states must reach or exceed the response rate threshold of 70% (for 2000–2006) and 65% (for 2007 and beyond) for their data to be included in CPONDER.